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Planning and Standards
Research Triangle Park,
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Preliminary Draft

Review of the National Ambient Air Quality Standards for Particulate Matter:

Policy Assessment of Scientific and Technical Information

OAQPS Staff Paper

Notice

This document is a preliminary draft. It has not been formally released by EPA and should not at this stage be construed to represent Agency policy. It is being circulated for comment on its technical accuracy and policy implications.

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U.S. Environmental Protection Agency
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1. INTRODUCTION

1.1 PURPOSE

The purpose of this preliminary draft Staff Paper, prepared by the Office of Air Quality Planning and Standards (OAQPS), is to identify the key policy-relevant scientific information contained in the EPA draft document, *Air Quality Criteria for Particulate Matter – Second External Review Draft* (EPA, 2001; henceforth referred to as draft CD and cited as CD), recognizing that this information is still provisional at this time. Preliminary and planned staff analyses (e.g., analyses of air quality and visibility data, human health risk assessment) are also presented for public and peer review prior to completing and incorporating results of such analyses into a subsequent draft of this document.

When final, this Staff Paper will evaluate the policy implications of the key studies and scientific information contained in the final *Air Quality Criteria for Particulate Matter* (henceforth the CD), and identify the critical elements that EPA staff believe should be considered in the review of the national ambient air quality standards (NAAQS) for particulate matter (PM). This assessment is intended to help “bridge the gap” between the scientific review contained in the CD and the judgments required of the Administrator in setting NAAQS for PM (*Natural Resources Defense Council v. Administrator*, 902 F.2d 962, 967 (D.C. Cir. 1990)). Thus, emphasis will be placed on identifying those conclusions and uncertainties in the available scientific literature that the staff believes should be considered in selecting PM indicators, forms, averaging times, and levels for the primary (health-based) and secondary (welfare-based) standards, which must be considered collectively in evaluating the health and welfare protection afforded by PM standards. The final Staff Paper will present factors relevant to the evaluation of current primary and secondary NAAQS, as well as staff conclusions and recommendations of options for the Administrator to consider.

While this preliminary draft Staff Paper should be of use to all parties interested in the NAAQS review, it is written for those decision makers, scientists, and staff who have some familiarity with the technical discussions contained in the draft CD.

1.2 BACKGROUND

1.2.1 Legislative Requirements

Two sections of the Clean Air Act govern the establishment and revision of the NAAQS (42 U.S.C. 7401 to 7671q, as amended). Section 108 (42 U.S.C. 7408) directs the Administrator to identify pollutants that “may reasonably be anticipated to endanger public health and welfare” and to issue air quality criteria for them. These air quality criteria are intended to “accurately reflect the latest scientific knowledge useful in indicating the kind and extent of identifiable effects on public health or welfare which may be expected from the presence of [a] pollutant in ambient air”

Section 109 (42 U.S.C. 7409) directs the Administrator to propose and promulgate “primary” and “secondary” NAAQS for pollutants identified under section 108. Section 109(b)(1) defines a primary standard as one “the attainment and maintenance of which in the judgment of the Administrator, based on such criteria and allowing an adequate margin of safety, are requisite to protect the public health.”¹ A secondary standard, as defined in Section 109(b)(2), must “specify a level of air quality the attainment and maintenance of which, in the judgment of the Administrator, based on such criteria, is requisite to protect the public welfare from any known or anticipated adverse effects associated with the presence of [the] pollutant in the ambient air.” Welfare effects as defined in section 302(h) [42 U.S.C. 7602(h)] include, but are not limited to, “effects on soils, water, crops, vegetation, man-made materials, animals, wildlife, weather, visibility and climate, damage to and deterioration of property, and hazards to transportation, as well as effects on economic values and on personal comfort and well-being.”

Section 109(d)(1) of the Act requires that “not later than December 31, 1980, and at 5-year intervals thereafter, the Administrator shall complete a thorough review of the criteria published under section 108 and the national ambient air quality standards . . . and shall make such revisions in such criteria and standards . . . as may be appropriate” Section 109(d)(2)

¹The legislative history of section 109 indicates that a primary standard is to be set at “the maximum permissible ambient air level . . . which will protect the health of any [sensitive] group of the population,” and that for this purpose “reference should be made to a representative sample of persons comprising the sensitive group rather than to a single person in such a group” (S. Rep. No. 91-1196, 91st Cong., 2d Sess. 10 (1970)).

1 requires that an independent scientific review committee “shall complete a review of the criteria .
2 . . . and the national primary and secondary ambient air quality standards . . . and shall recommend
3 to the Administrator any . . . revisions of existing criteria and standards as may be appropriate . . .
4 .” Since the early 1980's, this independent review function has been performed by the Clean Air
5 Scientific Advisory Committee (CASAC) of EPA’s Science Advisory Board.

6 The U.S. Court of Appeals for the District of Columbia Circuit has held that the
7 requirement for an adequate margin of safety for primary standards was intended to address
8 uncertainties associated with inconclusive scientific and technical information available at the
9 time of standard setting. It was also intended to provide a reasonable degree of protection
10 against hazards that research has not yet identified (*Lead Industries Association v. EPA*, 647 F.2d
11 1130, 1154 (D.C. Cir 1980), cert. denied, 101 S. Ct. 621 (1980); *American Petroleum Institute v.*
12 *Costle*, 665 F.2d 1176, 1177 (D.C. Cir. 1981), cert. denied, 102 S.Ct. 1737 (1982)). Both kinds
13 of uncertainties are components of the risk associated with pollution at levels below those at
14 which human health effects can be said to occur with reasonable scientific certainty. Thus, by
15 selecting primary standards that provide an adequate margin of safety, the Administrator is
16 seeking not only to prevent pollution levels that have been demonstrated to be harmful but also
17 to prevent lower pollutant levels that may pose an unacceptable risk of harm, even if the risk is
18 not precisely identified as to nature or degree.

19 In selecting a margin of safety, the EPA considers such factors as the nature and severity
20 of the health effects involved, the size of the sensitive population(s) at risk, and the kind and
21 degree of the uncertainties that must be addressed. The selection of any particular approach to
22 providing an adequate margin of safety is a policy choice left specifically to the Administrator’s
23 judgment (*Lead Industries Association v. EPA*, supra, 647 F.2d at 1161-62).

24 25 **1.2.2 History of PM NAAQS Reviews**

26 National ambient air quality standards for PM were first established in 1971, based on the
27 original criteria document (DHEW, 1969). Particulate matter is the generic term for a broad
28 class of chemically and physically diverse substances that exist as discrete particles (liquid
29 droplets or solids) over a wide range of sizes. Particles originate from a variety of anthropogenic

1 stationary and mobile sources as well as natural sources. Particles may be emitted directly or
2 formed in the atmosphere by transformations of gaseous emissions such as sulfur oxides,
3 nitrogen oxides, and volatile organic compounds. The chemical and physical properties of PM
4 vary greatly with time, region, meteorology, and source category, thus complicating the
5 assessment of health and welfare effects.

6 The reference method specified for determining attainment of the original standards was
7 the high-volume sampler, which collects PM up to a nominal size of 25 to 45 micrometers (μm)
8 (referred to as total suspended particles or TSP). The primary standards (measured by the
9 indicator TSP) were $260 \mu\text{g}/\text{m}^3$, 24-hour average, not to be exceeded more than once per year,
10 and $75 \mu\text{g}/\text{m}^3$, annual geometric mean. The secondary standard was $150 \mu\text{g}/\text{m}^3$, 24-hour average,
11 not to be exceeded more than once per year.

12 In October 1979 (44 FR 56731), EPA announced the first periodic review of the criteria
13 and NAAQS for PM, and significant revisions to the original standards were promulgated in
14 1987 (52 FR 24854, July 1, 1987). In that decision, EPA changed the indicator for particles from
15 TSP to PM_{10} , the latter referring to particles with a mean aerodynamic diameter² less than or
16 equal to $10 \mu\text{m}$. EPA also revised the level and form of the primary standards by: (1) replacing
17 the 24-hour TSP standard with a 24-hour PM_{10} standard of $150 \mu\text{g}/\text{m}^3$ with no more than one
18 expected exceedance per year; and (2) replacing the annual TSP standard with a PM_{10} standard of
19 $50 \mu\text{g}/\text{m}^3$, annual arithmetic mean. The secondary standard was revised by replacing it with 24-
20 hour and annual standards identical in all respects to the primary standards. The revisions also
21 included a new reference method for the measurement of PM_{10} in the ambient air and rules for
22 determining attainment of the new standards. On judicial review, the revised standards were
23 upheld in all respects (*Natural Resources Defense Council v. Administrator*, 902 F. 2d 962 (D.C.
24 Cir. 1990), cert. denied, 111 S. Ct. 952 (1991)).

²The more precise term is 50 percent cut point or 50 percent diameter (D_{50}). This is the aerodynamic particle diameter for which the efficiency of particle collection is 50 percent. Larger particles are not excluded altogether, but are collected with substantially decreasing efficiency and smaller particles are collected with increasing (up to 100 percent) efficiency.

1 In December 1994, EPA presented its plan for the second periodic review of the criteria
2 and NAAQS for PM to the CASAC, and significant revisions to the NAAQS were promulgated
3 in 1997 (62 FR 38652, July 18, 1997). In that decision, the PM NAAQS were revised in several
4 respects. While it was determined that the PM NAAQS should continue to focus on particles
5 less than or equal to 10 μm in diameter, it was also determined that the fine and coarse fractions
6 of PM_{10} should be considered separately. New standards were added, using $\text{PM}_{2.5}$, referring to
7 particles with a mean aerodynamic diameter less than or equal to 2.5 μm , as the indicator for fine
8 particles, with PM_{10} standards retained for the purpose of regulating coarse-fraction particles.
9 Two new $\text{PM}_{2.5}$ standards were set: an annual standard of 15 $\mu\text{g}/\text{m}^3$, based on the 3-year average
10 of annual arithmetic mean $\text{PM}_{2.5}$ concentrations from single or multiple community-oriented
11 monitors; and a 24-hour standard of 65 $\mu\text{g}/\text{m}^3$, based on the 3-year average of the 98th percentile
12 of 24-hour $\text{PM}_{2.5}$ concentrations at each population-oriented monitor within an area. To continue
13 to address coarse-fraction particles, the annual PM_{10} standard was retained, while the 24-hour
14 PM_{10} standard was revised to be based on the 99th percentile of 24-hour PM_{10} concentrations at
15 each monitor in an area. The secondary standards were revised by making them identical in all
16 respects to the primary standards.

17 In May 1998, in response to challenges filed by industry and others, a three-judge panel
18 of the U.S. Court of Appeals for the District of Columbia Circuit issued a split opinion regarding
19 the NAAQS for PM. The Panel recognized the scientific basis for the PM NAAQS revisions,
20 stating that "the growing empirical evidence demonstrating a relationship between fine particle
21 pollution and adverse health effects amply justifies establishment of new fine particle standards."
22 Further, the Panel found "ample support" for EPA's decision to regulate coarse particle pollution,
23 although it vacated the revised coarse particle standards on the basis of PM_{10} being a "poorly
24 matched indicator for coarse particulate pollution" because PM_{10} includes fine particles.³ More
25 generally, the Panel held (with one dissenting opinion) that the Clean Air Act, as applied and
26 absent further clarification, is unconstitutional because it "effects an unconstitutional delegation
27 of legislative power." Although the Panel stated that "the factors EPA uses in determining the

³ The 1987 PM_{10} standards remain in effect.

1 degree of public health concern associated with different levels of ozone and PM are reasonable,”
2 it remanded the NAAQS to the EPA, stating that when EPA considers these factors for potential
3 non-threshold pollutants “what EPA lacks is any determinate criterion for drawing lines” to
4 determine where the standards should be set. Also, consistent with EPA’s long-standing
5 interpretation, the Panel unanimously held that in setting NAAQS EPA is “not permitted to
6 consider the cost of implementing those standards.”

7 These two general rulings were appealed to the U.S. Supreme Court, and in February
8 2001, the Supreme Court issued a unanimous decision that reversed the Court of Appeals’ ruling
9 on the constitutional issue and upheld its ruling on the cost issue. In so doing, the Supreme
10 Court upheld EPA’s position on both issues. Because the Court of Appeals had not rendered
11 decisions on all issues related to the 1997 PM NAAQS that had originally been before that court,
12 the case was sent back for resolution of any remaining issues. The Court of Appeals has
13 scheduled further briefing on those issues this summer and fall. Although the litigation has not
14 yet been fully resolved, the PM_{2.5} standards have not been revoked and thus remain in place.

15 On October 23, 1997, EPA published its plans for the current periodic review of the PM
16 NAAQS (62 FR 55201). As part of the process of preparing the PM CD, on April 6-9, 1999, the
17 EPA’s National Center for Environmental Assessment (NCEA) hosted a peer review workshop
18 on drafts of key chapters of the CD. The first external review draft CD was reviewed by CASAC
19 and the public at a meeting held on December 2, 1999. Based on CASAC and public comment,
20 NCEA revised the CD and released the second external review draft in April 2001 for review by
21 CASAC and the public at a meeting to be held July 23-24, 2001.

22 This preliminary draft Staff Paper is being provided to the CASAC and the public for
23 comment at that same public meeting. Subsequently, EPA intends to complete staff analyses and
24 to address CASAC and public comments on this draft in a second draft that will then be made
25 available for further review and comment by CASAC and the public.
26

1.3 APPROACH

The final Staff Paper will rely on the scientific evidence reviewed in the final CD in evaluating the adequacy of the existing PM NAAQS for protection of public health and welfare. The results of comparative air quality and human health risk analyses, as well as analyses examining visibility impairment, will also be presented in the final Staff Paper. The final Staff Paper will include the staff's overall evaluation of the primary and secondary NAAQS and conclusions and recommendations as to whether any revisions are appropriate to address public health and welfare effects associated with fine- and coarse-fraction particles. In so doing, the staff will assess and integrate new scientific and technical findings with information gained in previous reviews in the context of those critical elements that the staff believes should be considered.

In conducting various technical analyses, the staff intends to focus separately on fine- and coarse-fraction particles, building upon the conclusions reached in the last review, and taking into account any new information that has become available. More specifically, sufficient data now exist to conduct air quality analyses to characterize spatial and temporal air quality patterns, for example, primarily in terms of $PM_{2.5}$ and $PM_{10-2.5}$ as the indicators for fine- and coarse-fraction particles, respectively, the latter referring to particles with a mean aerodynamic diameter between 2.5 and 10 μm . Similarly, the current draft plan for human health risk analyses focuses on analyzing various health effects associated with $PM_{2.5}$, and identifies for further consideration the possibility of also analyzing certain health effects associated with $PM_{10-2.5}$.

Beyond this introductory chapter, this preliminary draft Staff Paper is organized into four chapters, with an additional chapter to be added in the next draft presenting staff conclusions and recommendations on the primary and secondary standards. More specifically, Chapter 2 focuses on air quality characterizations, including information on atmospheric concentrations, chemistry, and sources of PM, including, to the extent possible, evaluation of newly available air quality monitoring data, as well as information on the relationship between ambient air quality and human exposure. Chapter 3 presents key information on PM-associated health effects, relying primarily on the review of recent epidemiological and toxicological studies in the draft CD and integrating the new information with findings from previous criteria and NAAQS reviews. Draft

1 plans for a quantitative human health risk analysis are presented for comment in Chapter 4.
2 Information on welfare effects of ambient PM is presented in Chapter 5, together with analyses
3 of data on visibility and draft plans for conducting a focus-group-based assessment of urban
4 visibility impairment.

1 **REFERENCES**

2

3 Environmental Protection Agency. (2001) Air Quality Criteria for Particulate Matter. Research Triangle Park, NC:
4 Office of Research and Development; report no. EPA/600/P-99/002. March.

5

6 U.S. Department of Health, Education and Welfare. (1969) Air Quality Criteria for Particulate Matter. U.S.
7 Government Printing Office, Washington DC, AP-49.

2. AIR QUALITY CHARACTERIZATION

2.1 INTRODUCTION

This chapter defines the various subclasses of particulate matter (PM) and then briefly discusses the physical and chemical properties of PM in the atmosphere, sources of PM, PM measurement methods, and recent PM concentrations and trends. This information is useful for interpreting the available health and welfare effects information and in making recommendations for appropriate indicators for PM. Section 2.2 presents information on the basic physical and chemical properties of classes of PM, and is not substantially different from information contained in the 1996 Criteria Document (EPA, 1996a) and Staff Paper (EPA, 1996b). Section 2.3 presents information on the methods used to measure PM and some of the important considerations in designing these methods. Section 2.4 presents data on PM concentrations, trends, and spatial patterns. Section 2.5 provides information on the temporal variability of PM across daily and monthly time scales. Much of the information in Sections 2.4 and 2.5 is derived from analyses of new data collected by the recently deployed nationwide network of PM_{2.5} monitors. Section 2.6 defines and discusses background levels of PM. Section 2.7 provides national estimates of source emissions. Section 2.8 addresses the relationship between ambient PM levels and human exposure to PM. Finally, Section 2.9 summarizes relevant information on the optical and radiative effects of particles.

2.2 CHARACTERIZATION OF U.S. AMBIENT PARTICULATE MATTER

PM represents a broad class of chemically and physically diverse substances that exist as discrete particles in the condensed (liquid or solid) phase. Particles can be described by size, formation mechanism, origin, chemical composition, atmospheric behavior, and by what is measured by a specific sampling technique. Fine-mode and coarse-mode particles, which are defined in Section 2.2.1.1, are distinct entities with fundamentally different sources and formation processes, chemical composition, atmospheric residence times and behaviors, and transport distances. The 1996 Criteria Document concluded that these differences alone justified consideration of fine-mode and coarse-mode particles as separate pollutants (EPA 1996a, p. 13-

3), and this conclusion is reiterated in the new draft Criteria Document (CD, p. 9-1). The fundamental differences between fine-mode and coarse-mode particles are also important considerations in assessing the available health effects and exposure information.

2.2.1 Particle Size Distributions

Particle properties, including their associated health and welfare effects, differ by size. The diameters of atmospheric particles span 5 orders of magnitude, ranging from 0.001 micrometers to 100 micrometers (μm).¹ The size and associated composition of particles determine their behavior in the respiratory system (i.e., how far the particles are able to penetrate, where particles are deposited, and how effective the body's clearance mechanisms are in removing them). Furthermore, a particle's size is one of the most important parameters in determining its residence time in ambient air, which is a key consideration in assessing exposure. Particle size is also a determinant of visibility impairment, a welfare effect linked to ambient particles. Particle surface area, number, chemical composition, water solubility, formation processes, and emissions sources all vary with particle size.

Two common conventions for classifying particles by size include: (1) modes, based on observed particle size distributions; and (2) cut points, based on the inlet restriction of a specific PM sampling device.

2.2.1.1 Modes

Based on extensive examinations of particle size distributions in several U.S. locations in the 1970's, Whitby (1978) found that particles display a consistent multi-modal distribution over several physical metrics, such as mass and volume (CD, p. 2-9). These modes are apparent in Figure 2-1, which shows average ambient distributions of particle number, surface area, and volume by particle size. Panel (a) illustrates that most ambient particles are very small, below 0.1 μm , while panel (c) indicates most of the particle volume, and therefore most of the mass,

¹ In this Staff Paper, particle size or diameter usually refers to a normalized measure called aerodynamic diameter. Most ambient particles are irregularly shaped rather than perfect spheres. The aerodynamic diameter of any irregular shaped particle is defined as the diameter of a spherical particle with a material density of 1 g/cm³ and the same settling velocity as the irregular shaped particle. Particles with the same physical size and shape but different densities will have different aerodynamic diameters (CD, p. 2-3).

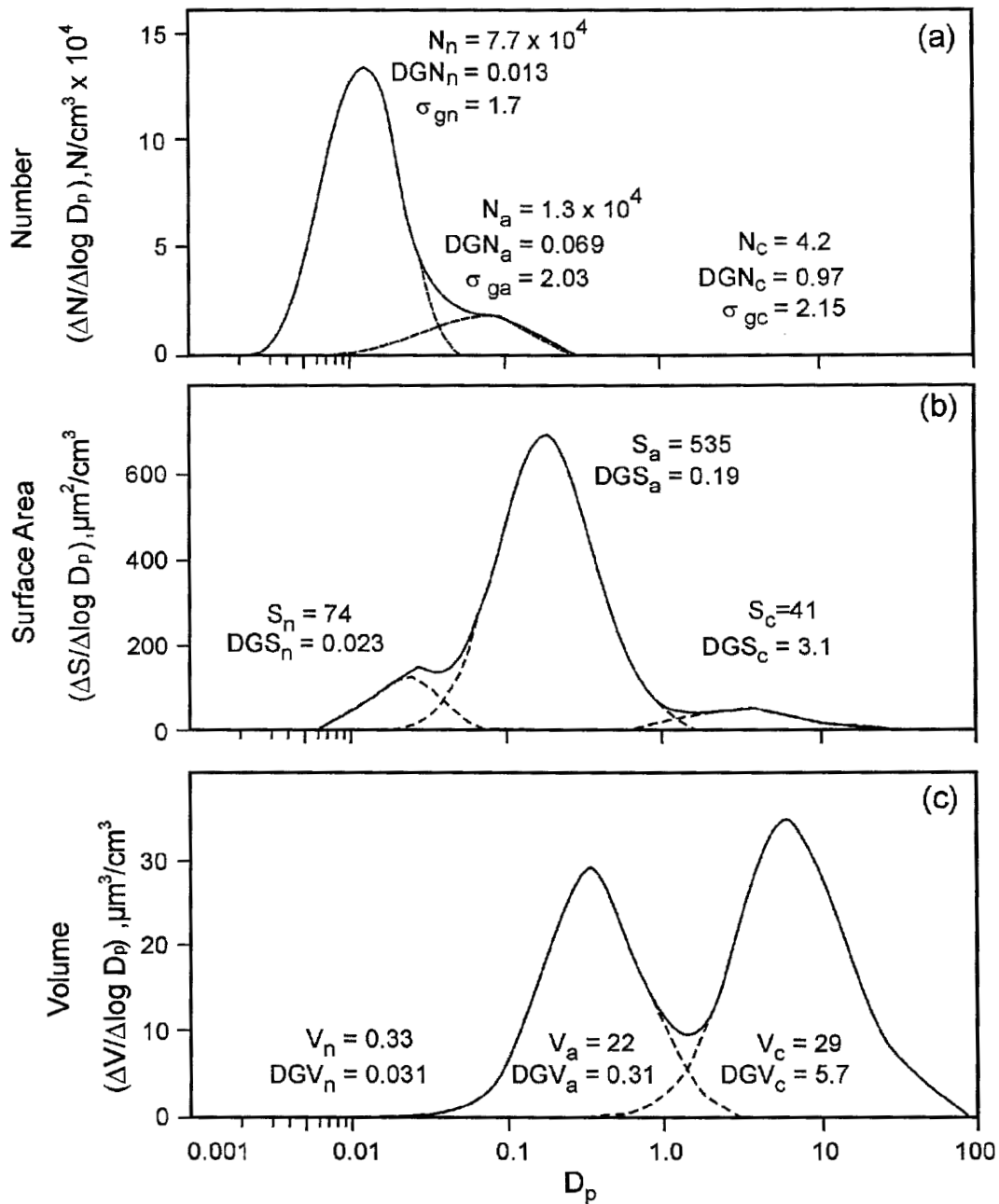


Figure 2-1. Distribution of coarse [c], accumulation [a], and nuclei or ultrafine [n], mode particles by three characteristics: Panel (a) number [N], Panel (b) surface area [S], and Panel (c) volume [V] for the grand average continental size distribution. D_p = geometric diameter; DGN = geometric mean diameter by number; DGS = geometric mean diameter by surface area; DGV = geometric mean diameter by volume.

1 is found in particles larger than 0.1 μm . The surface area distribution in panel (b) peaks around
2 0.2 μm (CD, p. 2-5). Distributions may vary across locations, conditions, and time due to
3 differences in sources, atmospheric conditions, and topography.

4 As illustrated in panel (c) of Figure 2-1, volume distributions measured in ambient air in
5 the United States are almost always found naturally to be bimodal, with an intermodal minimum
6 between 1 and 3 μm (CD, p. 2-6). The distribution of particles that are mostly larger than this
7 minimum is termed “coarse mode,” and the distribution of particles that are mostly smaller than
8 the minimum is termed “fine mode.” Fine-mode particles are separated into two sub-modes:
9 “accumulation mode” and “nuclei mode” (also known as “ultrafines”). The accumulation mode
10 and the nuclei mode are apparent as the leftmost peaks in the number and surface area
11 distributions in Figure 2-1, whereas the accumulation mode is apparent as the leftmost peak in the
12 volume distribution. Since nuclei-mode particles have relatively low mass and grow rapidly into
13 accumulation-mode particles, they are not commonly observed as a separate mode in volume or
14 mass distributions. Exceptions include clean or remote areas with low PM concentrations, and
15 areas near freshly generated fine-mode particles such as freeways and intersections with heavy
16 automobile traffic (CD, pp. 2-10 and 2-17).

17 **2.2.1.2 Sampler Cut Points**

18 Another set of particle size classifications is derived from the characteristics of ambient
19 particle samplers. Particle samplers typically use size-selective air inlets that are defined by their
20 50 percent cut point, which is the cut point at which 50 percent of particles of a specified diameter
21 are captured by the inlet. The usual notation for these definitions is “PM_x”, where x refers to
22 measurements with a cut point of x μm aerodynamic diameter. Because of the overlap in the
23 distributions of ambient particles, no single cut point can precisely separate fine-mode and coarse-
24 mode particles. The objective of size-selective sampling is usually to measure particle size
25 fractions with some special relationship to human health impacts, visibility impairment, or
26 emissions sources.

27 The EPA has historically defined indicators of PM for national ambient air quality
28 standards (NAAQS) using various cut points. Figure 2-2 presents an idealized distribution of
29 ambient PM showing the fractions collected by size-selective samplers. Prior to 1987, the

1 indicator for the PM NAAQS was total suspended particulate matter (TSP), and was defined by
2 the design of the High Volume Sampler (hivol).² As shown in Figure 2-2, TSP includes particle
3 diameters less than 40 μm . When EPA established new PM standards in 1987, the selection of
4 PM_{10} as an indicator was intended to focus regulatory concern on particles small enough to enter
5 the thoracic region of the lungs. In 1997, EPA established a new standard for a fraction of fine-
6 mode particles based in part on epidemiological studies that used $\text{PM}_{2.5}$ concentrations as an
7 exposure index. Figure 2-2 shows the distribution of particles captured by the PM_{10} Federal
8 Reference Method (FRM) sampler³ and the $\text{PM}_{2.5}$ FRM sampler⁴.

9 The common PM measurement indicators used in this Staff Paper are summarized in Table
10 2-1. Note that the terms “fine fraction” and “coarse fraction” are used interchangeably with $\text{PM}_{2.5}$
11 and $\text{PM}_{10-2.5}$, respectively, to refer to specific portions of the fine and coarse modes collected by
12 size selective samplers.

14 **2.2.2 Sources and Formation Processes**

In most locations, a variety of activities contribute to PM concentrations. Fine-mode and coarse-mode particles generally have distinct sources and formation mechanisms although there is some overlap. Coarse-mode particles are primary particles, meaning they are emitted directly as particles. Most coarse-mode particles result from mechanical disruption such as crushing, grinding, evaporation of sprays, or dust resuspension. Specific sources include construction and demolition activities, sea spray, and resuspension of settled dust from soil surfaces and roads (CD, p. 3-34). The amount of energy required to break down primary particles into smaller particles normally limits coarse-mode particle sizes to greater than 1.0 μm diameter (EPA 1996a, p. 13-7).

² 40 CFR Part 50, Appendix B.

³ 40 CFR Part 50, Appendix J.

⁴ 40 CFR Part 50, Appendix L.

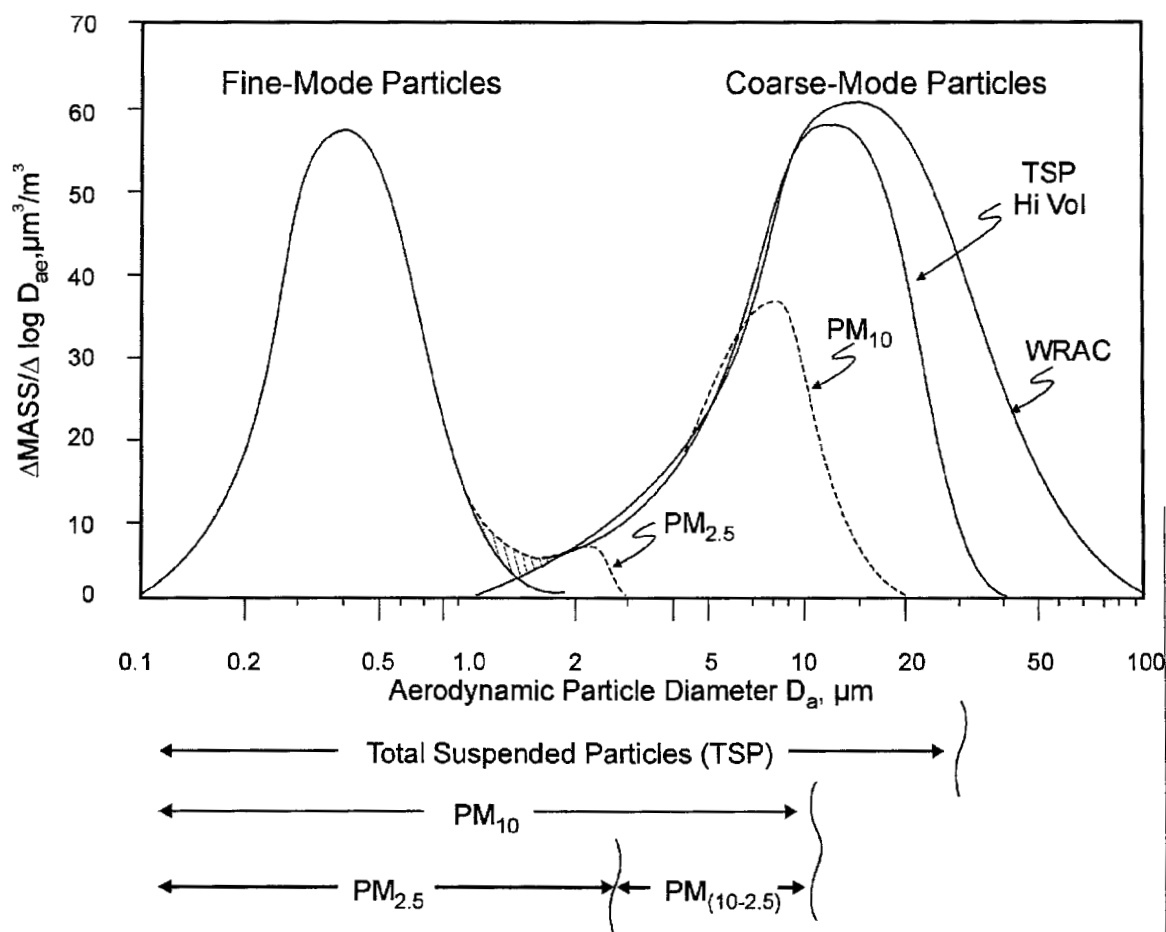


Figure 2-2. An idealized distribution of ambient particulate matter showing fine-mode particles and coarse-mode particles and the fractions collected by size-selective samplers. (WRAC is the Wide Range Aerosol Classifier which collects the entire coarse mode.) Note that this idealized distribution is truncated at a diameter of 0.1 μm , such that it does not include the ultrafine fraction.

Source: Adapted from Wilson and Suh (1997); CD, page 2-11.

Some combustion-generated particles such as fly ash are also found in the coarse mode.

Table 2-1. Particle Size Fraction Terminology Used in Staff Paper

Term	Description
Size Distribution Modes	
Coarse-Mode Particles	The distribution of particles larger than the intermodal minimum in volume or mass distributions, which generally occurs between 1 and 3 μm .
Fine-Mode Particles	The distribution of particles smaller than the intermodal minimum in volume or mass distributions, which generally occurs between 1 and 3 μm . Particles in this mode are the most numerous and represent the most surface area.
Accumulation-Mode Particles	A subset of fine-mode particles with diameters above about 0.1 μm .
Nuclei-Mode Particles ("ultrafines")	A subset of fine-mode particles with diameters below about 0.1 μm .
Sampling Measurements	
Total Suspended Particles (TSP)	Particles measured by a high volume sampler as described in 40 CFR Part 50, Appendix B. This sampler has a cut point of aerodynamic diameters that varies between 25 and 40 μm depending on wind speed and direction.
PM_{10}	Particles measured by a sampler that contains a size fractionator (classifier) designed with an effective cut point of 10 μm aerodynamic diameter. This measurement includes the fine mode and part of the general coarse mode and is an indicator for thoracic particles (i.e., particles that penetrate to the tracheo-bronchial and the gas-exchange regions of the lung).
$\text{PM}_{2.5}$ "fine fraction"	Particles measured by a sampler that contains a size fractionator (classifier) designed with an effective cut point of 2.5 μm aerodynamic diameter. The collected particles include most of the fine mode. A small portion of the coarse mode may be included depending on the sharpness of the sampler efficiency curve and the size of coarse mode particles present.
$\text{PM}_{(10-2.5)}$ "coarse fraction"	Particles measured directly using a dichotomous sampler or subtraction of particles measured by a $\text{PM}_{2.5}$ sampler from those measured by a PM_{10} sampler. This measurement is an indicator for the fraction of coarse-mode thoracic particles (i.e., particles that penetrate to the tracheo-bronchial and the gas-exchange regions of the lung).

1 Directly emitted particles are also found in the fine mode, the most common being nuclei-
2 mode particles emitted as combustion-related vapors that rapidly condense. They originate from
3 fuel combustion (from vehicles, power generation, and industrial facilities), residential wood
4 burning, and agricultural and silvicultural burning. However, the majority of fine-mode mass is
5 attributable to secondary particles, formed in the atmosphere from gases (CD, p. 2-20). Fine-
6 mode particles are usually formed from gases in three ways: (1) nucleation (i.e., gas molecules
7 coming together to form a new particle); (2) condensation of gases onto existing particles; and (3)
8 coagulation of particles (CD, p. 2-2). Gas phase material condenses preferentially on smaller
9 particles, and the rate constant for coagulation of two particles decreases as the particle size
10 increases. Therefore, nuclei-mode particles grow into the accumulation mode, but accumulation-
11 mode particles do not grow into the coarse mode (CD, p. 2-16). Examples of secondary particle
12 formation include: (1) the conversion of sulfur dioxide (SO_2) to sulfuric acid (H_2SO_4) droplets
13 that further react with ammonia (NH_3) to form sulfate (ammonium sulfate ($(\text{NH}_4)_2\text{SO}_4$) or
14 ammonium acid sulfate (NH_4HSO_4)) particles; (2) the conversion of nitrogen dioxide (NO_2) to
15 nitric acid (HNO_3) which reacts further with ammonia to form ammonium nitrate (NH_4NO_3)
16 particles; and (3) reactions involving volatile organic compounds (VOC) yielding organic
17 compounds with low ambient temperature vapor pressures that nucleate or condense on existing
18 particles to form secondary organic particles (CD, p. 2-21).

19 20 **2.2.3 Chemical Composition**

21 Based on studies conducted in most parts of the U.S., the draft CD reports that coarse-
22 mode particles are composed primarily of crustal materials such as calcium, aluminum, silicon,
23 magnesium, and iron. Some organic materials such as pollen, spores, and plant and animal debris
24 are also found predominantly in the coarse mode (CD, p. 2-19). Fine-mode particles are
25 composed primarily of sulfate, nitrate, ammonium, and hydrogen ions; elemental carbon,
26 secondary organic compounds and some primary organic compounds; and certain transition
27 metals deriving primarily from combustion processes..

28 Some components, such as potassium and nitrate, may be found in both the fine and
29 coarse particle modes, but different sources or mechanisms contribute to their existence in each

1 mode. Potassium in coarse-mode particles comes from soil. Potassium in fine-mode particles
2 comes from emissions of burning wood or cooking meat. Nitrate in fine-mode particles comes
3 primarily from the reaction of gas-phase nitric acid with gas-phase ammonia to form ammonium
4 nitrate particles. Nitrate in coarse-mode particles comes primarily from the reaction of gas-phase
5 nitric acid with pre-existing coarse-mode particles (CD, p. 2-19).

6 Many ambient particles also contain water (particle-bound water) as a result of equilibrium
7 of water vapor with water bound to hygroscopic particles (CD, p. 2-28). Particle-bound water
8 influences the size of particles and in turn their aerodynamic and light scattering properties.
9 Studies of the change in particle size with changes in relative humidity (RH) suggest that a small
10 fraction of accumulation-mode particles (with a dry diameter smaller than 1 μm) will be larger
11 than 1 μm in diameter at RH below 60%, but a larger fraction will grow above 1 μm for RH
12 above 80% (CD, p. 2-39). The amount of the increase in particle size with increasing RH is
13 dependent on the particle's chemical composition (CD, p. 4-91). Particles containing inorganic
14 salts and acids are more hygroscopic than particles composed primarily of organic species.

15 16 **2.2.4 Fate and Transport**

17 Fine-mode and coarse-mode particles typically exhibit different behavior in the
18 atmosphere. These differences affect several exposure considerations including the
19 representativeness of central-site monitored values and the behavior indoors of particles that were
20 formed outdoors. The ambient residence time of atmospheric particles varies with size. Coarse-
21 mode particles can settle rapidly from the atmosphere with lifetimes from a few seconds to hours,
22 and their spatial impact is limited because they tend to fall out of the air in the downwind area
23 near their emission point. Larger coarse-mode particles are not readily transported across urban
24 or broader areas, because they are generally too large to follow air streams, and they tend to be
25 easily removed by impaction on surfaces. Smaller-sized coarse-mode particles can have longer
26 lives and longer travel distances, especially in extreme circumstances, such as dust storms (CD, p.
27 2-30).

28 Fine-mode particles are kept suspended by normal air motions and have low surface
29 deposition rates. Because they grow rapidly into the accumulation mode, the subset of nuclei-

1 mode particles have a very short life, on the order of minutes to hours. Nuclei-mode particles are
2 also small enough to be removed through diffusion to falling rain drops (CD, p. 2-32).
3 Accumulation-mode particles, which do not grow into the coarse mode, can be transported
4 thousands of kilometers and remain in the atmosphere for days to weeks. Accumulation-mode
5 particles are removed from the atmosphere primarily by cloud processes. They serve as
6 condensation nuclei for cloud droplet formation and eventually fall as rain drops. However,
7 accumulation-mode particles are not effectively removed from the atmosphere by falling rain (CD,
8 p. 2-30).

9 Because fine-mode particles remain suspended for days to weeks, and travel much farther
10 than coarse-mode particles, fine-mode particles are theoretically likely to be more uniformly
11 dispersed at urban scales than coarse particles. In contrast, coarse-mode particles tend to exhibit
12 more elevated concentrations near sources (EPA 1996a, p. 13-15).

13 The characteristics of nuclei-mode, accumulation-mode, and coarse-mode particles that
14 were discussed in the preceding sections are summarized in Table 2-2.

16 2.3 PM MEASUREMENT METHODS

17 The draft CD indicates that the methods used to measure PM are important to
18 understanding population exposure to PM, evaluating health risks, and developing risk
19 management strategies. Because PM is not a homogeneous pollutant, measuring and
20 characterizing particles suspended in the atmosphere is a significant challenge, and there is no
21 perfect method for every application.⁵ Measurements include particle mass, composition, and
22 particle number. Most instruments collect PM by drawing a controlled volume of ambient air
23 through a size-selective inlet, usually defined by the inlet's 50 percent cut point. Often used
24 measurements or indicators of fine-mode particles include $PM_{2.5}$, $PM_{1.0}$, British or black smoke
25 (BS), coefficient of haze (COH), sulfates, acids, and PM_{10} (in areas dominated by fine-mode
26 particles). Measurements of coarse-mode particles include $PM_{10-2.5}$, $PM_{15-2.5}$, and PM_{10} (in areas
27 dominated by coarse-mode particles).

⁵ Refer to EPA 1996a, Chapter 4 and draft CD Chapter 2 for more comprehensive assessments of particle measurement methods.

Table 2-2. Comparison of Ambient Particles: Fine Mode (Nuclei Mode plus Accumulation Mode) and Coarse Mode

	Fine-Mode Particles		Coarse-Mode Particles
	Nuclei Mode	Accumulation Mode	
Aerometric Diameter	< 0.1 μm	0.1 – 3.0 μm	> 1.0 μm
Formed from:	Combustion, high temperature processes and atmospheric reactions		Break-up of large solids/droplets
Formed by:	Nucleation Condensation Coagulation	Condensation Coagulation Evaporation of fog and cloud droplets in which gases have dissolved and reacted	Mechanical disruption (crushing, grinding, abrasion of surfaces) Evaporation of sprays Suspension of dusts Reactions of gases in or on particles
Composed of:	Sulfate, SO_4 Elemental carbon Metals compounds (Pb, Cd, V, Ni, Cu, Zn, Mn, Fe, K, etc.) Organic compounds with very low, saturation vapor pressure at ambient temperature	Sulfate Nitrate, NO_3 Ammonium, NH_4 Hydrogen ion, H^+ Elemental carbon, Large variety of organic compounds Metal compounds Particle-bound water	Suspended soil or street dust Fly ash from uncontrolled combustion of coal, oil, wood Nitrates/chlorides from HNO_3/HCl Oxides of crustal elements (Si, Al, Ti, Fe, Mg) CaCO_3 , NaCl, sea salt Pollen, mold, fungal spores Plant/animal fragments Tire, brake pad, and road wear debris
Solubility:	Probably less soluble than accumulation mode	Largely soluble, hygroscopic and deliquescent	Largely insoluble and non-hygroscopic
Sources:	Combustion of coal, oil, gasoline, diesel fuel, wood Atmospheric transformation of SO_2 and some organic compounds High temperature processes, smelters, steel mills, etc.	Combustion Atmospheric transformation products of NO_x , SO_2 , and organic compounds including biogenic organic species (e.g., terpenes) High temperature processes Volcanic activity Wildfires	Resuspension of industrial dust and soil tracked onto roads and streets Suspension from disturbed soil (e.g., farming, mining, unpaved roads) Construction and demolition Uncontrolled coal and oil combustion Ocean spray Biological sources
Atmospheric half-life:	Minutes to hours	Days to weeks	Minutes to hours
Removal Processes:	Grows into accumulation mode Scavenging by falling rain drops	Forms cloud droplets and rains out Dry deposition	Dry deposition by fallout Scavenging by falling rain drops
Travel distance:	<1 to 10s of km	100s to 1000s of km	<1 to 10s of km (100s to 1000s in dust storms)

Source: Adapted from Wilson and Suh (1997); CD, p. 2-35.

1 PM mass can be measured directly, by gravimetric methods, or indirectly using methods
2 that rely on the physical properties of particles. The most common direct measurement methods
3 include filter-based methods where ambient aerosols are collected for a specified period of time
4 (e.g., 24 hours) on filters that are weighed to determine mass. Examples include the Federal
5 Reference Method monitors for PM_{2.5} and PM₁₀. Dichotomous samplers contain a separator that
6 splits the air stream from a PM₁₀ inlet into two streams so that both fine and coarse fraction
7 particles can be collected on separate filters. With this approach a fraction of the fine-mode
8 particles are collected with the coarse-mode particles.

9 Another widely used gravimetric method is the Tapered Element Oscillating Microbalance
10 (TEOM®) sensor, consisting of a replaceable filter mounted on the narrow end of a hollow
11 tapered quartz tube. The air flow passes through the filter, and the aerosol mass collected on the
12 filter causes the characteristic oscillation frequency of the tapered tube to change in direct relation
13 to particle mass. This approach allows mass measurements on a near-continuous basis (every few
14 minutes).

15 Other methods that produce near-continuous PM measurements include beta attenuation
16 sampler and the Continuous Ambient Mass Monitor (CAMM). Beta attenuation (or beta gauge)
17 samplers determine the mass of particles deposited on a filter by measuring the absorption of
18 electrons generated by a radioactive isotope. The absorption varies with the mass of the particles.
19 The CAMM measures the pressure drop increase that occurs in relation to particle loading on a
20 membrane filter.

21 PM has also been characterized in the U.S. and abroad by indirect filter-based optical
22 methods that rely on the light scattering or absorbing properties of both suspended PM and PM
23 collected on a filter.⁶ These include BS and COH, as well as estimates derived from visibility
24 measurements. In locations where they are calibrated to standard mass units, these indirect
25 measurements can be useful surrogates for particle mass. The BS method typically involves
26 impacting samples from a 4.5 µm inlet onto white filter paper where blackness of the stain is
27 measured by light absorption. Smoke particles composed of elemental carbon (EC) typically

⁶ See Section 2.8 of this chapter for a discussion of the optical properties of PM.

1 make the largest contribution to stain darkness. Since the mix of ambient particles varies widely
2 by location and time of year, the correlation between BS measurements and PM mass are highly
3 site- and time-specific. COH is determined using a light transmittance method. This involves
4 impacting samples from a 5.0 μm inlet onto filter tape where the opacity of the resulting stain is
5 determined. This technique is somewhat more responsive to non-carbon particles than the BS
6 method. Nephelometers measure the light scattered by ambient aerosols in order to calculate light
7 extinction. This method results in measurements that can correlate well with the mass of fine-
8 mode particles below 2 μm diameter.

9 There are a variety of methods used to identify and describe the characteristic
10 components of ambient PM. X-ray fluorescence (XRF) is a commonly used laboratory technique
11 for analyzing the elemental composition of primary particles deposited on filters. Wet chemical
12 analysis methods, such as ion chromatography (IC) and automated colorimetry (AC) are used to
13 measure ions such as nitrate (NO_3^-), sulfate (SO_4^{2-}), chloride (Cl^-), ammonium (NH_4^+), sodium
14 (Na^+), and phosphate (PO_4^{3-}).

15 There are several methods for separating organic carbon (OC) and elemental carbon (EC)
16 in ambient samples. Thermal/optical reflectance (TOR) and thermal manganese oxidation (TMO)
17 have been commonly applied in aerosol studies in the United States. Still another method is the
18 thermal/optical transmission (TOT) method. This method is similar to TOR and yields
19 comparable estimates of total carbon, but gives a different split between OC and EC. Monitoring
20 methods capable of separately measuring sulfate, nitrate, and carbon particles on a near-
21 continuous basis are currently under development..

22 The presence of semi-volatile PM components and sampling in extreme climate conditions
23 present special challenges for designing measurement methods. Accurate measurement of fine-
24 mode particles is particularly difficult when the relative humidity is high, or when winds cause
25 high ambient concentrations of wind-blown soil. In these conditions, a significant amount of
26 either fine-mode or coarse-mode material may be found in the inter-modal region between 1.0 and
27 3 μm diameter. The draft CD suggests that under these conditions a better measurement of fine-
28 mode particles could be obtained by removing all or most particle-bound water, measuring PM at
29 a constant relative humidity, and using a cut point of 1.0 μm rather than 2.5 μm diameter (CD, p.

2-40). All continuous monitoring methods require removal of particle-bound water prior to mass measurement. However, heating the inlet stream to a constant temperature to keep moisture in the vapor phase can have the negative effect of removing a portion of the PM compounds that have equilibrium vapor pressures that are higher than typical ambient temperatures, and can chemically degrade some organic compounds. Newer techniques use diffusion drying to remove water vapor, leading to vaporization of particle-bound water without heating.

In addition to particle mass and composition, the number of ambient particles can also be measured. Recently there has been increasing interest in examining the relationship between the number of ambient particles and health effects. A nano-scanning mobility particle sizer (NSMPS) counts particles in the 0.003 to 0.15 μm range. A standard scanning mobility particle sizer (SMPS) counts particles in the 0.01 to 1 μm range, and a laser particle counter (LPC) counts particles in the 0.1 to 2 μm range. An aerodynamic particle sizer measures particles in the 0.7 to 10 μm range. These techniques have not yet been widely used in health effects studies.

2.4 PM CONCENTRATIONS, TRENDS, AND SPATIAL PATTERNS

This section provides analysis of the latest available PM air quality data, including PM levels, composition, spatial patterns, and temporal patterns. Only recently has a full year of mass concentration data from a nationwide network of PM_{2.5} Federal Reference Method (FRM) monitors been available, and analyses of those data are presented here. Readers should be cautioned not to draw conclusions regarding the attainment or nonattainment status from a single year of PM monitoring data. EPA regulations, in 40 CFR Part 50, Appendix N, require 3 years of monitoring data and specify minimum data completeness requirements for data used to make decisions regarding attainment status. Not all PM FRM monitors that were operated in 1999 recorded valid PM measurements for all four calendar quarters. In the figures that follow, data completeness is illustrated by the size of the circles on the map, with smaller circles indicating relatively incomplete data for the year. Additional PM_{2.5} data are presented from other long-term monitoring efforts, including data from the network for Interagency Monitoring of Protected Visual Environments (IMPROVE) and from the California Air Resources Board, which are not directly comparable to the FRM monitor data.

2.4.1 PM₁₀

State and local air pollution control agencies have been collecting PM₁₀ mass concentration data using EPA-approved FRM samplers and reporting these data to EPA's publicly available Aerometric Information Retrieval System (AIRS) data base since mid-1987.⁷ PM₁₀ data from 1999 are shown in Figures 2-3a and 2-3b. Figure 2-3a shows the PM₁₀ annual mean concentrations, and Figure 2-3b shows the second highest 24-hour average concentrations. Most areas of the country had concentrations below the level of the annual mean PM₁₀ standard (50 µg/m³). Exceptions include central South Carolina, Puerto Rico, and several places in the southwestern U.S. and central California. Most areas of the country also had concentrations below the level of the 24-hour standard (150 µg/m³), with exceptions mostly in the western U.S.

In the 1998 National Air Quality and Emissions Trends Report (EPA 2000b), EPA examined national and regional PM₁₀ trends for the 10-year period from 1989 to 1998. Figure 2-4 shows the national trend and the trend in each EPA region. The figure shows approximately a 25 percent decline in concentrations over the 10 year period with regional declines in the eastern U.S. ranging from 18 to 21 percent, and declines in the western U.S. ranging from 31 to 38 percent. In the national trend and in several regions, the declines appearing to level off in more recent years. Figure 2-5 shows the national 10-year trend in annual mean PM₁₀ concentrations for 906 sites broken down into rural, suburban, and urban locations. Rural levels are significantly lower than suburban and urban levels, but all three classifications show a similar decline of about 25 percent.

⁷ Based in part on this data, EPA has designated areas of the country that are not attaining PM₁₀ standards. As of July 2000 there were a total of 66 areas classified as moderate or serious nonattainment areas, mostly in the western U.S., with fewer in heavily populated or industrialized eastern areas. See designated nonattainment areas at www.epa.gov/oar/oaqps/greenbook.

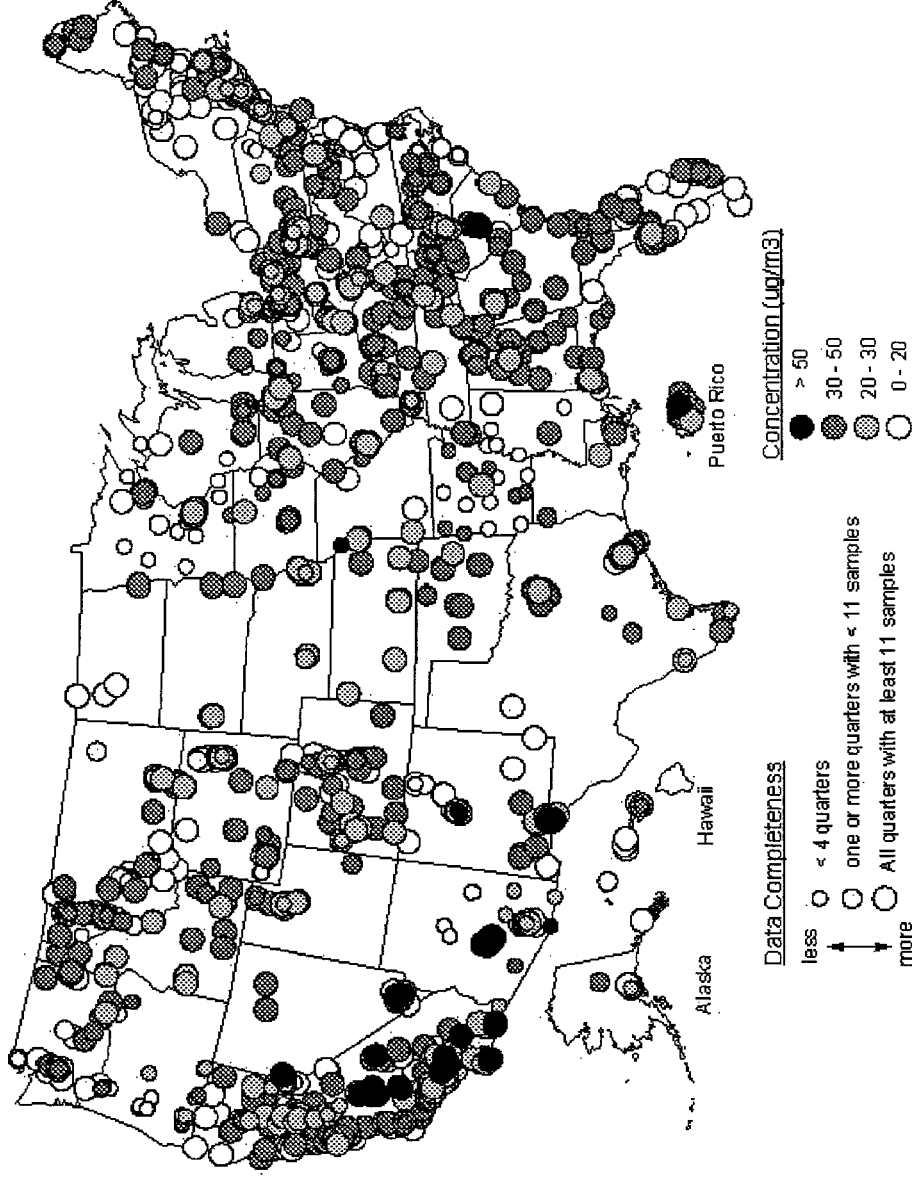


Figure 2-3a. 1999 annual mean PM_{10} concentrations ($\mu\text{g}/\text{m}^3$)

Source: Fitz-Simons et al. (2000)

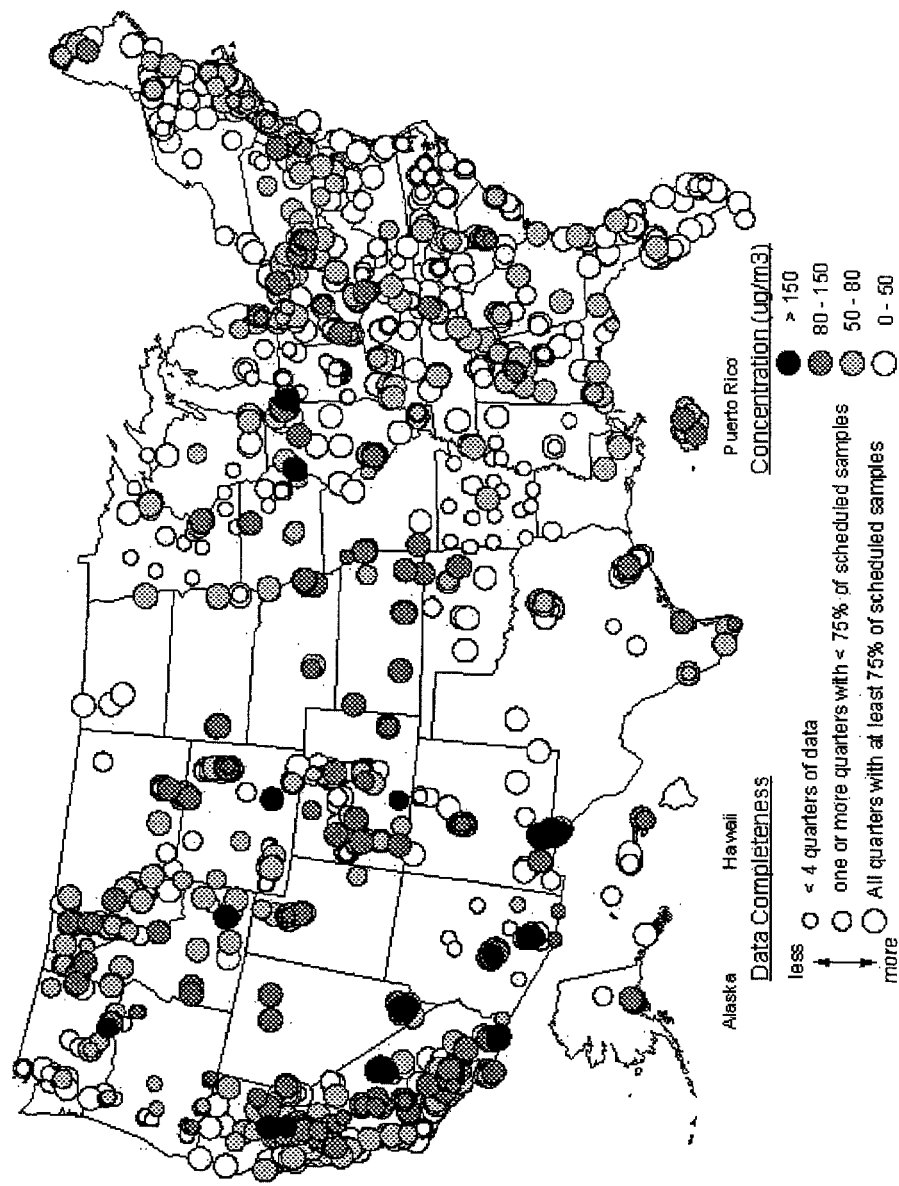


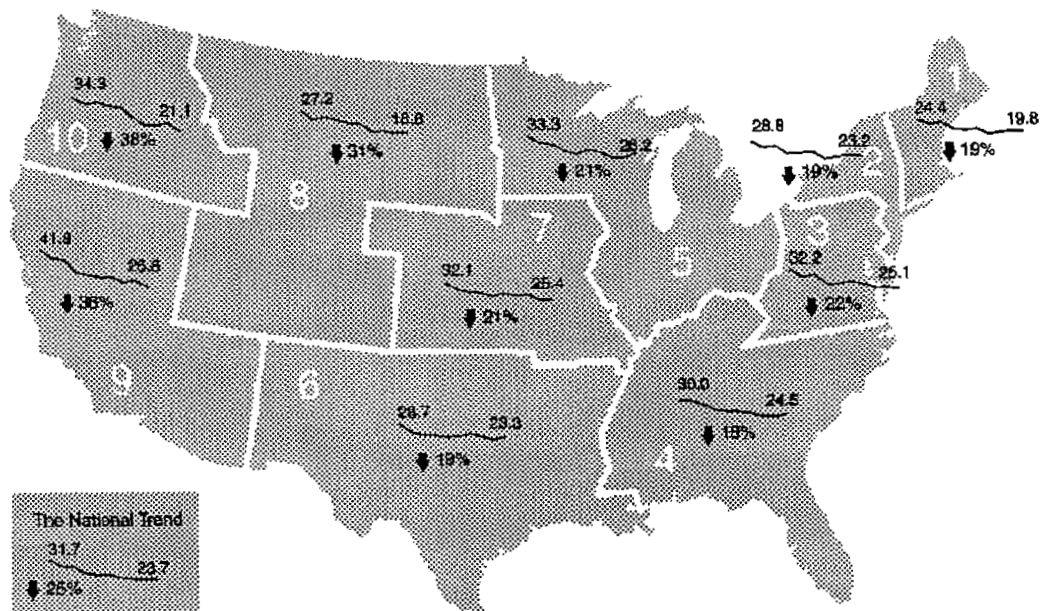
Figure 2-3b. 1999 2nd highest 24-hour average PM_{10} concentrations ($\mu g/m^3$)

Source: Fitz-Simons et al. (2000)

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Alaska is in EPA Region 10; Hawaii, EPA Region 9; and Puerto Rico, EPA Region 2.
Concentrations are $\mu\text{g}/\text{m}^3$.

Figure 2-4. Trend in annual mean PM_{10} concentrations by EPA region, 1989-1998 ($\mu\text{g}/\text{m}^3$).

Source: Environmental Protection Agency (2000b)

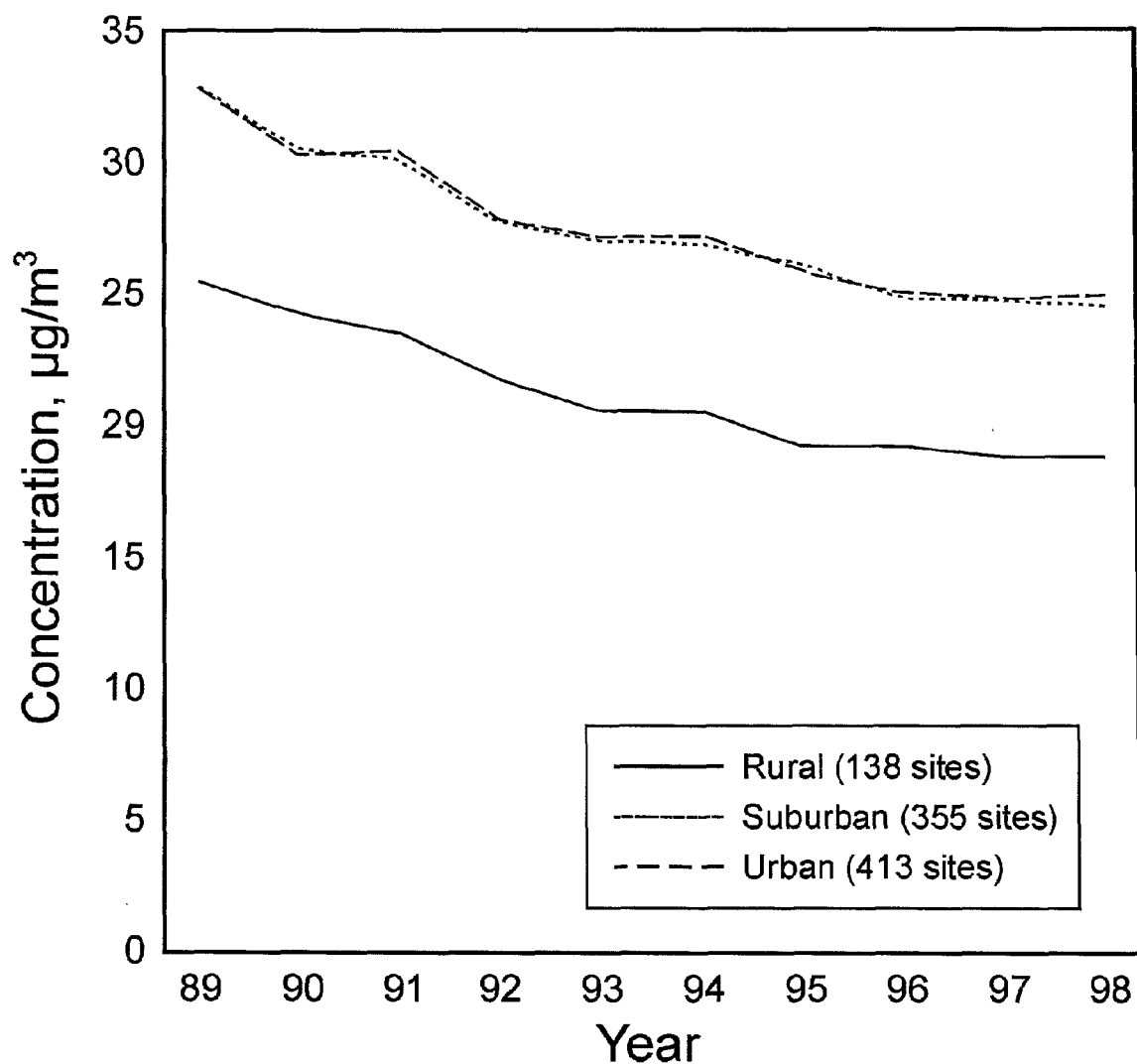


Figure 2-5. Nationwide trend in annual mean PM₁₀ concentrations for rural, suburban, and urban locations from 1989 through 1998.

Source: Environmental Protection Agency (2000b)

2.4.2 PM_{2.5}

Following the 1997 PM NAAQS revisions, which set a new NAAQS for PM_{2.5}, EPA led a nationwide effort to deploy and operate over 1000 PM_{2.5} monitors. These monitors use the Federal Reference Method (FRM), which if followed assures that PM data are collected using standard equipment, operating procedures, and data handling techniques.⁸ The first year of data collected by that network has been analyzed by Fitz-Simons et al. (2000). About 54 percent of the monitors had fewer than 11 valid samples recorded in every quarter, the minimum number generally required for calculating quarterly means.⁹

Figure 2-6a depicts nationwide annual mean PM_{2.5} concentrations from the FRM network. Many locations in the eastern U.S. and in California were above 15 µg/m³. Annual mean concentrations were above 20 µg/m³ in several major urban areas throughout the eastern U.S., including Pittsburgh, Cleveland, Atlanta, Chicago, St. Louis, and in Los Angeles and the central valley of California. Sites in the central and western mountain regions of the U.S. had generally low annual mean concentrations, most below 10 µg/m³.

Figure 2-6b depicts nationwide 98th percentile 24-hour average PM_{2.5} concentrations from the FRM monitor network. Concentrations above 65 µg/m³ were relatively rare in the eastern U.S., but more prevalent in California. Values in the 40 - 65 µg/m³ range were more common in the eastern U.S. and on the west coast, but relatively rare in the central and western mountain regions. In these regions, the 98th percentile 24-hour average concentrations were more typically below 40 µg/m³, with many below 30 µg/m³.

There are limited data available on longer-term trends in PM_{2.5} concentrations. Long-term PM_{2.5} data collected by the California Air Resources Board show that from 1990 to 1995 annual average PM_{2.5} concentrations decreased about 50% in the South Coast Air Basin, 35% in the San Joaquin Valley, 30% in the San Francisco Bay Area, and 35% in the Sacramento Valley (Dolislager and Motallebi, 1999). PM_{2.5} data also have been collected continuously since 1994 as part of a children's health study in twelve communities in southern California (Taylor et al.,

⁸ See 40 CFR Parts 50 and 58 for monitoring program requirements.

⁹ See 40 CFR Part 50, Appendix N, Section 2.0 Comparisons with the PM_{2.5} standards.

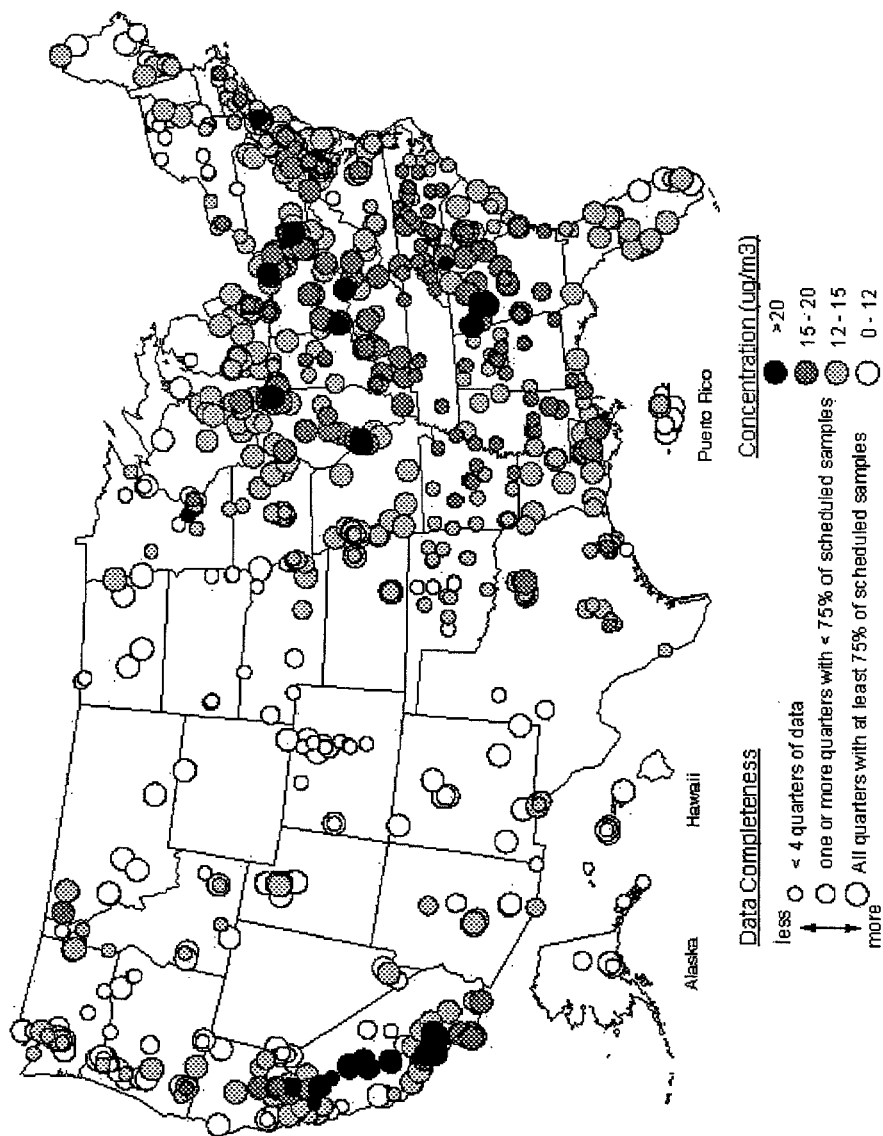


Figure 2-6a. 1999 annual mean $\text{PM}_{2.5}$ concentrations ($\mu\text{g}/\text{m}^3$)

Source: Fitz-Simons et al. (2000)

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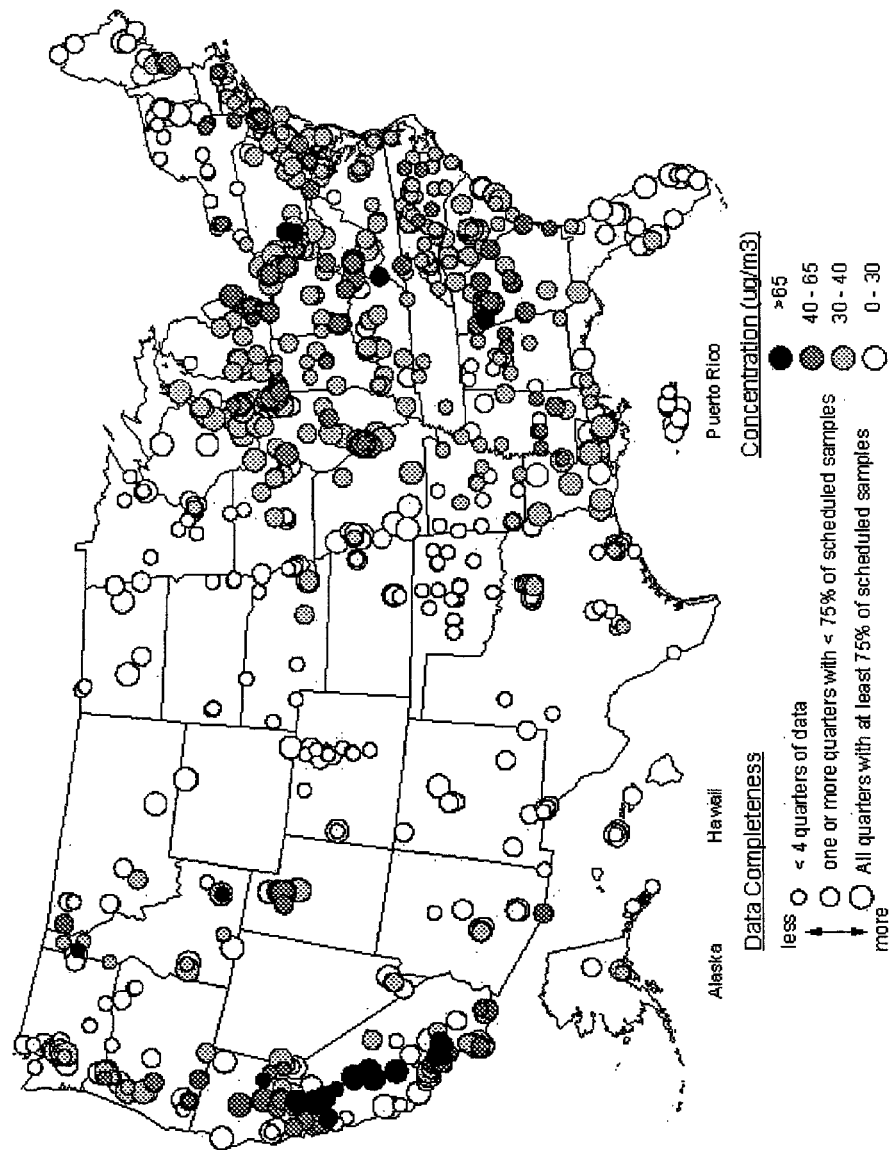


Figure 2-6b. 1999 98th percentile 24-hour average $\text{PM}_{2.5}$ concentrations ($\mu\text{g}/\text{m}^3$)

Source: Fitz-Simons et al. (2000)

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1 1998). Data collected in this study from 1994 to 1998 at all sites show decreases in $PM_{2.5}$ ranging
2 from 2% at Santa Maria to 37% at San Dimas/Glendora.

3 The IMPROVE monitoring network, which consists of sites located primarily in national
4 parks and wilderness areas throughout the U.S., provides $PM_{2.5}$ trends for generally rural areas.
5 Figures 2-7a and 2-7b show the 10 year trend from 1989-1998 at 10 eastern and 24 western
6 IMPROVE sites.¹⁰ At the eastern sites, measured $PM_{2.5}$ decreased about 9 percent from 1992 to
7 1995, but increased about 12 percent from 1995 to 1998. At the western sites $PM_{2.5}$ decreased 11
8 percent from 1989 to 1998. The trend for a single urban IMPROVE site located in Washington,
9 D.C. is shown in Figure 2-7c. At that site, $PM_{2.5}$ concentrations increased about 26 percent from
10 1990 to 1993, then decreased about 23 percent from 1993 to 1995. The 1997 concentration was
11 about 5 percent lower than the 1989 level.

12 As discussed in Section 2.2.4, fine-mode particles are likely to be more uniformly
13 dispersed at urban scales than coarse-mode particles. Analyses of 1999 $PM_{2.5}$ FRM monitoring
14 data from four large metropolitan areas indicate that multiple sites in these urban areas were
15 highly correlated throughout the year. More than 75 percent of the between-site correlation
16 coefficients in Atlanta, Detroit, Phoenix, and Seattle were greater than 0.85 (CD, p. 3-29). In
17 separate studies, similar results were found in Philadelphia during the summers of 1993 and 1994
18 (CD, p. 3-28).

20 **2.4.3 $PM_{10-2.5}$**

21 $PM_{10-2.5}$ is a measure of the coarse-mode fraction of PM_{10} , and can be measured by a
22 dichotomous sampler, or by using a difference method with collocated monitors under the same
23 sampling protocol. A nationwide network of samplers using these methods is not available.
24 However, an approximation of $PM_{10-2.5}$ can be made using a difference method on same-day data
25 collected in 1999 from PM_{10} and $PM_{2.5}$ FRM monitors in the same physical location. Since the
26 protocol for each monitor is not identical, the results should be viewed with caution. A more
27 complete and accurate view of $PM_{10-2.5}$ values can be obtained by nationwide deployment of

¹⁰ The lines on these figures showing the trend in PM components is discussed in Section 2.4.5.

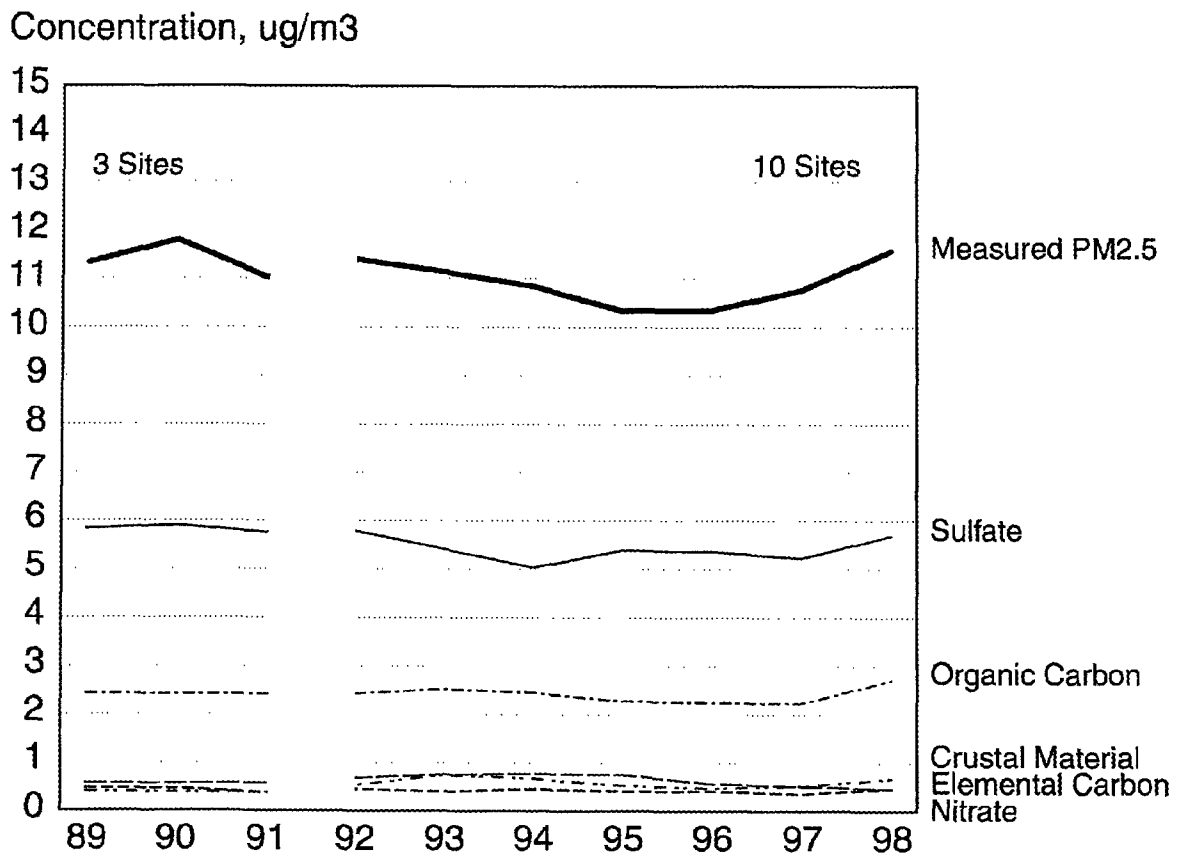


Figure 2-7a. PM_{2.5} Concentrations, 1989-1998 at eastern IMPROVE sites

Source: U.S. Environmental Protection Agency (2000b)

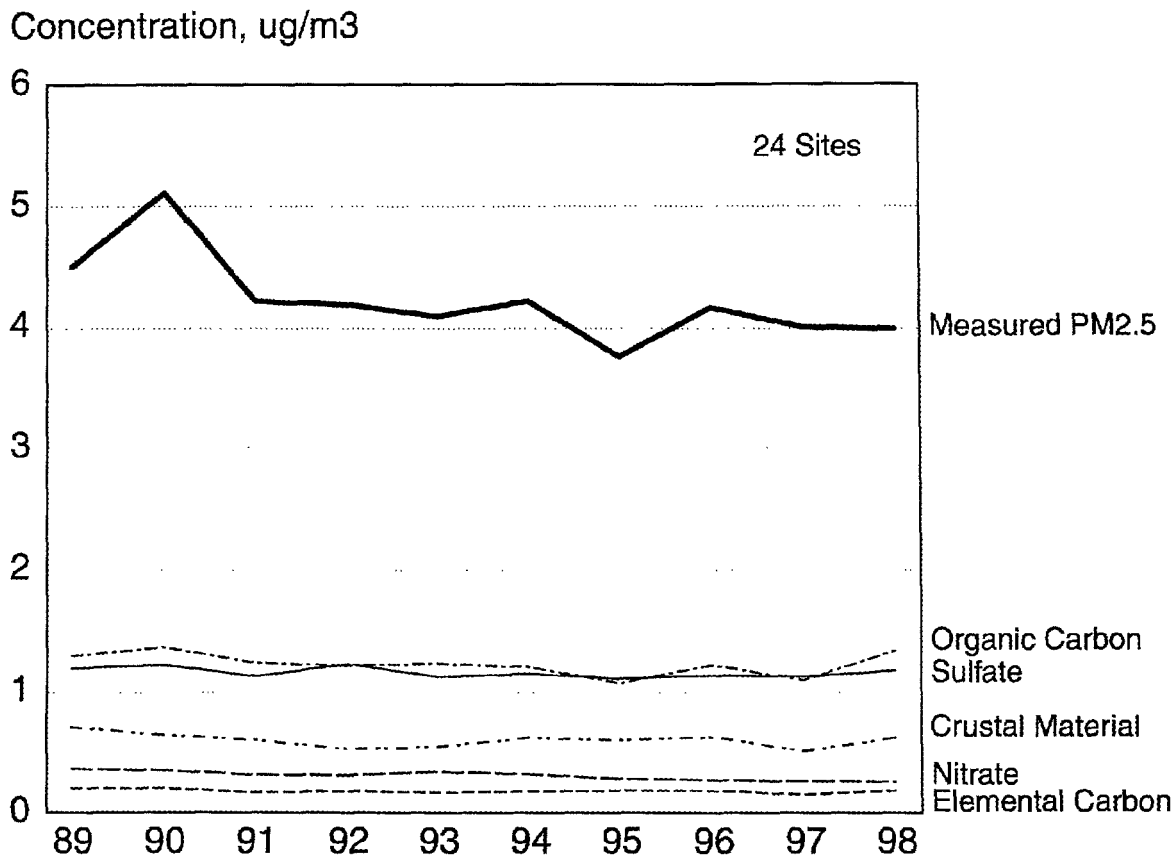


Figure 2-7b. PM_{2.5} Concentrations, 1989-1998 at western IMPROVE sites

Source: U.S. Environmental Protection Agency, (2000b)

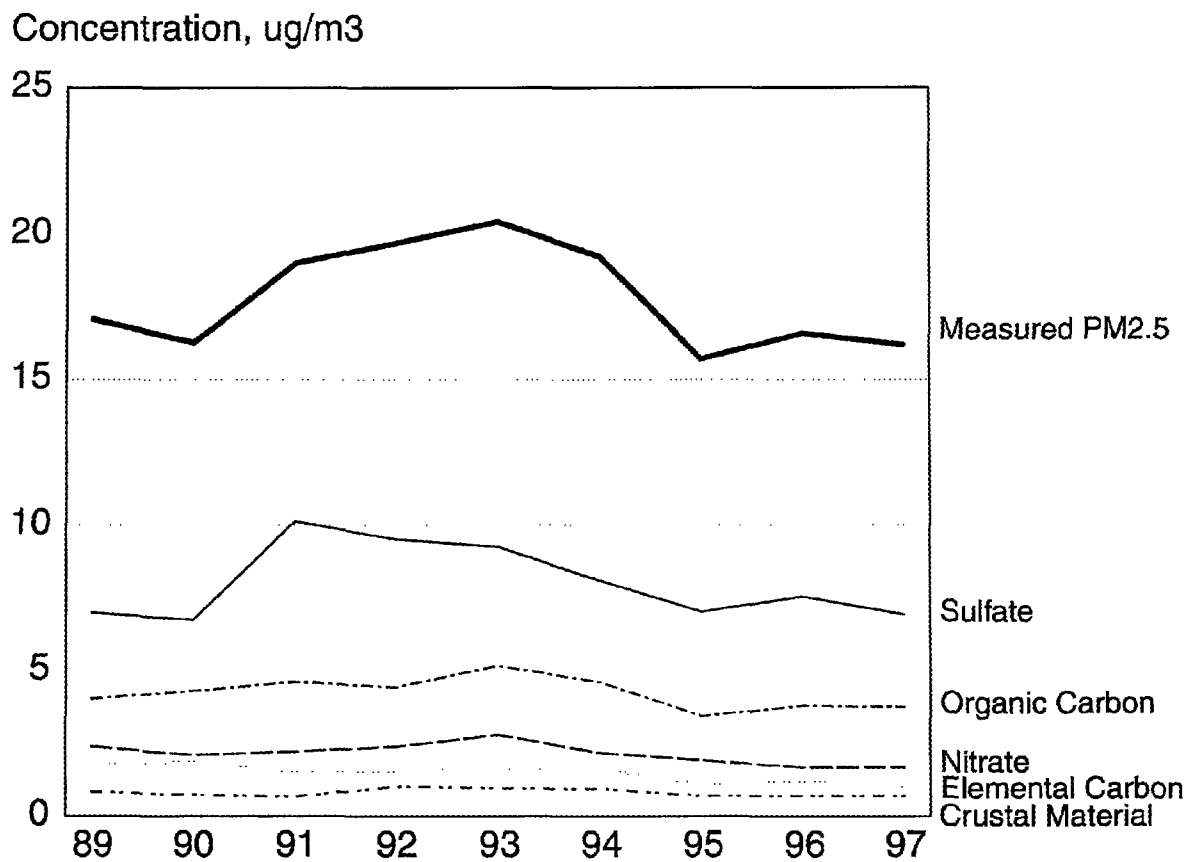


Figure 2-7c. PM_{2.5} Concentrations, 1989-1997 at the Washington, D.C. IMPROVE site

Source: U.S. Environmental Protection Agency (2000b)

1 collocated PM_{10} and $PM_{2.5}$ monitors that use an equivalent monitoring protocol.

2 Figure 2-8a shows estimated annual mean $PM_{10-2.5}$ and Figure 2-8b shows the estimated
3 98th percentile 24-hour average $PM_{10-2.5}$ developed from 1999 FRM monitor data. Since there are
4 currently no data completeness requirements for $PM_{10-2.5}$, the completeness criteria shown in these
5 figures was chosen simply to be consistent with the previous PM_{10} and $PM_{2.5}$ maps. Similarly,
6 since there is no standard for $PM_{10-2.5}$, the annual mean and 98th percentile 24-hour average values
7 were chosen for consistency with the $PM_{2.5}$ maps. The limited data show that annual mean
8 concentrations vary widely, with higher concentrations in several areas of the midwestern U.S.
9 and southern California. A similar pattern emerges for the estimated 98th percentile 24-hour
10 average $PM_{10-2.5}$ concentrations. The southeastern U.S. data are relatively incomplete, but
11 preliminary estimates suggest relatively low $PM_{10-2.5}$ levels throughout that region.

12 13 **2.4.4 Ultrafine Particles**

14 There are no nationwide monitoring networks for ultrafine particles ($< 0.1 \mu m$), and only a
15 few recent published studies of ultrafine particle counts in the U.S. At an urban site in Atlanta,
16 Georgia, particles in three size classes were measured on a continuous basis between August 1998
17 and August 1999. The classes included ultrafine particles in two size ranges, 0.003 to 0.01 μm
18 and 0.01 to 0.1 μm , and a subset of accumulation-mode particles in the range of 0.1 to 2 μm
19 (Woo et al., 2000). Figure 2-9 shows the annual average number and volume concentrations for
20 these three size classes. The vast majority, 89%, of the number of particles were in the ultrafine
21 mode (smaller than 0.1 μm), but 83% of the particle volume was in the subset of accumulation-
22 mode particles. The researchers found that for particles up to 2 μm there was little evidence of
23 any correlation between number concentration and either volume or surface area. This suggests
24 that fine-mode particle mass, which arises primarily from particles larger than ultrafines, does not
25 correlate well with particle number, which is dominated by particles in the ultrafine mode.

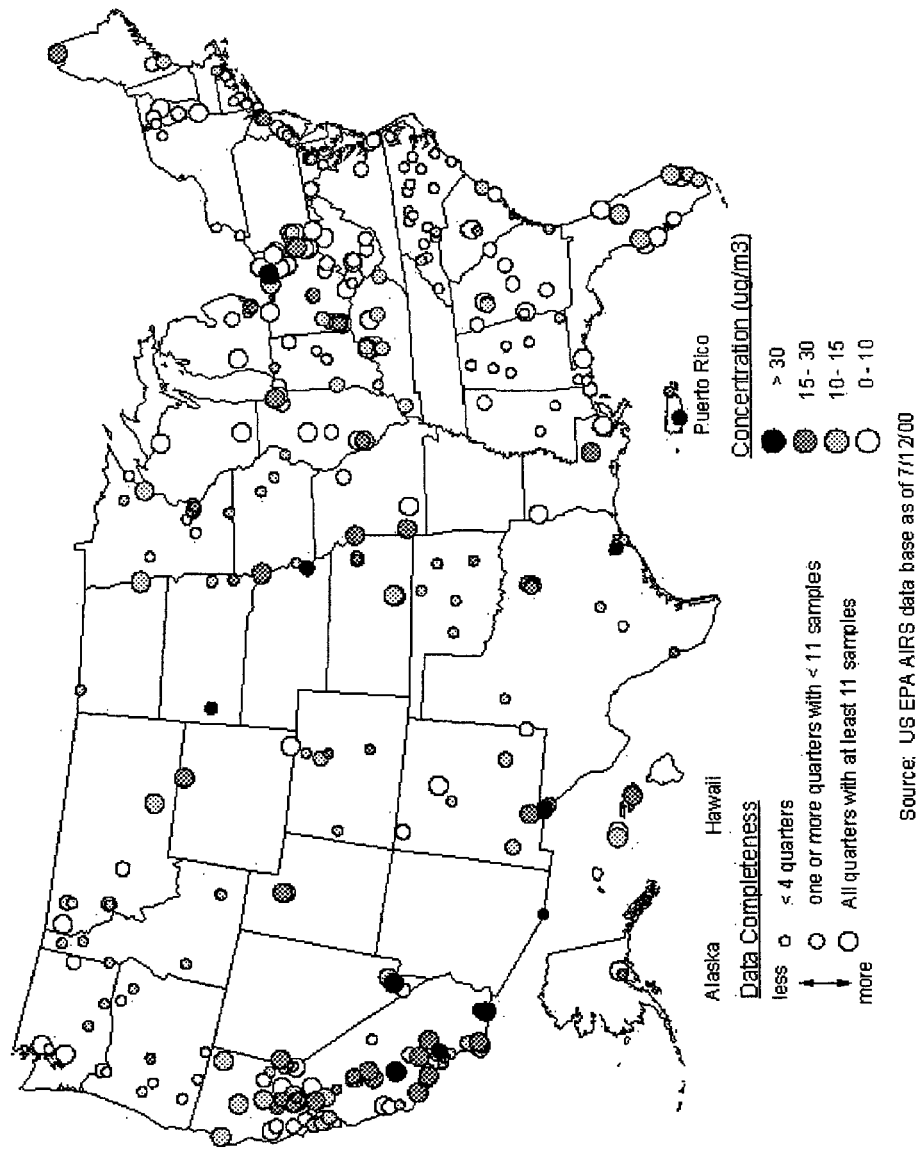


Figure 2-8a. 1999 estimated annual mean $\text{PM}_{10-2.5}$ concentrations ($\mu\text{g}/\text{m}^3$)

Source: Fitz-Simons et al. (2000)

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2-28

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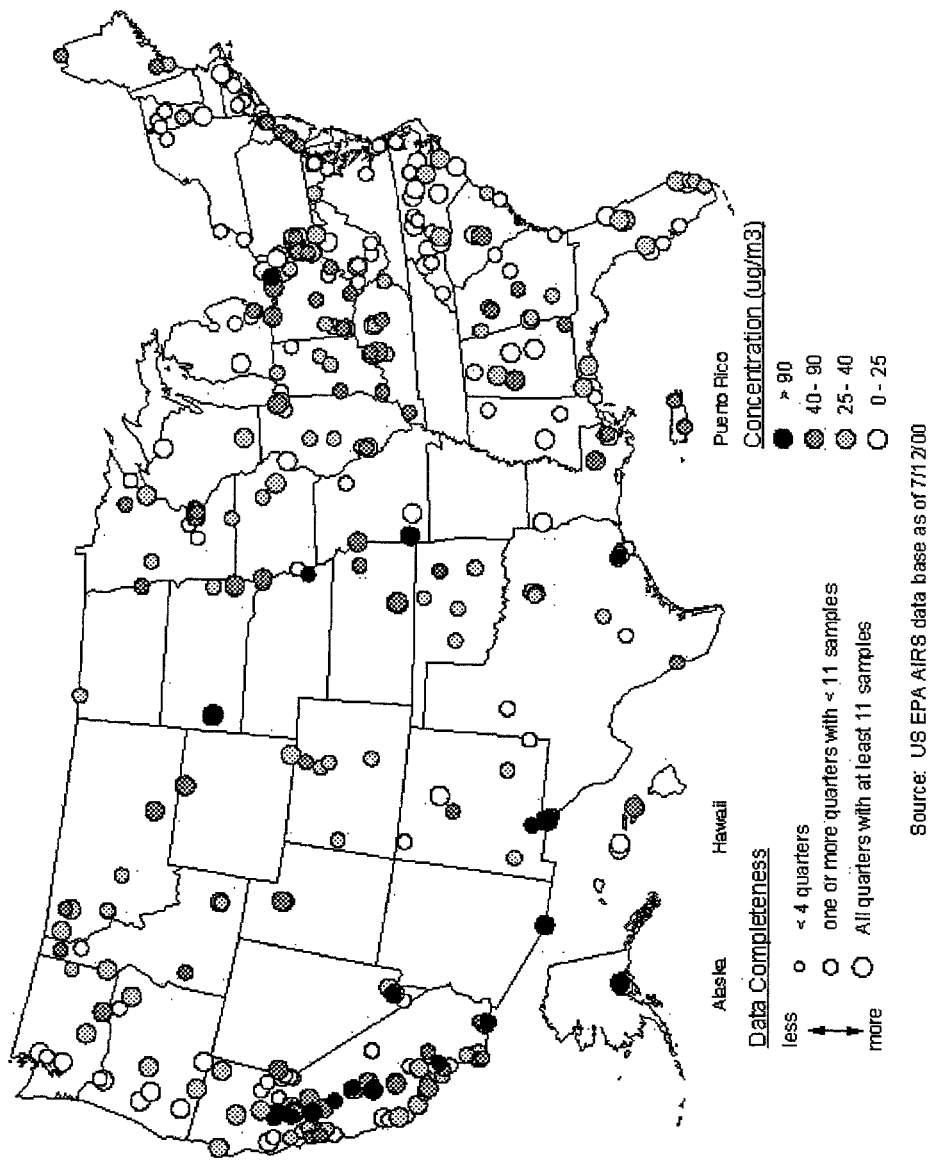


Figure 2-8b. 1999 estimated 98th percentile 24-hour average $PM_{10-2.5}$ concentrations ($\mu g/m^3$)

Note: The circle sizes on this map indicating the relative number of data points used to generate the estimates are not entirely accurate. The values, however, are accurate. A new map with revised completeness indicators is being generated.

Source: Fitz-Simons et al. (2000)

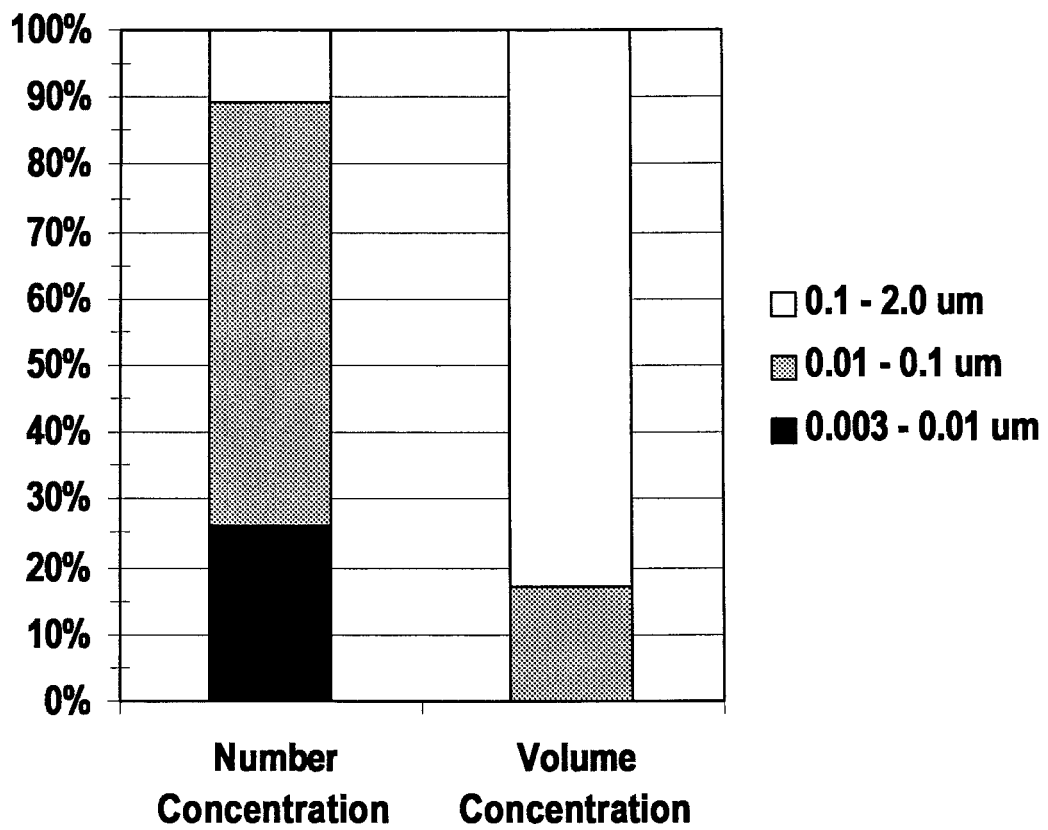


Figure 2-9. Yearly average fractions of fine (0.1–2.0 μm) and ultrafine (0.003–0.01 μm) particle number and volume concentrations in Atlanta

2.4.5 Components of PM

Atmospheric PM contains many different chemical components that vary by location, time of day, and time of year. The 1996 CD and Staff Paper provided indications of regional composition differences based on data from short-term urban studies and the predominantly rural IMPROVE network. More recent data appears consistent with earlier findings. Table 2-3 shows typical annual average fine fraction mass apportionment among chemical components in the eastern and western U.S. In general, eastern U.S. fine-mode particles are dominated by sulfate, and to a lesser extent by organic carbon. Western U.S. fine-mode particles appear to have a greater proportion of organic carbon, nitrate, and crustal material.

Table 2-3. Gross Annual Average Chemical Composition of PM_{2.5} Particles Obtained in Rural Areas of the Eastern and Western U.S. by the IMPROVE Network and in Mixed Rural, Suburban, and Urban Areas Obtained by Studies Summarized in the 1996 PM Criteria Document

	IMPROVE		1996 PM AQCD	
	Eastern US	Western US	Eastern US	Western US
	% Contribution		% Contribution ^a	
SO ₄ ⁻	56	33	44	11
EC	5	6	5	14
OC	27	36	27	38
NO ₃	5	8	1	15
Crustal	7	17	6	14
Reconstructed PM _{2.5} Concentration (µg/m ³)			PM _{2.5} Concentration (µg/m ³)	
PM _{2.5}	11.0	3.9	31.0	37.3

^a Note that contributions do not add to 100% due because a portion of the measured total mass was not chemically characterized.

Sources: IMPROVE network – EPA (2000a), 1996 PM Criteria Document – EPA (1996a)

Trends in remote area concentrations of PM components, generated with data from the IMPROVE network, are shown in Figures 2-7a and 2-7b. All of the components have shown variability of less than 1 µg/m³ over the ten year period from 1989 to 1998. At the eastern sites sulfate appeared to be declining until 1994, but has risen again in recent years. In 1998 organic

1 carbon was at its highest level over the 10 year period.¹¹ Data from the urban IMPROVE site in
2 Washington, D.C., shown in Figure 2-7c, indicates that all the components were lower in 1997
3 than at their peaks during the preceding 8 years. In 1997 sulfate is about 3 $\mu\text{g}/\text{m}^3$ lower than
4 its 1991 peak of just over 10 $\mu\text{g}/\text{m}^3$.

5 Data collected from 1994 to 1998 as part of a children's health study in twelve communities
6 in southern California also indicate decreases in major identified components such as nitrate,
7 sulfate, ammonium, and acids (Taylor et al., 1998). However, the undefined components
8 indicated a mixed pattern of increases and decreases at the same sites. A similar downward trend
9 was observed from 1978 to 1995 in nitrate and sulfate concentrations at sites in North Long
10 Beach and Riverside, California (Dolislager and Motallebi, 1999).

11 12 **2.4.6 Relationships Among $\text{PM}_{2.5}$, PM_{10} , and $\text{PM}_{10-2.5}$**

13 In this section, new information from the nationwide $\text{PM}_{2.5}$ FRM monitoring network on the
14 relationship among PM indicators in different regions is presented. Figure 2-10 shows the
15 distribution of 1999 ratios of $\text{PM}_{2.5}$ to PM_{10} at sites in different geographic regions. The ratios are
16 highest in the eastern U.S. regions with median ratios from 0.64 to 0.69, and lowest in the
17 Southwest region, with a median ratio of 0.39. These data appear to be generally consistent with
18 earlier findings from a more limited set of sites reported in the 1996 CD.

19 Correlations among pollutant indicators can provide insights into how well one indicator can
20 represent the variability in another indicator. For instance, in some areas PM_{10} may serve as a
21 good indicator of $\text{PM}_{2.5}$. Figure 2-11 shows the results of a nationwide analysis of the urban area
22 correlations among PM size fractions using 1999 24-hour average data from the FRM monitoring
23 networks. PM_{10} and $\text{PM}_{2.5}$ measured on the same days at collocated sites are fairly well correlated
24 in most parts of the country with the lowest correlations in the Upper Midwest and Southwest.
25 As might be expected from their differences in origin, composition, and behavior, fine-fraction
26 mass ($\text{PM}_{2.5}$) is generally not well correlated with coarse-fraction mass

¹¹ Unidentified PM components are an important part of total measured PM mass, and affect the year to year variability in the mass trend. For example, in Figure 2-7b, the upward spike in 1990 and the downward spike in 1995 are dominated by changes in the unidentified fraction.

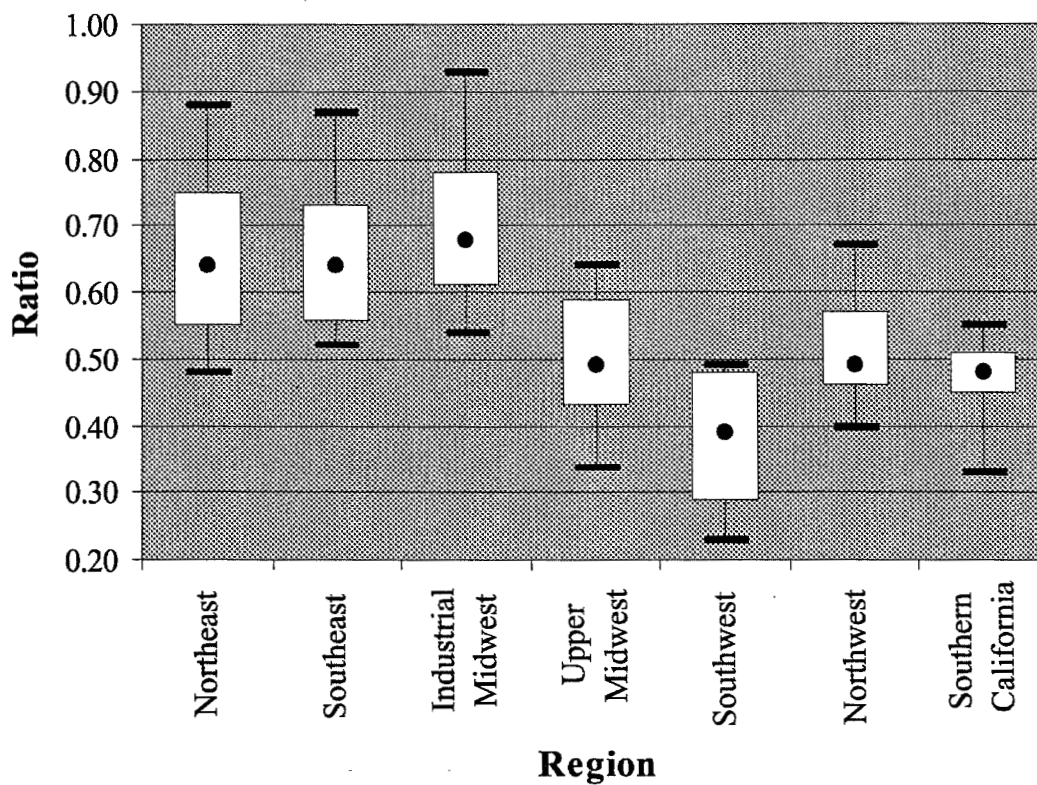
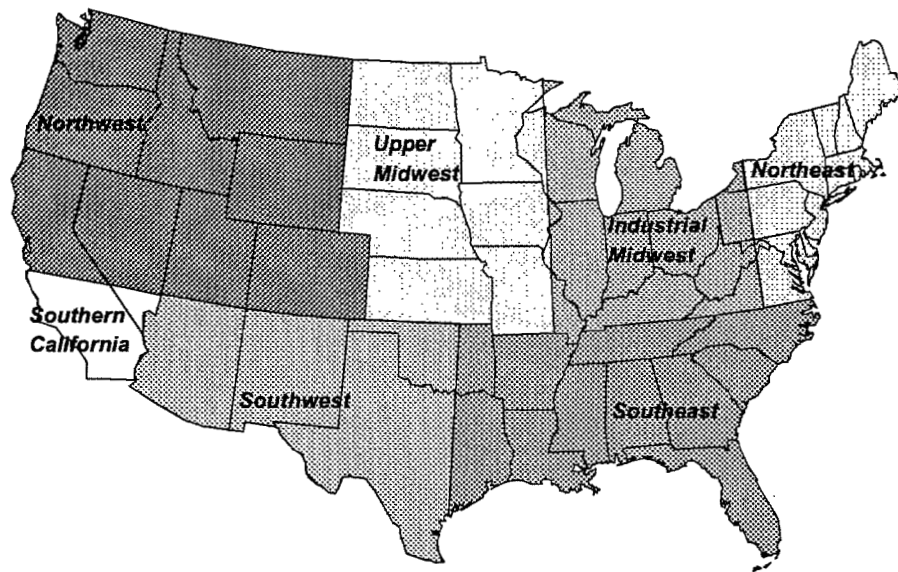


Figure 2-10. Distribution of Ratios of $PM_{2.5}$ to PM_{10} by Region. Box represents upper and lower quartiles of the distribution; whiskers represent 10th and 90th percentiles; black dot represents median.

Source: Adapted from Fitz-Simons et al. (2000), Attachment E

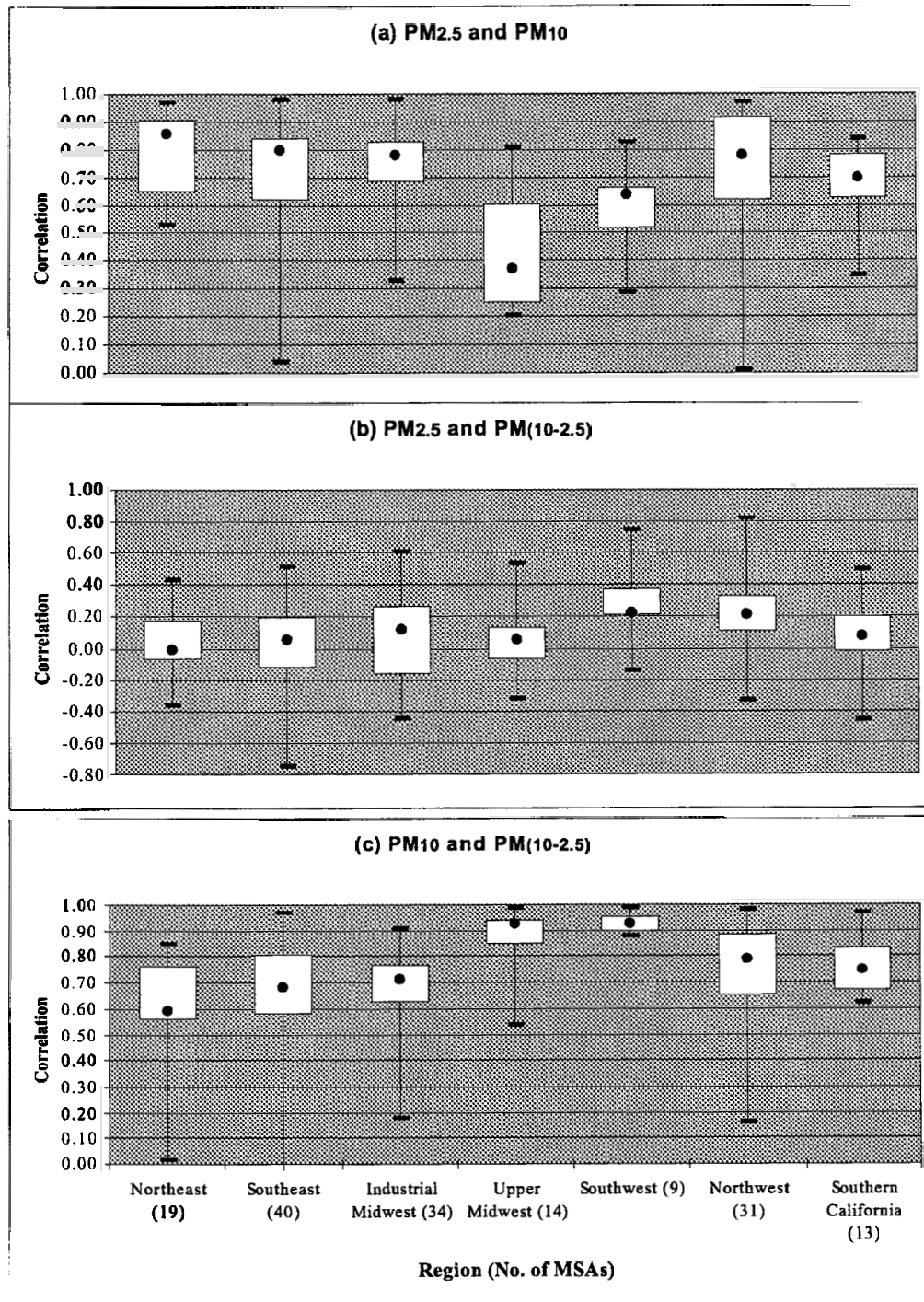


Figure 2-11. Distribution of Urban Area Correlations of 24-hour Average PM by Region. Box represents upper and lower quartiles of the distribution; whiskers represent minimum and maximum; black dot represents median.

Source: Adapted from Fitz-Simons et al. (2000), Attachment I

(PM_{10-2.5}). In many cases the correlations are negative. The most consistently high positive correlations of PM_{2.5} to PM_{10-2.5} are in the Southwest, where the low ratio of PM_{2.5} to PM₁₀ suggests that crustal material makes a more significant contribution to PM_{2.5} than in other regions. Finally, the correlation between PM_{10-2.5} and PM₁₀ is relatively high in all regions, ranging from 0.59 in the Northeast to 0.93 in the Upper Midwest and Southwest. The highest correlations appear in regions with low correlations between PM_{2.5} and PM₁₀.

2.5 TEMPORAL PATTERNS IN PM CONCENTRATIONS

2.5.1 PM_{2.5} Patterns

Data from the 1999 PM_{2.5} FRM network analyzed by Fitz-Simons, et al. (2000) show distinct seasonal variation in average PM_{2.5} concentrations. Readers should be cautioned that this analysis represents a single year of data, and that patterns may vary from year to year. The summaries in Figure 2-12a (urban) and Figure 2-12b (rural) show the distributions of monthly average concentrations in different geographic regions. The months with peak urban PM_{2.5} concentrations vary by region. The urban areas in the eastern regions all show peaks in the summer months (June-August), and the western regions all show peaks in the late fall and winter months (November-January). In most regions the urban and rural patterns are similar, with PM_{2.5} concentrations generally lower in rural areas. However, Southern California urban and rural monitors show different seasonal patterns, with urban winter peaks not present in rural areas. Also, in the Northwest the rural winter peak is not as pronounced as it is in urban areas.

Using data from a limited number (31) of continuous non-FRM PM_{2.5} monitors, Fitz-Simons et al. (2000) summarized diurnal patterns in PM_{2.5} concentrations. Caution should be used in interpreting data from continuous methods, which can produce significant artifacts related to semi-volatile components (CD, p. 3-22). Figure 2-13 shows the 1999 annual hourly average distribution summary for monitors in each region. In most regions the figure shows a cycle of elevated PM_{2.5} levels between 6:00 a.m. and 9:00 a.m., and again in the evening hours

Figure 2-12a.
1999 Monthly Average Urban PM_{2.5}
Distributions by Region. Box
represents interquartile range;
plus sign is the mean; box line is
the median.

Source: Fitz-Simons et al. (2000)

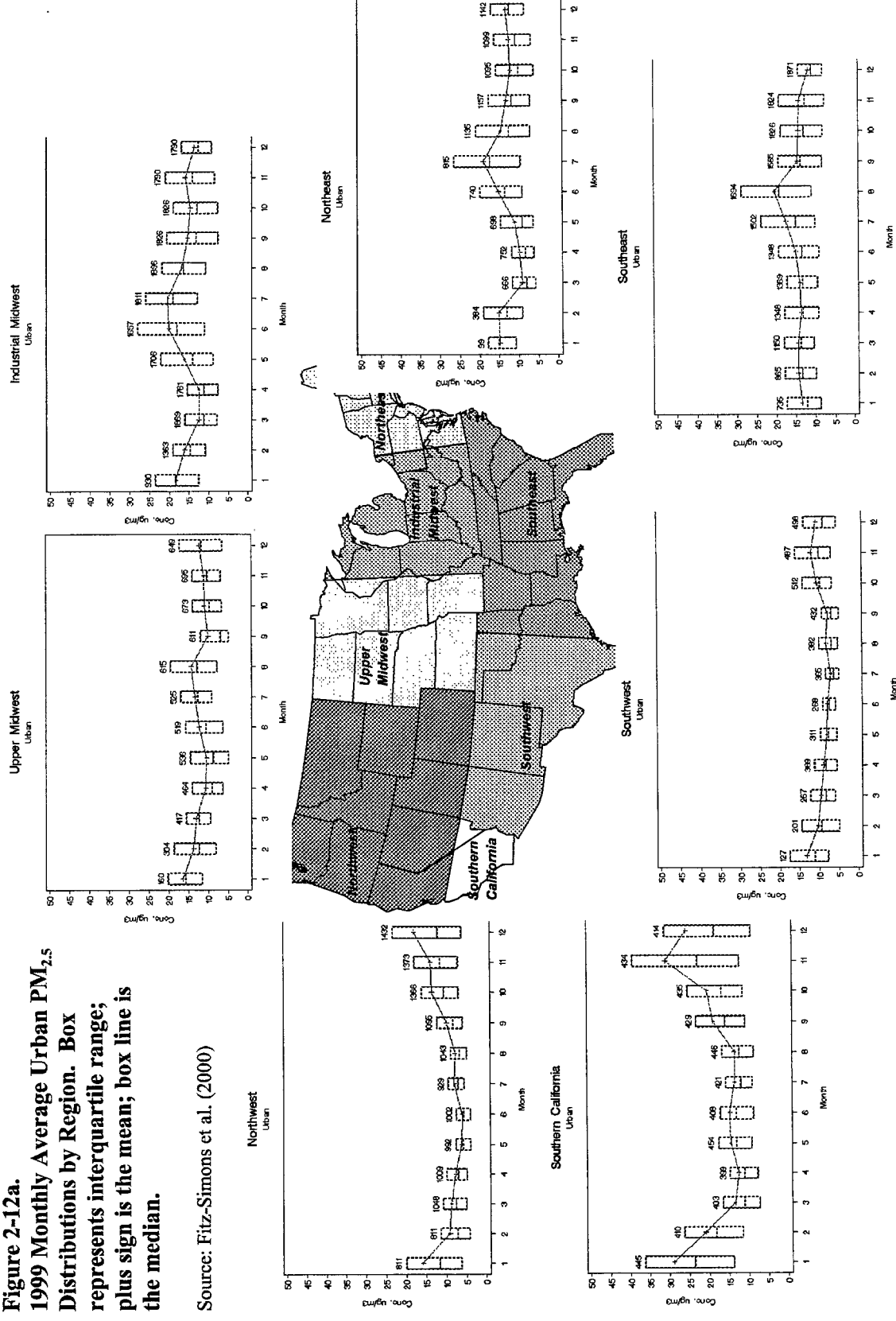


Figure 2-12b.
1999 Monthly Average Rural PM_{2.5}
Distributions by Region. Box
represents interquartile range; plus
sign is the mean; box line is the
median.

Source: Fitz-Simons et al. (2000)

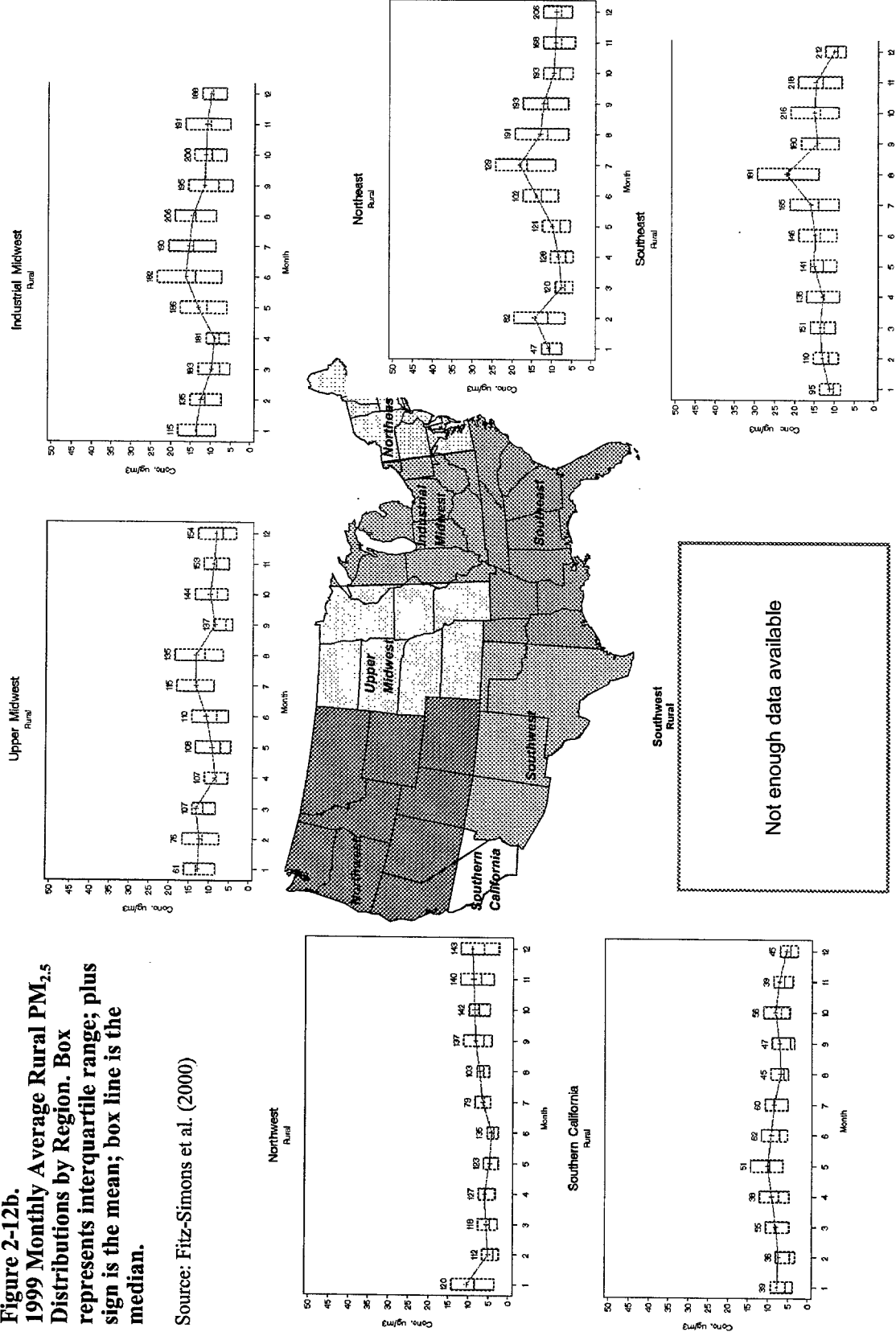
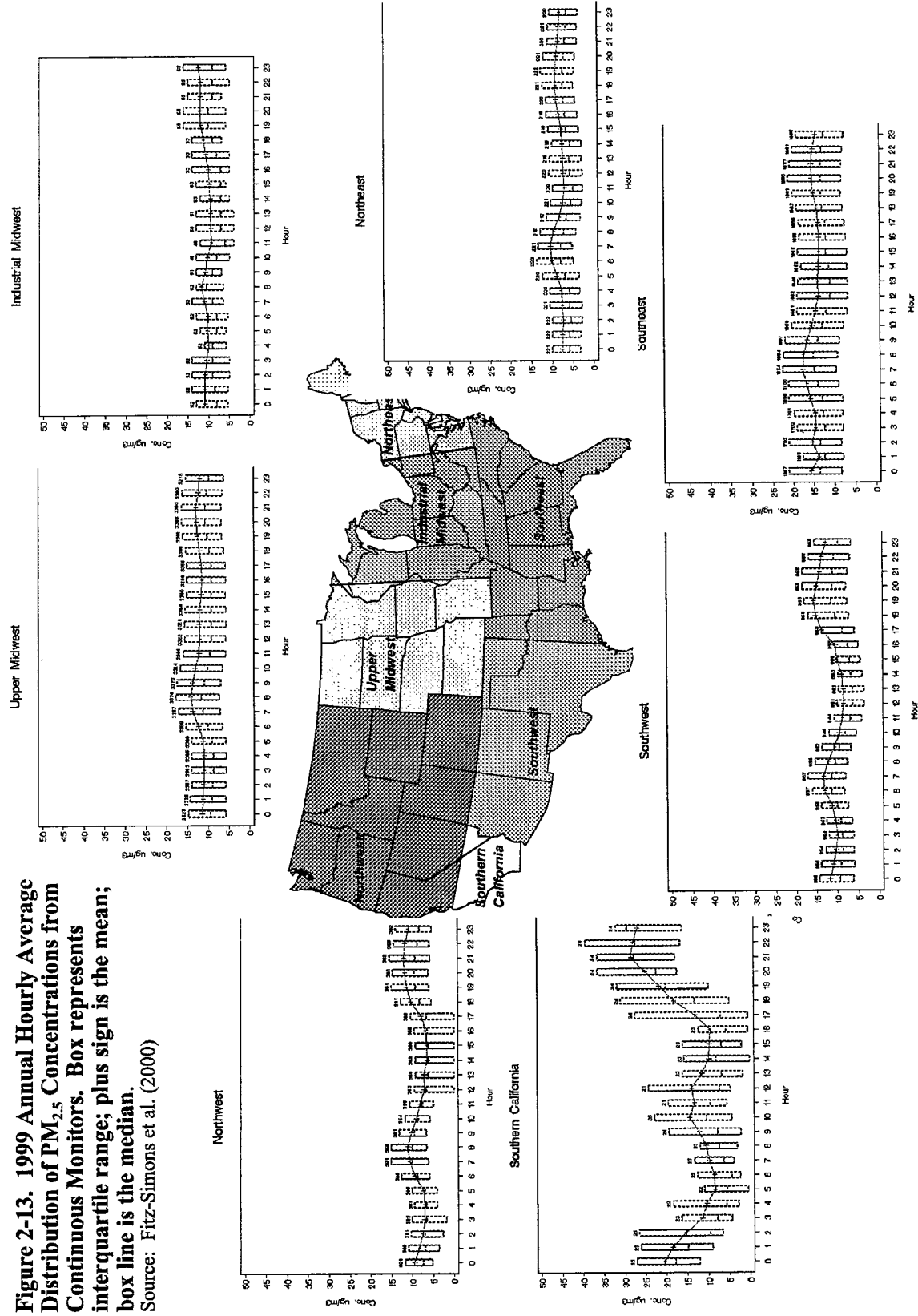


Figure 2-13. 1999 Annual Hourly Average Distribution of $PM_{2.5}$ Concentrations from Continuous Monitors. Box represents interquartile range; plus sign is the mean; box line is the median.
Source: Fitz-Simons et al. (2000)



1 starting around 6:00 p.m. However, there is significant variation in day-to-day profiles, as
2 suggested in the box plots by the relatively large ratio of the interquartile range to the median.
3 These cycles vary by location and by calendar quarter, and possibly by the type of monitor and
4 monitor operating procedures.

5 The continuous monitors also provide some insight into short-term (e.g., hourly) increases
6 in $PM_{2.5}$, which might be important to understanding associations between elevated PM levels and
7 adverse health effects. The 1999 data in Figure 2-14 show the distribution of increases from one
8 hour to the next in hourly average $PM_{2.5}$ concentrations. Typical increases (median) range from
9 $0.8 \mu g/m^3$ to $3.0 \mu g/m^3$, and more atypical increases (95th percentile) range from $4.0 \mu g/m^3$ to
10 $16.4 \mu g/m^3$. However, rare increases were observed to be an order of magnitude higher than this
11 range.

12 13 **2.5.2 Ultrafine Patterns**

14 Few U.S. studies have extensively examined diurnal or seasonal patterns for ultrafine
15 particles. At an urban site in Atlanta, Georgia, Woo et al. (2000) found that ultrafine particle
16 number concentrations tend to be higher on weekdays than on weekends. Concentrations of
17 particles in the range of 0.01 to $0.1 \mu m$ are higher at night than during the daytime, and tend to
18 reach their highest values during morning rush hour. Smaller particles in the range of 0.004 to
19 $0.01 \mu m$ were elevated during rush hour when temperatures were below $50^\circ F$. Several periods of
20 relatively high ultrafine particle levels were observed during the year-long study period from
21 August 1998 to August 1999, and SO_2 measurements show corresponding peaks during these
22 periods.

23 24 **2.6 PM BACKGROUND LEVELS**

25 For the purposes of this document, background PM is defined as the distribution of PM
26 concentrations that would be observed in the U.S. in the absence of anthropogenic, or man-made,
27 emissions of primary PM and precursor emissions of VOC, NO_x , SO_2 , and NH_3 in North America.
28 Thus, background includes PM from natural sources and transport of PM from outside of North
29 America. Estimating background concentrations is important for the health risk

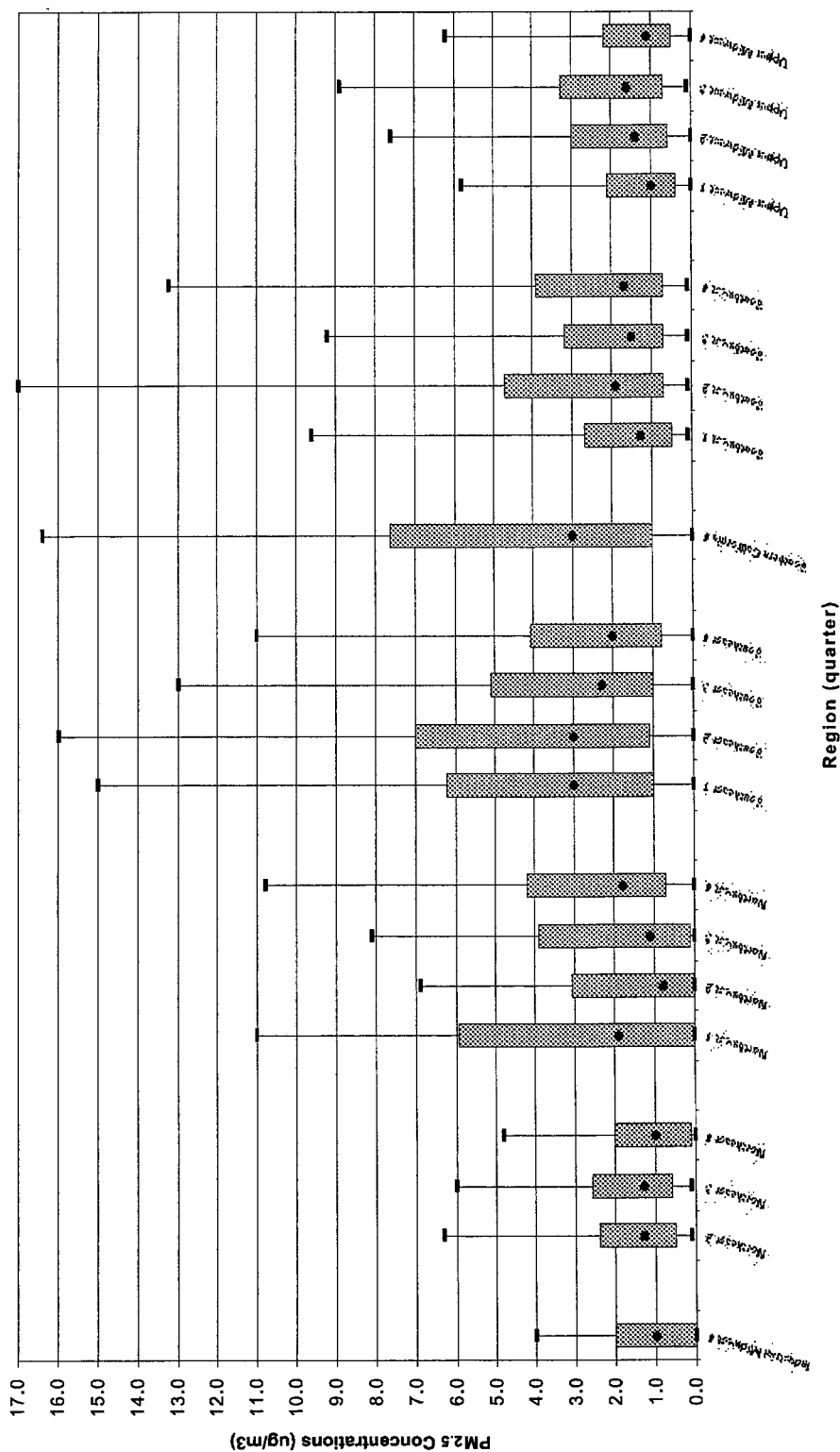


Figure 2-14. 1999 Quarterly Distribution of Hour-to-Hour Increases in Hourly Average PM_{2.5} Concentrations at Continuous Monitors. Bar represents interquartile range; whiskers represent 5th and 95th percentiles; black dot represents the median.

Source: Adapted from Fitz-Simons et al. (2000), Appendix N

analyses presented in Chapter 5 and the assessment of ecosystem and visibility effects in Chapter 7. The draft CD does not provide any new conclusions about background concentration levels. However, it does discuss the increasing recognition and understanding of the long-range transport of PM from outside the U.S.

Background levels of PM vary by geographic location and season, and have a natural component and a human-made (anthropogenic) component. The natural background arises from: (1) physical processes of the atmosphere that entrain small particles (e.g., crustal material, sea salt spray); (2) volcanic eruptions (e.g., sulfates); natural combustion such as wildfires (e.g., elemental and organic carbon, and inorganic and organic PM precursors); and (4) the activities of wild animals and plants (e.g., fine organic aerosols, inorganic and organic PM precursors). The exact magnitude of the natural portion of PM for a given geographic location can not be precisely determined because it is difficult to distinguish local sources of PM from the long-range transport of anthropogenic particles and precursors.

PM can be transported long distances from natural events occurring outside the continental United States (CD, p. 3-44). The occurrence and location of these long-range transport events are highly variable and their impacts on the United States are equally variable. Several recent studies have focused on identifying the origin, sources, and impacts of recent transnational transport events.

- The transport of PM from biomass burning in Central America and southern Mexico in 1998 has been shown to contribute to elevated PM levels in southern Texas and throughout the entire central and southeastern United States (CD, p. 3-45).
- Wildfires in the boreal forests of northwestern Canada may impact large portions of the eastern United States. Wotowa and Trainer (2000) estimate that a July 1995 Canadian wildfire episode resulted in excess PM_{2.5} concentrations ranging from 5 µg/m³ in the Southeast, to nearly 100 µg/m³ in the northern Plains States (CD, p. 3-47).
- Windblown dust from dust storms in the North African Sahara desert has been observed in satellite images as plumes crossing the Atlantic Ocean and reaching the southeast coast of the United States, primarily in Florida, and North African dust has also been tracked as far

- 1 as Illinois and Maine. These events have been estimated to contribute 6 to 11 $\mu\text{g}/\text{m}^3$ to 24-
- 2 hour average $\text{PM}_{2.5}$ levels during the events in affected areas (CD, p. 3-45).
- 3 • Dust transport from the deserts of Asia (e.g., Gobi, Taklimakan) across the Pacific Ocean to
- 4 the northwestern U.S. also occurs. Husar et al. (2000) report that the average PM_{10} level at
- 5 over 150 reporting stations throughout the northwestern U.S. was 65 $\mu\text{g}/\text{m}^3$ during an
- 6 episode in the last week in April 1998, compared to an average of about 20 $\mu\text{g}/\text{m}^3$ during
- 7 the rest of April and May (CD, p. 3-45).

8 The draft CD provides the broad estimates of annual average background PM levels shown

9 in Table 2-4. The lower bounds of the ranges are based on compilations of natural versus human-

10 made emissions levels, ambient measurements in remote areas, and regression studies using

11 human-made and/or natural tracers (NAPAP, 1991; Trijonis, 1982). The upper bounds are

12 derived from the multi-year annual averages of the "clean" remote monitoring sites in the

13 IMPROVE network (Malm et al., 1994). Since the IMPROVE data reflect the effects of

14 anthropogenic emissions from within North America, they provide conservative estimates of the

15 upper bounds. There is a definite geographic difference in background levels with lower levels in

16 the western U.S. and higher levels in the eastern U.S. The eastern U.S. is estimated to have more

17 natural organic fine-mode particles and more water associated with hygroscopic fine-mode

18 particles than the western U.S. due to generally higher humidity levels.

19

20 **Table 2-4. Estimated Range of Annual Average PM_{10} and $\text{PM}_{2.5}$**

21 **Regional Background Levels**

	Western U.S. ($\mu\text{g}/\text{m}^3$)	Eastern U.S. ($\mu\text{g}/\text{m}^3$)
23 PM_{10}	4 - 8	5 - 11
24 $\text{PM}_{2.5}$	1 - 4	2 - 5

25 Source: CD, p. 3-10

26

27 Over shorter periods of time (e.g., days or weeks), the range of expected background

28 concentrations is much broader. Specific natural events such as wildfires, volcanic eruptions, and

1 dust storms can lead to very high levels of PM comparable to, or greater than, those driven by
2 man-made emissions in polluted urban atmospheres.

3 4 **2.7 PM-RELATED SOURCE EMISSIONS AND TRENDS**

5 Insights into what is driving ambient levels of PM can be gained by examining the emissions
6 levels of pollutants that contribute to ambient PM. There is an indirect link between source
7 emissions and ambient concentrations of PM that is affected by complex atmospheric processes,
8 including gaseous chemical reactions and pollution transport.

9 EPA publishes estimates of annual source emissions of pollutants related to ambient criteria
10 pollutant concentrations. The most recent EPA report contains a national inventory of 1998
11 emissions (EPA, 2000a). National emissions estimates are uncertain, and there have been few
12 field studies to test emission inventories observationally. The draft CD concludes that
13 uncertainties in national emissions estimates could be as low as 10 percent for the best
14 characterized source categories (e.g., SO₂ from electric utilities), while emissions estimates from
15 fugitive dust sources should be regarded as order-of-magnitude (CD, p. 3-59). However, recent
16 advances in developing fugitive dust emission factors and emissions algorithms using those
17 factors, and a better understanding of the fate and transport characteristics of fugitive dust
18 emissions released at ground level will reduce the uncertainty of estimates now being developed.

19 20 **2.7.1 Primary PM Emissions**

21 Estimates of directly emitted, or primary, PM are dominated by fugitive dust emissions.
22 Fugitive dust sources include paved and unpaved road dust, dust from construction and
23 agricultural activities, and natural sources like geogenic wind erosion. The majority of directly
24 emitted PM is estimated to be coarse-mode crustal material. Though highly uncertain, estimates
25 of PM₁₀ fugitive dust-related emissions are more than 5 times higher than estimates of PM_{2.5}
26 fugitive dust-related emissions – 30.9 million short tons compared to 5.5 million short tons (EPA
27 2000a). Recent research has found that about 75 percent of these emissions are within 2 meters
28 of the ground at the point they are measured, and a significant portion are likely to be removed or
29 deposited within a few kilometers of their release point due to turbulence associated with surface

1 topography, or the presence of vegetation or structures (DRI, 2000). This is consistent with the
2 generally small amount of crustal material found in ambient samples in most locations. Estimated
3 annual emissions of directly emitted PM₁₀ and PM_{2.5} from the subset of non-fugitive sources in the
4 U.S. are summarized in Figure 2-15. The direct emissions profiles for both PM_{2.5} and PM₁₀ are
5 similar, with nearly half of emissions originating from stationary (point and area) source fuel
6 combustion and motor vehicles. A large portion is also attributed to a variety of area source
7 combustion processes, such as open burning. Area source emissions are often more difficult to
8 characterize and are more uncertain than point source emissions.

9 Because total direct emissions of PM are dominated by highly uncertain estimates for
10 fugitive dust sources, the long-term emissions trend for total PM is highly uncertain. Table 2-5
11 shows the 10 year change in primary PM emissions from the subset of non-fugitive dust sources
12 and from all sources. Direct PM₁₀ emissions from non-fugitive dust sources were estimated to
13 decline 15 percent from 1990 to 1998 due to reductions from diesel engines, residential wood
14 combustion, and assorted industrial processes, particularly in mineral processing industries. Over
15 the same period primary PM_{2.5} emissions from non-fugitive dust sources were estimated to decline
16 15 percent. However, not all categories of non-fugitive dust sources experienced declines.
17 Emissions of direct PM_{2.5} from coal-based fuel combustion at electric utilities, which comprise
18 nearly 5 percent of the non-fugitive dust total, increased by over 36 percent (EPA 2000a, Table
19 A-6). Due primarily to estimated increases in fugitive dust emissions, primary PM₁₀ and PM_{2.5}
20 emissions from all sources were estimated to increase by 16 percent and 5 percent respectively.

21 22 **2.7.2 PM Precursor Gas Emissions**

23 Major precursors of secondarily formed fine fraction particles include SO₂, nitrogen oxides
24 (NO_x), which encompasses NO and NO₂, and certain organic compounds. Figures 2-16 and 2-17
25 presents the relative contribution of various sources to nationwide SO₂, NO_x, VOC, and NH₃
26 emissions estimates. Fuel combustion in the electric utility and industrial sectors dominate
27 nationwide estimates of SO₂ emissions. Emissions from motor vehicles make up the greatest

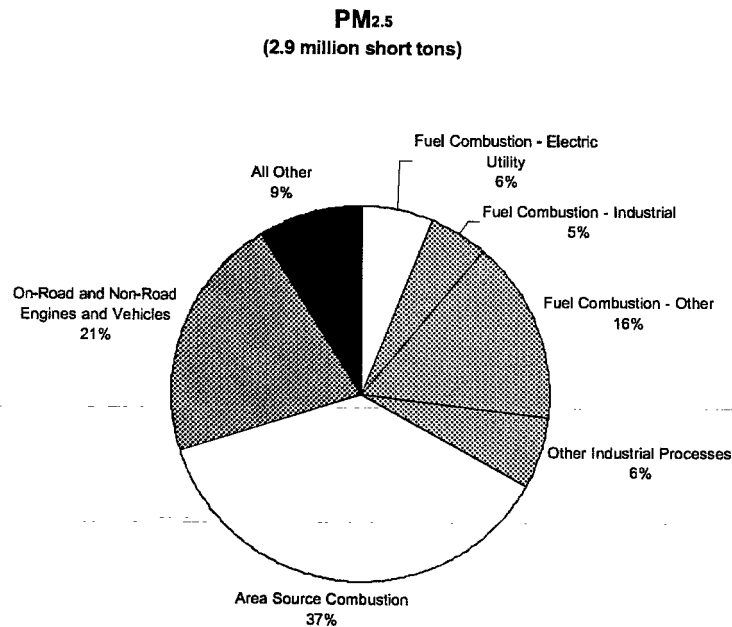
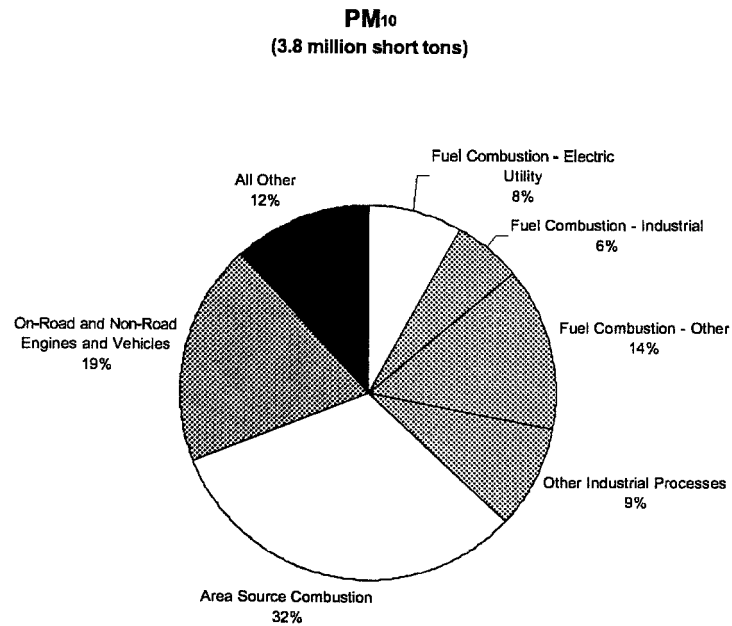


Figure 2-15. 1998 national direct emissions of PM by principal source categories for non-fugitive dust sources

Source: U.S. Environmental Protection Agency (2000a)

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Table 2-5. Nationwide Changes in Estimated Annual Emissions of Primary PM and Gaseous Precursors to Secondary PM, 1989 to 1998

	1990 Emissions (million short tons)	1998 Emissions (million short tons)	% Change 1990-1998
Primary PM ₁₀			
non-fugitive dust sources	4.5	3.8	-15%
all sources	30.0	34.7	16%
Primary PM _{2.5}			
non-fugitive dust sources	3.4	2.9	-15%
all sources	8.0	8.4	5%
SO ₂	23.7	19.6	-17%
NO _x	24.0	24.5	2%
VOC	20.9	17.9	-14%
NH ₃	4.3	4.9	14%

Source: Environmental Protection Agency (2000a), Tables A-2 through A-8

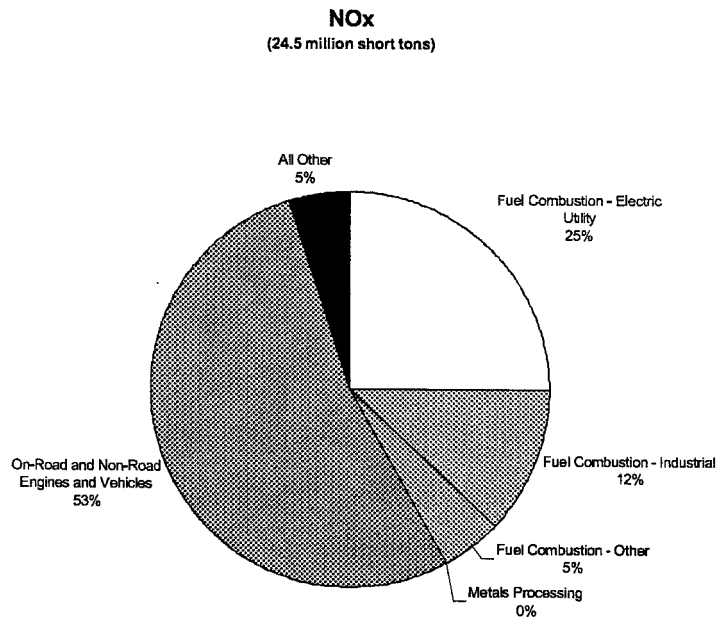
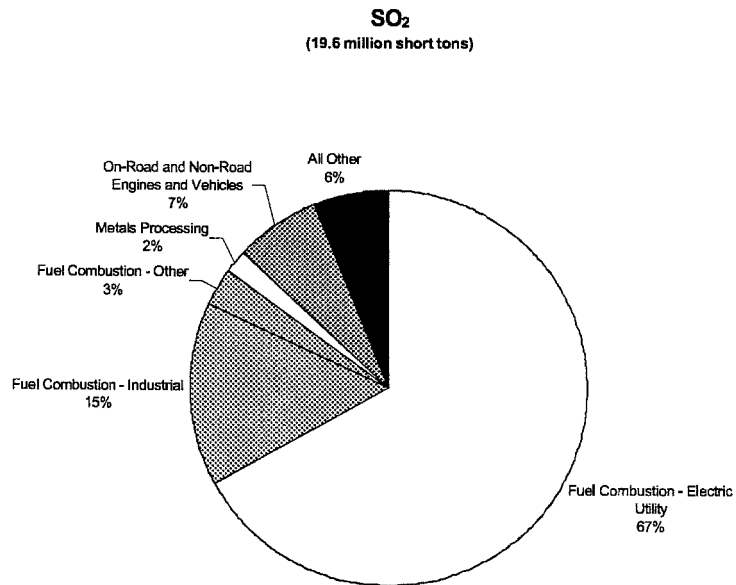


Figure 2-16. 1998 nationwide emissions of SO₂ and NO_x by principal source categories

Source: U.S. Environment Protection Agency (2000a)

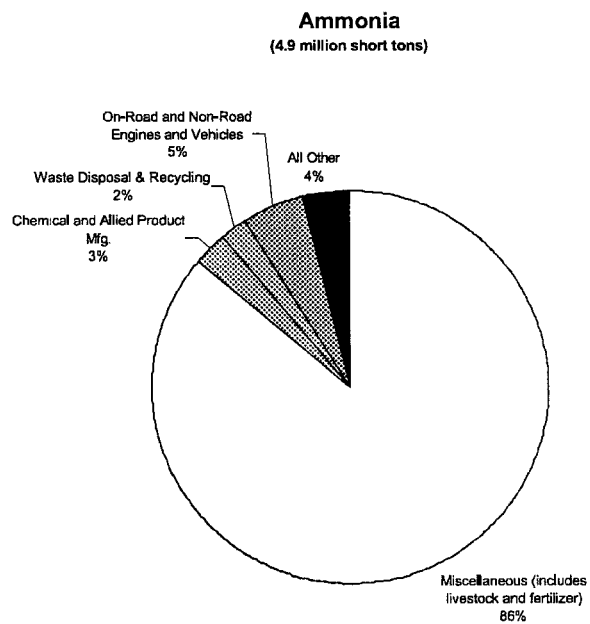
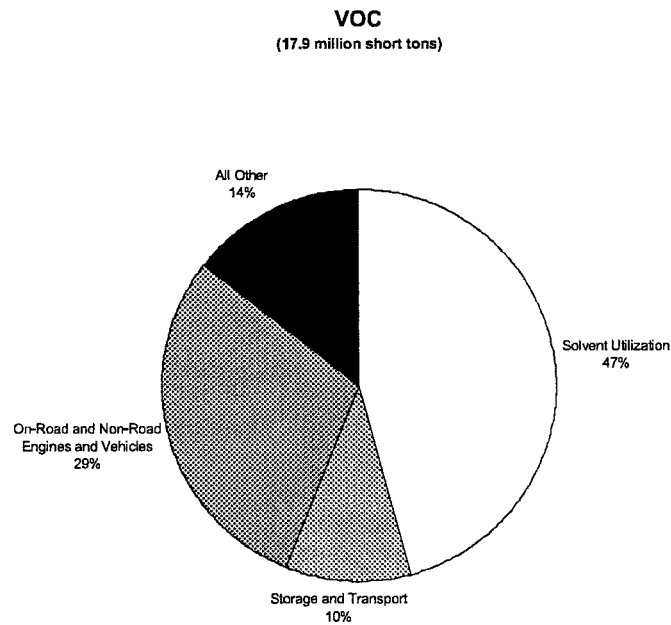


Figure 2-17. 1998 nationwide emissions of VOC and Ammonia by principal source categories

Source: U.S. Environmental Protection Agency (2000a)

1 portion of nationwide NO_x emissions. Motor vehicle emissions also comprise a substantial
2 portion of nationwide VOC emissions, though the greatest contribution comes from the use of
3 various solvents. The vast majority of nationwide NH₃ emissions are estimated to come from
4 livestock operations and fertilizer application, but in urban areas there is a significant contribution
5 from light-duty cars and trucks, as well as certain industrial processes.

6 The relationship between changes in precursor emissions and resulting changes in ambient
7 PM_{2.5} is nonlinear. Thus, it is difficult to project the impact on PM_{2.5} arising from expected
8 changes in PM precursor emissions without air quality simulation models that incorporate
9 treatment of complex chemical transformation processes. While generally SO₂ emissions
10 reductions lead to reductions in sulfate aerosol, and NO_x emissions reductions lead to reductions
11 in nitrate aerosol, the direction and extent of changes will vary by location and season, depending
12 on fluctuations in NH₃ emissions and changes in prevailing meteorology and photochemistry.

13 Table 2-5 shows the 10-year change in estimated national annual PM precursor emissions.
14 Reductions in SO₂ emissions have occurred largely because of CAA programs such as SO₂
15 NAAQS implementation, the Acid Deposition Program, the prevention of significant deterioration
16 (PSD) program, and the new source performance standards (NSPS) program. Despite significant
17 economic growth, NO_x emissions increases have been limited due to PSD, NSPS, the Acid
18 Deposition Program, and mobile source control programs. Future reductions in NO_x are
19 projected for the eastern U.S. from electric utilities as a result of both the Acid Deposition
20 Program and ozone NAAQS implementation. Also, substantial NO_x controls will also be required
21 from motor vehicles in the form of new "Tier 2" standards for light-duty highway vehicles, and
22 new standards for heavy-duty (mostly diesel) highway vehicles. EPA estimates that VOC
23 emissions have declined about 20 percent from 1989 to 1998 due to ozone-related programs and
24 tighter motor vehicle standards. NH₃ emissions were estimated to increase 14 percent due
25 primarily to motor vehicles, fertilizer application and livestock operations.

2.8 RELATIONSHIP BETWEEN HUMAN EXPOSURE TO AMBIENT PM AND CENTRAL MONITOR MEASUREMENTS OF PM

The statutory focus of the primary PM NAAQS is on providing protection from adverse effects to public health associated with the presence of PM in the *ambient* air – that is, the focus is on particles that are emitted by sources to the outdoors (i.e., ambient PM). An understanding of human exposure to ambient PM helps inform the evaluation of underlying assumptions and interpretation of results of epidemiological studies that characterize relationships between monitored ambient PM concentrations and observed health effects (discussed in Chapter 3). Further, epidemiological studies of long term exposure raise more complex issues, which are noted in Chapter 3.

An important exposure-related issue for this PM NAAQS review is the characterization of the relationships between ambient fixed-site PM concentrations and personal exposure to ambient PM, as characterized by particle size, composition, or other factors. The focus here is on particle size distinctions; the draft CD in Section 5.5 discusses in more detail the exposure relationships related to compositional differences. Information on the type and strength of these relationships, discussed below, is relevant to the evaluation and interpretation of associations found in epidemiological studies using ambient PM concentrations as a surrogate for exposure.¹²

2.8.1 Definitions

An individual's exposure to PM results from breathing air containing PM in different types of microenvironments (e.g., outdoors near home, outdoors away from home, indoors at home, indoors at office or school, commuting, restaurants, malls, other public places, etc.) These microenvironments may have different concentrations of PM with particles originating from a wide variety of sources. Exposure is defined as the contact by an individual with a pollutant for a specific duration of time at a visible external boundary (CD, p. 5-1). Average exposure of an individual to PM, averaged over any given time period of length T, can further be expressed as $E = \sum C_i t_i / T$, the sum of the concentration (C_i) of PM in each microenvironment a person spends his or

¹² Consideration of exposure measurement error and the effects of exposure misclassification on the interpretation of the epidemiological studies are addressed in Chapter 3.

her time in during the course of a day, times the time (t_i) spent in each microenvironment, divided by the total time (T) in all of the microenvironments. Total exposure to an individual is $C_i t_i$, the sum of all exposures during the period T.

As discussed in Section 2.7, outdoor concentrations of PM are the result of anthropogenic and natural emissions sources of PM, and are affected by meteorology, atmospheric chemistry, and removal processes. Indoor concentrations of PM are affected by several factors, including ambient outdoor concentrations and processes that result in infiltration of ambient PM into building (e.g., indoor/outdoor air exchange, particle penetration across the building envelope), indoor sources of PM, aerosol dynamics and indoor chemistry, and removal mechanisms such as particle deposition, exfiltration, and air-conditioning and air cleaning devices (CD, p. 5-96).

Concentrations of PM inside vehicles are subject to essentially the same factors as indoor concentrations of PM inside the buildings. Total personal exposure to PM has an additional component, the personal cloud, which results specifically from the activities of an individual that typically generate particles affecting only the individual or a small localized area surrounding the person (e.g., walking on a carpet). Personal cloud is assumed to be predominantly due to non-ambient PM sources.

In characterizing human exposure to PM concentrations relevant to the NAAQS, the draft CD conceptually separates *total exposure* to PM into exposure to *ambient*¹³ PM (*ambient exposure*) and exposure to all other sources of PM (*non-ambient exposure*). The draft CD describes PM according to both the source (i.e., ambient or non-ambient) and the microenvironments where the exposure occurs (e.g., outdoors near home, indoors in various rooms, within vehicles). Ambient PM can be differentiated as *ambient-outdoor PM*, outdoor concentrations of ambient PM generally measured at a centrally located fixed site or at specific outdoor locations, including outdoors near home, offices, etc. and *ambient-indoor PM*, ambient PM that has penetrated indoors, entering buildings by infiltration (e.g., through cracks) and bulk flow (e.g., through open windows). *Non-ambient PM* is comprised of PM generated from indoor

¹³ Ambient PM includes not only emissions that are generated outdoors, but also emissions generated indoors and directly vented to the outdoors, such as emissions from wood-stoves, fire places, and some manufacturing processes.

1 sources and the indoor personal cloud. *Indoor-generated* PM is that which is due to indoor
2 sources of particles, which include smoking, cooking, other sources of combustion, cleaning,
3 resuspension, mechanical processes, and chemical reactions. Thus, *indoor PM* is the
4 concentration of PM indoors, and includes ambient-indoor PM, indoor-generated PM, and the
5 personal cloud.

6 7 **2.8.2 Ambient Concentration as a Surrogate for Particle Exposure**

8 The 1996 Criteria Document (EPA, 1996a) presented a thorough review of PM exposure-
9 related studies up to that time. The previous Staff Paper (EPA, 1996b) drew upon the studies,
10 analyses, and conclusions presented in the 1996 Criteria Document and discussed two
11 interconnected PM exposure issues: (1) the ability of central fixed-site PM monitors to represent
12 population exposure to ambient PM, and (2) how differences between fine and coarse mode
13 particles affect population exposures. Distinctions between PM size classes and components were
14 found to be important considerations in addressing representativeness of central monitors. For
15 example, fine-mode particles have a longer residence time and are more uniformly distributed in
16 the atmosphere than coarse-mode particles. The 1996 Staff Paper (EPA, 1996b) concluded that
17 central measurements of daily variations of PM have a plausible linkage to daily variations of
18 human exposures to ambient PM, that this linkage is stronger for fine-mode particles than for
19 coarse-mode or fine-mode plus coarse-mode particles, and within the fine mode stronger for
20 sulfates than for H⁺. The 1996 Staff Paper further concluded that “central monitoring can be a
21 useful, if imprecise, index for representing the average exposure of people in a community to PM
22 of outdoor origin.” (EPA, 1996b, p. IV-15,16).

23 Exposure studies published since 1996 and reanalyses of studies that appeared in the 1996
24 Criteria Document are reviewed in the draft CD, and provide additional support for the findings
25 made in the 1996 Criteria Document and 1996 Staff Paper. As discussed in the draft CD (CD, p.
26 9-24, 25) and in the discussion that follows, an individual’s total personal exposure to PM
27 generally differs from the ambient concentration measured at the central site monitor because of:
28 (1) spatial differences in ambient PM concentrations across a city or region; (2) generally only a
29 fraction of the ambient PM penetrates to indoor or in-vehicle microenvironments; and (3) a

1 variety of indoor sources that produce predominantly ultrafine and coarse-mode particles will
2 contribute to total personal exposure. Thus, the amount of time spent outdoors, indoors, and in
3 vehicles and the types of activities engaged in (e.g., smoking, cooking, vacuuming) also will
4 heavily influence personal exposure to PM.

5 With regard to the first factor that influences the relationship between total personal
6 exposure and concentrations measured at central site monitors, fine-mode particles are more likely
7 to be more uniformly dispersed across urban scales than coarse-mode particles. Analyses of 1999
8 PM_{2.5} FRM monitoring data from four large metropolitan areas indicates that, in general, multiple
9 sites in these urban areas are highly correlated throughout the year, although there are exceptions
10 to this rule (CD, p. 3-57). It is likely that PM_{2.5} concentrations are distributed evenly enough so
11 that one site, or the average of several sites, provides an adequate measure of the community
12 average concentration for PM_{2.5}. Where PM_{2.5} is a major fraction of PM₁₀ this may also be true
13 for PM₁₀, in other cases, however, there is the potential for large PM₁₀ spatial variability in some
14 communities. In some instances the average ambient concentration and the average exposure to
15 ambient PM may differ, but the levels tend to move up and down together. The draft CD
16 acknowledges that this spatial uniformity may not be the case for PM_{10-2.5}, for specific chemical
17 components, or for sites located near sources (CD, p. 9-24). At this time there are not sufficient
18 data to assess the spatial variability of ultrafine PM or PM components, except for sulfate, which
19 tends to be regionally uniformly distributed (CD, p. 5-97).

20 The second factor influencing the relationship between ambient PM concentrations and total
21 personal exposure to PM is the extent to which ambient PM penetrates indoors and remains
22 suspended in the air. PM penetration is heavily dependent on the air exchange rate, and also on
23 penetration efficiency and deposition or removal rate, both of which vary with particle
24 aerodynamic size. Air exchange rates (the rates at which the indoor air in a building is replaced by
25 outdoor air) are influenced by building structure, the use of air conditioning and heating, opening
26 and closing of doors and windows, and meteorological factors (e.g., difference in temperature
27 between indoors and outdoors). Based on physical mass-balance considerations, usually the
28 higher the air exchange rate the greater the personal exposure to ambient PM in the indoor and in-
29 vehicle microenvironments. Rates of infiltration of outdoor PM into homes are higher for PM₁
30 and PM_{2.5} than for PM₁₀, PM_{10-2.5}, or ultrafine particles (CD, p. 5-97). Since PM_{10-2.5} infiltrates

1 indoors less readily than $PM_{2.5}$ and settles out more rapidly than $PM_{2.5}$, the ambient
2 indoor/outdoor concentration ratios for $PM_{10-2.5}$ are smaller than for $PM_{2.5}$. These considerations
3 suggest that central-site ambient measurements are expected to be more representative of ambient
4 $PM_{2.5}$ personal exposure than ambient PM_{10} or $PM_{10-2.5}$ exposures.

5 The third factor influencing the relationship between ambient concentrations and total
6 personal exposure is the contribution of indoor sources to total personal exposure. Several
7 studies have shown that the contribution of indoor sources to total personal exposure is
8 independent of ambient PM. Indoor PM concentrations are often higher than outdoor
9 concentrations due to the additional PM generated from indoor sources. Indoor sources such as
10 cooking, and smoking generate fine-mode particles, and dusting, vacuuming, and resuspension
11 generate coarse-mode particles. Indoor sources tend to produce coarse-mode and nuclei-mode
12 particles more than accumulation-mode particles (CD, p. 9-25).

13 An important finding is that ambient PM concentrations have been demonstrated to be
14 correlated with ambient exposure but independent of nonambient exposure (CD, p. 5-99). This is
15 illustrated in Figures 2-18a,b,c, which show the empirical relationships between ambient PM_{10}
16 concentrations and (a) total exposure, (b) ambient exposure, and (c) nonambient exposure. The
17 data for these figures are from the PTEAM study¹⁴, which was considered in the previous PM
18 NAAQS review (EPA, 1996a, p. 7-24, 7-88) and has provided more data than any other study for
19 this type of analysis. The regression figures were developed according to models described in
20 Mage et al. (1999) and Wilson et al. (2000) and used parameters estimated by Özkaynak et al.,
21 1996a. Figure 2-18(a) shows the weak relationship between total personal exposure and ambient
22 concentrations. Figure 2-18(b) shows that ambient exposure and ambient concentrations are well
23 correlated (correlation 0.86). Figure 2-18(c) illustrates the independence of nonambient exposure
24 and ambient concentrations and also the high variability of nonambient exposure due to
25 differences found in indoor sources across the study homes.

¹⁴ EPA's Particle Total Exposure Assessment Methodology (PTEAM) field study (Clayton et al., 1993; Özkaynak et al., 1996a;b) is one of only two large-scale probability sample based field studies conducted in the U.S. or Canada. The study measured indoor, outdoor, personal PM, the air exchange rate for each home, and time spent in various indoor residential and outdoor microenvironments for 147 subjects/households, 12-hr time periods in Riverside, California.

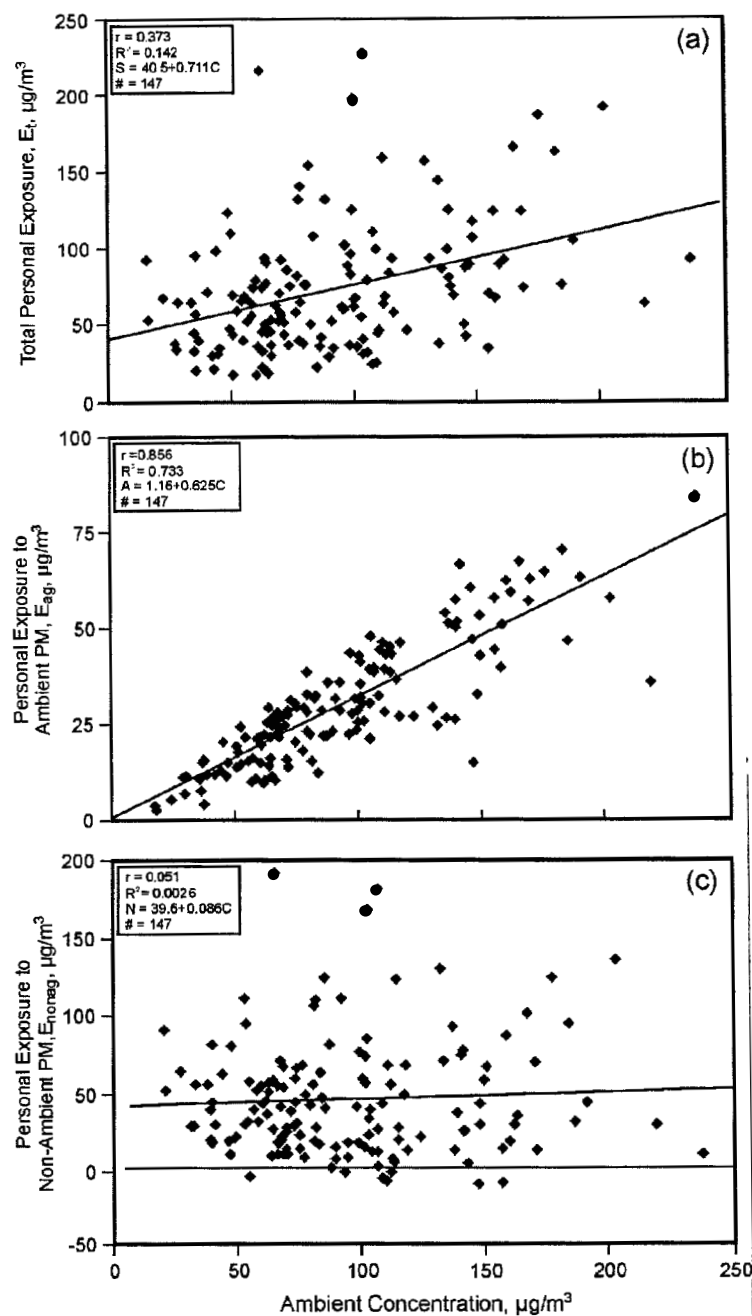


Figure 2-18. Regression analyses of aspects of daytime personal exposure to PM_{10} estimated using data from the PTEAM study. (a) Total personal exposure to PM regressed on ambient concentration, C_a . (b) Personal exposure to ambient PM regressed on C_a . (c) Personal exposure to nonambient PM regressed on C_a .

Source: Draft CD (EPA, 2000a). Data from Clayton et al. (1993).

1 Cross-sectional correlations were reported to be near zero in some exposure studies
2 comparing ambient PM concentrations and total personal exposure to PM across different
3 individuals for the same day. Poor correlations that were found were mainly due to the fact that
4 some subjects lived in homes with low or relatively constant indoor sources and others had many
5 different types of indoor sources. The indoor-generated concentrations are essentially considered
6 a source of random measurement noise on top of the more predictable relationship between
7 ambient PM and exposure to ambient PM. When short-term fluctuations of indoor-generated PM
8 are minimized by taking daily averages and following specific individuals over time (i.e., a
9 longitudinal correlation), the reported correlations between ambient PM and exposure to ambient
10 PM become much stronger. This is probably because the non-ambient contribution for any given
11 individual tends to remain fairly similar over time (e.g., people living with a smoker or using a
12 wood stove in the winter).

13 Furthermore, studies with subjects experiencing small indoor source contributions to their
14 personal exposures (e.g. the elderly in retirement homes), such that total exposure is mostly from
15 ambient PM, generally exhibit both high cross-sectional and high longitudinal correlations
16 between total personal exposure and ambient PM. Correlations between personal and ambient
17 measurements of PM, using a predominantly outdoor component of PM, have shown that indeed
18 the correlations can be quite high when indoor generated PM mass contributions are excluded. In
19 particular, central-site measurements of sulfate (which is primarily fine-mode PM) have also been
20 found to be highly correlated with total personal exposure to sulfate (CD, p. 5-97).

21 The draft CD discusses the finding by some researchers that epidemiology yields statistically
22 significant associations between ambient concentrations and health effects even though there is a
23 near zero correlation between ambient concentrations and [total] personal exposures in many
24 studies (CD, p. 9-85, 86). This has been described by some exposure analysts as an “exposure
25 paradox.” The explanation of this seemingly counterintuitive finding is that, as discussed above,
26 total personal exposure includes both ambient and non-ambient generated components. However,
27 community time series epidemiology only addresses the ambient component of exposure. Thus,
28 the appropriate correlation to focus on, for these types of epidemiologic studies, is the correlation
29 between ambient concentration as measured at a central-site monitor or average of several

monitors and personal exposure to ambient PM. Also, the appropriate correlation (of ambient concentrations and exposure to ambient PM) is not the pooled correlation of different days and different people, but rather the correlation between daily ambient concentrations and community average daily personal exposure to ambient PM. Based on the review of the available exposure-related studies, the draft CD concludes that for time-series epidemiology, ambient PM concentrations are a useful surrogate for exposure to ambient PM (CD, p. 9-86).

2.9 OPTICAL AND RADIATIVE PROPERTIES OF PARTICLES

By scattering and absorbing electromagnetic radiation, ambient particles can impair visibility, affect the amount of ultraviolet radiation that reaches the earth, and affect global climate processes. Electromagnetic radiation is emitted by the sun at ultraviolet (0.015 to 0.4 μm) and visible (0.4 to 0.8 μm) wavelengths, and by the earth at infrared (0.75 to 1000 μm) wavelengths. The effects of ambient particles on the transmission of these segments of the electromagnetic spectrum depend on the radiative properties of the particles, which in turn are dependent on the size and shape of the particles, their composition, the distribution of components within individual particles, and on their vertical and horizontal distribution in the lower atmosphere. In general, radiative effects of particles tend to be at their maximum when the particle radius is similar to the wavelength of the incident radiation (CD, p. 4-129).

2.9.1 PM Properties Affecting Visibility

Visibility is affected by scattering and absorption of light in visible wavelengths by particles and gases in the atmosphere (CD, p. 4-88). The efficiency of particles in causing visibility impairment depends on particle size, shape, and composition. Fine-mode particles, especially those in the accumulation mode, are generally most effective in impairing visibility. The fine-mode particle components principally responsible for visibility impairment are sulfates, nitrates, organic matter, elemental carbon, and soil dust. All such particles scatter light to some degree, but only elemental carbon plays a significant role in light absorption. Since elemental carbon, which is a product of incomplete combustion from activities such as the burning of wood or diesel

1 fuel, is a relatively small component of PM in most areas, impairment is generally dominated by
2 scattering rather than absorption.

3 Because humidity causes hygroscopic particles to grow in size, humidity plays a significant
4 role in particle-related impairment. The amount of increase in particle size with increasing relative
5 humidity depends on particle composition (CD, p. 4-91). Humidity-related particle growth is a
6 more important factor in the eastern U.S., where annual average relative humidity levels are 70 to
7 80 percent compared to 50 to 60 percent in the western U.S. Due to relative humidity
8 differences, the same ambient mass concentration of particles would likely cause greater visibility
9 impairment in an eastern location than a western one.

11 **2.9.2 PM Properties Affecting Transmission of Ultraviolet Radiation**

12 The transmission of solar radiation in the ultraviolet (UV) range through the earth's
13 atmosphere is affected by ozone, clouds and particles. Of particular interest is the effect of
14 particles on radiation in the ultraviolet-B (UV-B) range (generally from 0.280 to 0.320 μm),
15 which has been associated with various biological effects. Relative to ozone, the effects of
16 ambient particles on the transmission of UV-B radiation are more complex (CD, p. 4-134). The
17 draft CD notes that even the sign of the effect can reverse as the composition of the particle mix
18 in an air mass changes from scattering to absorbing types (e.g., from sulfate to elemental carbon
19 and/or PAH's), and that there is an interaction in the radiative effects of scattering particles and
20 absorbing molecules, such as ozone, in the lower atmosphere.

21 The effects of particles in the lower atmosphere on the transmission of solar UV-B radiation
22 have been examined both by field measurements and by radiative transfer model calculations (CD,
23 pp. 4-134 to 4-137). The draft CD cites several studies that reinforce the idea that particles can
24 play an important role in modulating the attenuation of solar UV-B radiation, although none
25 included measurements of ambient PM concentrations, so that direct relationships between PM
26 levels and UV-B radiation transmission could not be determined. While ambient particles are
27 generally expected to decrease the flux of solar UV-B radiation reaching the surface, any
28 comprehensive assessment of the radiative effects of particles would be location-specific and
29 complicated by the role of particles in photochemical activity in the lower atmosphere. Whether

1 the photochemical production of ozone is enhanced, neutralized, or even reversed by the presence
2 of ambient particles will be location-specific and dependent on particle composition. Also
3 complicating any assessment of solar UV-B radiation penetration to specific areas of the earth's
4 surface are the influences of clouds, which in turn are affected by the presence of ambient
5 particles. The available studies, conducted in diverse locations around the world, demonstrate
6 that relationships between particles and solar UV-B radiation transmission can vary considerably
7 over location, conditions, and time.

9 **2.9.3 PM Properties Affecting Climate**

10 The effects of PM on the transfer of radiation in the visible and infrared spectral regions also
11 play a role in global or regional climate. Particles can have both direct and indirect effects on
12 climatic processes. The direct effects are the result of the same physical processes responsible for
13 visibility degradation, namely scattering and absorption (CD, p. 4-152). However, while visibility
14 impairment is caused by particle scattering in all directions, climate effects result mainly from
15 scattering light back toward its source. This reflection of solar radiation back to space decreases
16 the transmission of visible radiation to the surface and results in a decrease in the heating rate of
17 the surface and the lower atmosphere. At the same time, absorption of either incoming solar
18 radiation or outgoing terrestrial radiation by particles, primarily organic carbon, results in an
19 increase in the heating rate of the lower atmosphere.

20 The extent to which ambient particles scatter and absorb radiation is highly dependent on
21 their composition and optical properties and on the wavelength of the radiation. For example,
22 sulfate and nitrate particles effectively scatter solar radiation, and they weakly absorb infrared, but
23 not visible, radiation. The effects of mineral dust particles are complex; they weakly absorb
24 radiation, but their overall effect depends on particle size and reflectivity, and they contribute to
25 atmospheric warming by absorbing infrared radiation. Organic carbon particles mainly reflect
26 radiation, whereas elemental carbon and other black carbon particles (e.g., some PAH's) strongly
27 absorb radiation; however, the optical properties of carbonaceous particles are modified if they
28 become coated with water or sulfuric acid. Upon being deposited onto surfaces, particles can also

1 either absorb or reflect radiation depending in part on the relative reflectivity of the particles and
2 the surfaces on which they are deposited.

3 In addition to these direct effects, particles can also have an indirect effect on climate. For
4 example, sulfate particles can serve as condensation nuclei which alter the size distribution of
5 cloud droplets by producing more droplets with smaller sizes (CD, p. 4-153). Because the total
6 surface area of the cloud droplets is increased, the amount of solar radiation that clouds reflect
7 back to space is increased. Also, smaller cloud droplets have a lower probability of precipitating,
8 causing them to have longer atmospheric lifetimes.

9 The overall radiative effects of particles, both direct and indirect, are not the simple sum of
10 effects caused by individual classes of particles because of interactions between particles and other
11 atmospheric gases. As discussed in Section 4.5.2.2 of the draft CD, the effects of sulfate particles
12 have been the most widely considered, with globally averaged effects of sulfate particles generally
13 estimated to have partially offset the warming effects caused by increases in greenhouse gases.
14 On the other hand, global-scale modeling of mineral dust particles has found that even the sign as
15 well as the magnitude of effects depends on the vertical distribution and effective particle radius.

16 In general, the draft CD makes clear that the effects of PM on climate are complex and not
17 well understood. In general, on a global scale atmospheric particles likely exert an overall net
18 effect of slowing atmospheric warming. However, deviations from global mean values can be
19 very large even on a regional scale, with any estimation of more localized effects introducing even
20 greater complexity. The draft CD concludes that any estimate of the net effect on global climatic
21 processes, and regional or local meteorology and consequent human health or environmental
22 effects, due to location-specific changes in emissions of particles or their precursors would be
23 highly uncertain (CD, p. 4-155).

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3. CHARACTERIZATION OF PM-RELATED HEALTH EFFECTS

3.1 INTRODUCTION

This chapter summarizes key information relevant to assessment of the known and potential health effects associated with exposure to ambient PM, alone and in combination with other pollutants that are routinely present in ambient air. A comprehensive discussion of this information, focusing on the new scientific information available since the last review, can be found in Chapters 6 - 9 of the draft CD, with Chapter 9 drawing upon the new information to update the integrated assessment provided in the 1996 PM CD.

The presentation here organizes the key health effects information into those elements essential for the evaluation of current and alternative standards for PM. Drawing primarily upon the epidemiological, toxicological, dosimetry, and exposure-related information in the draft CD, this chapter summarizes: (1) information and hypotheses regarding mechanisms by which particles that penetrate to and deposit in various regions of the respiratory tract may exert effects; (2) the nature of effects that have been associated with ambient PM, with a focus on fine- and coarse-fraction PM; (3) the identification of sensitive populations that appear to be at greater risk to the effects of ambient PM; and (4) issues related to interpretation and evaluation of the health effects evidence, including discussion of the role of co-pollutants, evidence for effects of various PM components, and issues regarding assessment of epidemiological evidence. Staff conclusions and recommendations related to primary standards for PM will be incorporated into Chapter 6 of a subsequent draft of this Staff Paper.

In the last review, a variety of health effects had been associated with ambient PM at concentrations extending from those found in the historic London episodes down to levels below the 1987 PM₁₀ standards. Of particular importance from the last review were the conclusions that (1) ambient particles smaller than 10 µm that penetrate into the thoracic region of the respiratory tract remain of greatest concern to health, (2) the fine and coarse fractions of PM₁₀ should be considered separately for the purposes of setting ambient air quality standards, and (3) the consistency and coherence of the health effects evidence greatly adds to the strength and plausibility of the observed PM associations. Important uncertainties remained, however, such as

1 issues related to interpreting the role of gaseous co-pollutants in PM associations with health
2 effects, and the lack of accepted biological mechanisms that could explain observed effects.

3 An unprecedented number of new studies containing further evidence of serious health
4 effects have been published since the last review, with important new information coming from
5 epidemiological, toxicological, controlled human exposure, and dosimetry studies. For example,
6 important new epidemiological studies include:

- 7 • Multi-city studies that use uniform methodologies to investigate the effects of PM on
8 health with data from multiple locations with varying climate and air pollution mixes,
9 contributing to increased understanding of the role of various confounders, including
10 gaseous co-pollutants, on observed PM associations.
- 11
- 12 • Several studies evaluating independent associations between effects and fine- and coarse-
13 fraction particles, as well as specific components (e.g., ultrafines, crustal¹ particles).
- 14
- 15 • New analyses and approaches to addressing issues related to confounders, possible effects
16 thresholds, and measurement error and exposure misclassification.
- 17 • Studies presenting new factor analysis methods to evaluate health effects associated with
18 different PM source types.
- 19

20 Important new toxicological, controlled human exposure, and dosimetry studies include, for
21 example:

- 22 • Animal and controlled human exposure studies using concentrated ambient particles
23 (CAPs), new indicators of response (e.g., heart rate variability), as well as animal models
24 representing sensitive subpopulations, that are relevant to the plausibility of the
25 epidemiological evidence and provide insights into potential mechanisms for PM-related
26 effects.
- 27
- 28 • Dosimetry studies using new modeling methods and controlled exposures that provide
29 increased understanding of the dosimetry of different particle size classes and in members
30 of potentially sensitive subpopulations, such as people with chronic respiratory disease.
- 31

32 Based on an evaluation of the new evidence and consideration of possible alternative
33 explanations for the reported PM effects, the draft CD concludes that fine- and coarse-fraction

¹ “Crustal” is used here to describe particles of geologic origin, which can be found in both fine- and coarse-fraction PM.

1 particles should continue to be treated as distinct subclasses of PM (CD, p. 9-1); that “the
2 reported associations of PM exposure and effects are valid;” and that the newer evidence
3 . . . (a) further substantiates associations of such serious health effects with U.S.
4 ambient PM₁₀ levels, (b) also more strongly establishes fine particles . . . as likely
5 being important contributors to the observed human health effects, and (c) now
6 provides additional information on associations between coarse-fraction (PM_{10-2.5})
7 particles and adverse health impacts. The overall coherence . . . strengthens the
8 1996 PM AQCD evaluation suggesting a likely causal role of ambient PM in
9 contributing to the reported effects. (CD, p. 9-2)

11 **3.2 MECHANISMS**

12 This section briefly summarizes available information concerning the penetration and
13 deposition of particles in the respiratory tract and outlines hypothesized physiological and
14 pathological responses to PM, drawing from information presented in previous PM criteria and
15 standard reviews and in Chapters 7 - 9 of the draft CD. The 1996 staff analysis of this
16 information concluded that the available toxicological and clinical information yields no
17 demonstrated biological mechanism(s) that can explain the associations between ambient PM
18 exposure and mortality and morbidity reported in community epidemiologic studies (EPA, 1996b,
19 p. V-2). While that conclusion still holds true, substantial progress has been made in identifying
20 and understanding a number of potential pathways that were the subject of speculation in the last
21 review. The major purposes of the discussion presented here are to note the available
22 information of greatest relevance in identifying those fractions of PM that are most likely to be of
23 concern to health, to examine possible links between ambient particles deposited in various
24 regions of the respiratory tract and reported effects in humans, to identify factors that may
25 contribute to susceptibility in sensitive populations, and to focus attention on the advances in
26 mechanistic research that are providing evidence in support of a biological basis for a causal link
27 between ambient PM exposures and reported health effects.

28 As discussed in the 1996 Staff Paper, an evaluation of the ways by which inhaled particles
29 might ultimately affect human health must take account of patterns of deposition and clearance in
30 the respiratory tract. The draft CD stresses that the probability of any biological effect of PM
31 depends on particle deposition and retention, as well as underlying dose-response relationships

(CD, p. 9-32). The major elements of these considerations have been developed in previous reviews and are summarized briefly here. The human respiratory tract can be divided into three main regions: (1) extra-thoracic, (2) tracheobronchial, and (3) alveolar (CD, p. 9-27). The regions differ markedly in structure, function, size, mechanisms of deposition and removal, and sensitivity or reactivity to deposited particles; overall, the concerns related to ambient particles are greater for the two lower regions (EPA, 1982b; CD, Chapter 7). The junction of conducting and respiratory airways appears to be a key anatomic focus; many inhaled particles of critical size are deposited in the respiratory bronchioles that lie just distal to this junction, and many of the changes characteristic of emphysema involve respiratory bronchioles and alveolar ducts (Hogg et al., 1968). Recent modeling work has documented that ultrafine, as well as larger particles show enhanced deposition of particles at airway bifurcations (Heistracher and Hofmann, 1997; Hofmann et al., 1996). The potential effects of deposited particles are influenced by the speed and nature of removal. These clearance and translocation mechanisms that vary with each of the three regions (CD, Table 7-1, Figure 7-2).

Deposition of ambient particles in the three regions of the respiratory tract does not occur at divisions clearly corresponding to the atmospheric aerosol distributions shown above in Chapter 2. The draft CD summarizes simulations of deposition of ambient particle distributions that indicate fine- and coarse-fraction particles are deposited in both the tracheobronchial and alveolar regions (CD, Chapter 7). While fine- ($\leq 2.5 \mu\text{m}$) and coarse-fraction ($10 - 2.5 \mu\text{m}$) particles deposit to about the same extent on a percent particle mass basis in the trachea and upper bronchi, a distinctly higher percent of fine mass (than coarse) deposits in the alveolar region. It follows from the relationships summarized here in Chapter 2 that most of the particle surface area and numbers that deposit are associated with the fine fraction. The draft CD notes that the number dose (particles/cm²/day) of fine particles to the lung is orders of magnitude higher than that for coarse-fraction particles.

Information from the last review, as well as important new studies discussed in the draft CD, add to evidence from the earlier 1987 review, showing how breathing patterns and respiratory disease status can affect regional particle deposition patterns. The 1996 CD showed that as mouth-breathing or workload increases so does deposition in the bronchial and alveolar

1 regions. For those individuals considered to be mouth breathers, deposition increases for coarse-
2 fraction particles in the tracheobronchial region (EPA, 1996a, pp. 166-168). Bennett et al.
3 (1997b) found people with chronic obstructive pulmonary disease (COPD) had about 2.5 times
4 the average deposition rates of healthy adults, related both to elevated tidal volume and breathing
5 rate. In such a case, the respiratory condition can enhance sensitivity to inhaled particles by
6 increasing the delivered dose to sensitive regions. Such dosimetry studies are of obvious
7 relevance to identifying sensitive populations, which is discussed more fully in Section 3.4.

8 As discussed in the 1996 Staff Paper, evidence from epidemiological studies of
9 occupational and historical community exposures and laboratory studies of animal and human
10 responses to simulated ambient particle components suggested that at exposures well above the
11 current PM₁₀ standards, particles may produce physiological and ultimately pathological effects by
12 a variety of mechanisms. Previous criteria and standards reviews included an integrated extensive
13 examination of available literature on the potential mechanisms, consequences, and observed
14 responses to particle deposition organized according to major regions of the respiratory tract
15 (EPA, 1982b, 1996a,b). Based on these assessments and considering the composition of typical
16 urban PM, staff concluded, with CASAC concurrence (Friedlander, 1982; Wolff, 1996), that
17 particles that deposit in the thoracic region (tracheobronchial and alveolar regions), i.e. particles
18 smaller than 10 µm diameter, were of greatest concern for standard setting (EPA, 1996b, p. V-3,
19 Figure V-1). Although more recent information has expanded our understanding of these issues,
20 no basis has emerged to change that fundamental conclusion.

21 In the last two reviews, staff identified a number of *potential* mechanisms and supporting
22 observations by which common components of ambient particles that deposit in the thoracic
23 region, alone or in combination with pollutant gases, might produce health effects (EPA, 1982b,
24 Table 5-2; 1996b, Table V-2). While there has been little doubt in the scientific community that
25 the historical London air pollution episodes had profound effects on daily mortality and morbidity,
26 no combination of the mechanisms/observations advanced in the past reviews has been sufficiently
27 tested or generally accepted as explaining the historical community results. Moreover, the
28 potential mechanisms cited in those previous reviews were based on insights developed from
29 laboratory and occupational/community epidemiological studies that involved concentrations that

1 were substantially higher than those observed in current U.S. atmospheres, and in many cases
2 using laboratory-generated particles that may be of limited relevance to community exposures
3 (EPA, 1996b, p V-4).

4 Fully defining the mechanisms of action for PM would involve description of the
5 pathogenesis or origin and development of any related diseases or processes resulting in
6 premature mortality. While the substantial recent progress presented in Chapters 8 and 9 of the
7 draft CD and summarized below has provided important insights that contribute to the plausibility
8 of community study results, this more ambitious goal of understanding fundamental mechanisms
9 has not yet been reached. Some of the more important findings presented therein, including those
10 related to the cardiovascular system, may be more accurately described as intermediate responses
11 potentially caused by PM exposure rather than complete mechanisms. It appears unlikely that the
12 complex mixes of particles that are present in community air pollution would act alone though any
13 single pathway of response. Accordingly, it is plausible that several responses might occur in
14 concert to produce reported health endpoints.

15 By way of illustration, Mauderly et al. (1998) examined prevalent hypotheses related to
16 PM health effects that have been under consideration, in order to guide PM monitoring programs.
17 They produced an illustrative list of 11 components/characteristics of interest for which some
18 evidence existed. The list included: 1) PM mass concentration, 2) PM particle size/surface area,
19 3) ultrafine PM, 4) metals, 5) acids, 6) organic compounds, 7) biogenic particles, 8) sulfate and
20 nitrate salts, 9) peroxides, 10) soot, and 11) co-factors, including effects modification or
21 confounding by co-occurring gases and meteorology. The authors stress that this list is neither
22 definitive nor exhaustive, and note that “it is generally accepted as most likely that multiple toxic
23 species act by several mechanistic pathways to cause the range of health effects that have been
24 observed” (Mauderly et al., 1998).

25 In assessing the more recent animal, controlled human, and epidemiologic information, the
26 draft CD developed a summary of current thinking on pathophysiological mechanisms for the
27 effects of low concentrations of particulate air pollution (CD, pp. 8-72 to 8-77, pp. 9-89 to 9-94).
28 The potential mechanisms discussed in the draft CD, organized by effects category, are
29 reproduced in Table 3-1 below.

Table 3-1. Summary of Current PM Mechanism Hypotheses (CD, pp. 8-72 to 8-77, pp. 9-89 to 9-94)

Effect	Potential Mechanisms
Direct Pulmonary Effects	Lung injury and inflammation
	Increased susceptibility to respiratory infections
	Increased airway reactivity and asthma aggravation
Systemic Effects Secondary to Lung Injury	Impairment of heart function by lowering blood oxygen levels and increasing the work of breathing
	Lung inflammation and cytokine production leading to systemic hemodynamic effects
	Increased risk of heart attacks and strokes because of increased blood coagulability secondary to lung inflammation
	PM/lung interactions potentially affecting hematopoiesis
Direct Effects on the Heart	Heart rate variability
	Autonomic control of the heart and cardiovascular system
	Uptake of particles and/or distribution of soluble components into the systemic circulation

The CD discussion highlights portions of the recent information that serve as support for these effects categories and potential mechanisms. The relative support for these hypotheses/intermediate effects and their relevance to real world inhalation of ambient particles varies significantly. Moreover, some variability of results exist among different approaches, investigators, animal models, and even day-to-day within studies. The list of hypotheses in Table 3-1 was developed mainly in reference to effects from short-term rather than long-term exposure to PM. Repeated occurrences of some short-term insults, such as inflammation, might contribute to long-term effects, but wholly different mechanisms might also be important in the development of chronic responses. Even where clear mechanisms cannot be specified, however, the increasing laboratory evidence of the pathways by which particles apparently affect the respiratory and

1 cardiovascular systems adds to the plausibility that particles, alone or in combination with
2 pollutant gases, are playing a causal role in the effects observed in epidemiological studies.

3 Substantial new toxicologic information outlined in the draft CD as supporting these
4 mechanisms relates to evidence for the occurrence of lung injury and inflammation and
5 intermediate effects on the heart with exposure to PM. Numerous animal toxicological studies
6 have provided clear evidence that lung injury and inflammation occur with exposure to residual oil
7 fly ash (ROFA). While this model particle is reflective of a real world combustion product, it is
8 rich in acidic metals, and its occurrence in contemporary U.S. atmospheres is limited. It has been
9 useful in elucidating the importance of metal interactions in producing inflammation. More relevant
10 evidence for inflammation has been reported in some, but not all, studies using CAPs or instilled
11 ambient particles. Most of the CAPs studies reflect the effects of fine particles between 0.2 to 2
12 μm , and exclude both the ultrafine and coarse fractions. Costa and Dreher (1997) summarized
13 evidence from studies showing increased inflammatory cell counts with instillation to ambient
14 particles collected in U.S., Canadian, and German cities, and Brain et al. (1998) showed that
15 similar levels of acute inflammatory injury were caused by urban air particles and Kuwaiti oil fire
16 particles (on an equal mass basis). In one new controlled human exposure study, Ghio et al.
17 (2000) reported increased neutrophil counts and elevated levels of blood fibrinogen in lavage fluid
18 from healthy volunteers after exposure to CAPs.

19 ROFA administration has caused more severe inflammatory effects in animals, including
20 increased lung permeability which could lead to reduced oxygenation of the blood (CD, p. 9-91).
21 However, the draft CD finds that, based on studies where CAPs were used, severe disturbances
22 of oxygenation or pulmonary function by ambient PM are unlikely (CD, p. 9-91). *In vitro*
23 studies provide support for the observed inflammatory effects on ambient PM and constituent
24 substances, in finding evidence of reactive oxidant species that can damage lung cells. Several
25 studies of ambient particles (e.g. Utah Valley ambient samples) showed that soluble extracts
26 (including metals) are responsible for oxidant generation, release of IL-8 and IL-6, and PMN
27 influx (CD, p 8-48). Inflammatory changes in the lung could lead to systemic effects, in that
28 elevated levels of inflammatory cytokines (e.g., interleukin-8) in the respiratory system result in

1 cardiovascular effects. To date however, no studies have shown a clear-cut link between changes
2 in cardiovascular function and production of cytokines in the lung (CD, p. 8-75).

3 Lung inflammation could also lead to increased blood coagulability that increases the risk
4 of heart attacks and strokes. It is widely known that increased coagulability of the blood is linked
5 to increased risk of heart attacks (CD, p. 9-92). Some toxicological and epidemiological studies
6 have shown that ambient PM exposure can result in increased levels of fibrinogen (Ghio et al.,
7 2000; Peters et al., 2000) or plasma viscosity (Peters et al., 1997), but Godleski et al. (2000) and
8 Seaton et al. (2000) did not report similar changes in fibrinogen or clotting-related blood factors.

9 Animal studies have provided initial evidence that high particle concentrations can have
10 systemic, especially cardiovascular, effects (CD, p. 8-34). In response, recent epidemiology
11 studies have begun to include more sensitive measures of cardiovascular responses. An
12 increasingly coherent picture is emerging of linkages between ambient PM and such responses.
13 An integrated discussion of this evidence is presented below in Section 3.3.3.3. Several potential
14 mechanisms of relevance to such effects, involving secondary responses to PM effects on the
15 lung, are noted above in Table 3-1. The draft CD also poses possible mechanisms for direct
16 effects on the heart. Inhaled PM could affect autonomic control of the heart and cardiovascular
17 system, with resulting changes in heart rate or heart rate variability. Also, inhaled PM could affect
18 the heart or other organs if particles or particle constituents are released into the circulatory
19 system from the lungs, although this remains somewhat speculative.

20 In conclusion, dosimetric information shows that both fine- and coarse-fraction particles
21 (smaller than 10 μm) can penetrate and deposit in the tracheobronchial and alveolar regions of the
22 lung. Particles also may carry other harmful substances with them to these regions, with the
23 smaller particles having the greatest surface area available for such transport (see Chapter 2
24 above). While a variety of responses to constituents of ambient PM have been hypothesized to
25 contribute to the reported health effects, there is no currently accepted mechanism(s) as to how
26 relatively low concentrations of ambient PM may cause the health effects that have been reported
27 in the epidemiological literature. Nevertheless, a substantial and growing base of recent
28 experimental studies is providing important new insights. The draft CD concludes that “[t]he
29 newer experimental evidence, therefore, adds considerable support for interpreting the

1 epidemiologic findings discussed below as being indicative of causal relationships between
2 exposures to ambient PM and consequent associated increased morbidity and mortality risks.”
3 (CD, p. 9-40). The continued emphasis on these lines of research should provide important
4 insights on mechanisms for the next standards review.

6 **3.3 NATURE OF EFFECTS**

7 The 1996 Staff Paper identified the following key health effects categories associated with
8 PM exposure (EPA, 1996b, pp V-8 and V-9):

- 9 • Increased mortality
- 10 • Indices of morbidity associated with respiratory and cardiovascular disease
 - 11 • Hospital admissions and emergency room visits
 - 12 • School absences
 - 13 • Work loss days
 - 14 • Restricted activity days
 - 15 • Effects on lung function and symptoms
 - 16 • Morphological changes
 - 17 • Altered host defense mechanisms

18 Additional evidence is now available to identify the following new indices of morbidity:

- 19 • Physicians’ office or clinic visits
- 20 • Effects on cardiovascular function indicators, such as heart rate variability

21 In considering the nature of effects, it is important to note some key characteristics and
22 limitations of the kinds of studies used to identify them. The general strengths and weaknesses of
23 epidemiology studies were discussed in detail in the 1996 CD (Chapter 12) and are briefly
24 reviewed in Section 6.1 of the draft CD. Epidemiology studies can identify associations between
25 actual community-level air pollution containing PM and population-level health effects, and can
26 provide evidence useful in making inferences with regard to the causality of such relationships,
27 although they cannot alone be used to demonstrate mechanisms of action. Epidemiological
28 studies can also provide information that can help to identify sensitive populations particularly at
29 risk for effects (summarized below in Section 3.4).

1 A central issue in the analysis of epidemiological evidence considered throughout the
2 discussion of effects in this section (and further in Section 3.5) is the role of co-pollutants as
3 potential confounders or effect modifiers in associations between health effects and PM. In
4 addition, co-pollutants may act as indicators for fine particles derived from specific combustion
5 sources; for example, the CD for CO concluded that ambient CO may be a surrogate for air
6 pollution from combustion sources (EPA, 2000a). Confounding occurs when a health effect that
7 is caused by one risk factor is attributed to another variable that is correlated with the causal risk
8 factor; epidemiological analyses attempt to adjust or control for potential confounders. A
9 gaseous co-pollutant (e.g., O₃, CO, SO₂ and NO₂) meets the criteria for potential confounding in
10 PM-health associations if: (1) it is a potential risk factor for the health effect under study; (2) it is
11 correlated with PM; and (3) it does not act as an intermediate step in the pathway between PM
12 exposure and the health effect under study (CD, p. 6-4). Effect modifiers include variables that
13 may influence the health response to the pollutant exposure (e.g., co-pollutants, individual
14 susceptibility, smoking or age); epidemiological analyses do not attempt to control for effect
15 modifiers, but rather to identify and assess the level of effect modification (CD, p. 6-4). Other
16 important issues and uncertainties involved in evaluating epidemiological studies are related to the
17 role of various components within the fine and coarse fractions, as well as various analytical issues
18 including lag periods, model specification, measurement error, and various exposure periods
19 (summarized below in Section 3.5).

20 Animal toxicology, controlled human exposure, and dosimetry studies can provide
21 important support to epidemiological studies and can help elucidate biological mechanisms that
22 explain observed effects (discussed above in Section 3.2). Such studies can also provide
23 important information on risk factors for individual or population susceptibility to effects and on
24 characteristics of particles (e.g., constituents and subclasses) that may play key roles in the
25 production of health effects. However, as discussed in more detail in Chapter 8 of the draft CD,
26 the doses used in animal studies are generally much higher than community-level concentrations,
27 and important differences in dosimetry can exist across species. As a result, such studies can
28 result in animal models that may not mirror human health responses. Further, controlled human
29 exposure studies can only address the least severe health endpoints, for obvious ethical reasons,

1 and the need remains to link effects observed in such studies under simulated exposure conditions
2 (e.g., with regard to chemical composition, particle size, and concentration) to those that would
3 likely occur in real-world environments.

4 Recognizing the different strengths and limitations of these various kinds of studies, key
5 evidence illustrating these major PM effects categories is outlined below, with an emphasis on the
6 most recent information. Mortality effects are discussed in section 3.3.1, with discussion of
7 indices of morbidity in section 3.3.2, organized into three general categories: increased hospital
8 admissions and emergency room visits, effects on the respiratory system, including all other
9 morbidity indices except those related to the cardiovascular system, which are discussed
10 separately as the third category. Finally, the consistency and coherence of the overall body of
11 evidence showing associations between health effects and exposure to fine- and coarse-fraction
12 PM, alone and in combination with other pollutants, is discussed in section 3.3.3, reflecting an
13 integration of information across effects categories and disciplines, and consideration of the role
14 of gaseous co-pollutants.

16 **3.3.1 Premature Mortality**

17 This section discusses (1) mortality associations with short-term PM exposure, with
18 emphasis on results from newly available multi-city analyses, (2) associations with long-term PM
19 exposure, and (3) issues related to interpreting the results of mortality studies, including mortality
20 displacement and life shortening.

21 **3.3.1.1 Mortality and Short-term PM Exposure**

22 Historical reports of dramatic pollution episodes have provided clear evidence of mortality
23 associated with high levels of PM and other pollutants, as summarized in the 1996 CD (EPA,
24 1996a, pp. 12-28 to 12-31) and Staff Paper (EPA, 1996b, p. V-11). More recently, associations
25 between increased daily mortality and PM have been reported at much lower PM concentrations
26 in a large number of areas with differing climates, PM composition, and levels of gaseous co-
27 pollutants. The 1996 CD summarized about 35 time-series mortality studies using various PM

1 indicators; the majority of these studies reported positive, statistically significant² associations for
2 PM₁₀, as well as for PM_{2.5} and other indicators of fine-fraction particles (e.g., sulfates and H⁺).
3 Significant associations were reported for total mortality³ for PM₁₀ and indicators of fine-fraction
4 particles (EPA, 1996b, Tables V-3, V-11, V-12) and cause-specific mortality (i.e., respiratory-
5 and cardiovascular-related mortality) in the general population and in the elderly for PM₁₀ (EPA,
6 1996b, Table V-4). In the 1996 CD, one daily mortality study addressed coarse-fraction particles
7 (PM_{10-2.5}), reporting no statistically significant association across the six cities included in the
8 study, although a significant association was reported in one of the six cities (EPA, 1996b, Table
9 V-14).

10 In the previous PM NAAQS review, much consideration was given to the effects of PM
11 and co-pollutants, acting alone and in combination, in the associations with adverse health effects
12 reported in epidemiological studies. The 1996 CD evaluated the findings of studies that used
13 single- and multiple-pollutant models to assess the potential for co-pollutant confounding and
14 effects modification. In some studies, PM effect estimate sizes were relatively unchanged when
15 gaseous pollutants were included in the models, and where the estimate was reduced, it typically
16 remained statistically significant (EPA, 1996a, p. 13-57). Much attention was focused on a series
17 of analyses and reanalyses using data from one U.S. city, Philadelphia, the most comprehensive of
18 which was a study funded by the Health Effects Institute (HEI). This study reported associations
19 between mortality and TSP and other pollutants, concluding that it was difficult to distinguish the
20 effects of TSP from one or more gaseous co-pollutants for this single location due in part to the
21 fact that the co-pollutants were generally correlated with TSP. Indeed, the limitations of even the
22 most comprehensive single-city analyses precluded definitive conclusions concerning the role of
23 PM. For this reason, both the 1996 CD and Staff Paper examined the consistency and coherence
24 of effects across studies of individual cities having different pollutant mixtures, climate, and other
25 factors. Based on the consistent positive associations found in such multiple studies, the CD

²Unless otherwise noted, statistically significant results are reported at a 95% confidence level.

³In these discussions, “total” mortality represents mortality from all causes excluding accidents and suicides, as the term is typically used in epidemiological studies on mortality and air pollution.

1 concluded that PM effects were not sensitive to other pollutants and the “findings regarding the
2 PM effects are valid” (CD, p 13-57, SP, p V-56).

3 Taking into account these findings, the HEI Oversight Committee recommended that
4 future research into the role of co-pollutants should improve upon the examination of multiple
5 single city studies by different investigators by conducting multi-city studies, using consistent
6 analytical approaches across cities, noting that “[c]onsistent and repeated observations in locales
7 with different air pollution profiles can provide the most convincing epidemiological evidence to
8 support generalizing the findings from these models” (HEI, 1997, p. 38).

9 Since the last review, more than 70 new time-series daily PM-mortality studies have been
10 published (Table 6-1 of the draft CD), including several multi-city studies that are responsive to
11 the recommendations from the last review. The draft CD notes that with only a few exceptions,
12 these newly reported associations are generally positive, many are statistically significant (using
13 both single- and multi-pollutant models), and the reported effects estimates are generally
14 consistent with the range of estimates from the last review (CD, p. 9-44). Drawing from the
15 current draft CD and the 1996 CD, Appendix A, Table 1, summarizes increased daily mortality
16 effects estimates for increments of PM₁₀, PM_{2.5}, and PM_{10-2.5} from all available multi-city and
17 single-city U.S. and Canadian studies⁴ as a consolidated reference for the following discussion of
18 associations between daily PM and increased total and cause-specific mortality.

19 **3.3.1.1.1 Multi-city Studies of Total Daily Mortality**

20 In considering the body of evidence on associations between PM and mortality in this
21 standards review, the multi-city studies are of particular relevance. The multi-city studies
22 combine data from a number of cities that may vary in climate, air pollutant sources or
23 concentrations, and other potential risk factors. The advantages of multi-city analyses include: (1)
24 evaluation of associations in larger data sets can provide more precise effects estimates than
25 pooling results from separate studies; (2) consistency in data handling and model specification can
26 eliminate variation due to study design; (3) effect modification or confounding by co-pollutants

⁴ Findings of U.S. and Canadian studies are more directly applicable for the review of the PM NAAQS, though all study results are considered in the overall review of new scientific information. For consistency across studies, the effects estimates summarized in Appendix A, Table 1, are from single-pollutant models.

1 can be evaluated by combining data from areas with differing air pollutant combinations; (4)
2 regional or geographical variation in effects can be evaluated; and (5) “publication bias” or
3 exclusion of reporting of negative or nonsignificant findings can be avoided (CD, p. 6-39).

4 In the previous review, a single multi-city study evaluated associations between daily
5 mortality and PM, including fine- and coarse-fraction particles for six U.S. cities (Schwartz et al.,
6 1996). Significant increases in total mortality of 4.0% and 3.8% were reported per 25 $\mu\text{g}/\text{m}^3$ and
7 50 $\mu\text{g}/\text{m}^3$ of $\text{PM}_{2.5}$ and PM_{10} , respectively, while $\text{PM}_{10-2.5}$ was not significantly associated with
8 mortality. Two new analyses of the six-city data have reported results consistent with the findings
9 reported by Schwartz and colleagues (Klemm and Mason, 2000; Laden et al., 2000). The role of
10 gaseous co-pollutants was not directly addressed in any of these analyses.

11 Several new multi-city analyses, discussed below, provide valuable new insights on
12 associations between PM and mortality, including more direct evaluation of the role of co-
13 pollutants in PM-mortality associations through the use of multi-pollutant modeling.

14 The National Morbidity, Mortality and Air Pollution Study (NMMAPS) included analyses
15 of PM_{10} effects on mortality in 90 U.S. cities, with additional, more detailed, analyses being
16 conducted in a subset of the 20 largest U.S. cities (discussed below in sections on cause-specific
17 mortality and morbidity) (Samet et al., 2000a,b,c; Domenici et al., 2000). A uniform
18 methodology was used to evaluate the relationship between mortality and PM_{10} for the different
19 cities, and the results were synthesized to provide a combined estimate of effects across the cities.
20 These analyses are “marked by extremely sophisticated approaches addressing issues of
21 measurement error biases, co-pollutant evaluations, regional spatial correlation, and synthesis of
22 results from multiple cities by hierarchical Bayesian meta-regressions and meta-analyses” (CD, p.
23 6-39, 6-40).

24 As seen in Figure 3-1, the overall risk estimate for all cities is a statistically significant
25 increase of 2.3% in total mortality per 50 $\mu\text{g}/\text{m}^3$ increase in PM_{10} lagged one day⁵ (Samet et al.,
26 2000a,b). Further, PM_{10} was also positively associated with mortality at 0-day and 2-day lags. In
27 two additional reports on analyses using data from the 20 largest U.S. cities, reported increases in

⁵Note that Figure 3-1 includes results for 88 cities in the continental U.S.; Anchorage, AK and Honolulu, HI are not included.

1 total mortality per 50 $\mu\text{g}/\text{m}^3$ increase in PM_{10} were 1.9% (Domenici et al., 2000) and 2.6% (Samet
2 et al., 2000c).

3 Also seen in Figure 3-1 are the results based on a regional assessment of these cities,
4 using seven U.S. regions. Samet et al. (2000a,b) report that some variability in effects can be seen
5 across cities and between regions. As seen in Figure 3-1, effect estimates for individual cities
6 vary; some are even negative, though not statistically significant. In addition, combined effect
7 estimates for each of the seven U.S. regions varied, with generally higher effects reported in the
8 Northeast States (a 4.5% increase in total mortality per 50 $\mu\text{g}/\text{m}^3$ increase in PM_{10} lagged one
9 day) and in Southern California. Data on some county-specific variables (e.g., mean household
10 income, percent of people not graduating from high school, percent of people using public
11 transportation) were included in analyses to investigate regional differences, but the investigators
12 did not identify any factors that might explain the apparent differences (CD, p. 6-43).

13 Notable variability in effects estimates across the 90 cities in this study would not be
14 unexpected when taking into account the study design that included many locations for which the
15 sample size (in terms of population and amount of PM_{10} data) was inherently smaller for a given
16 study period. To further examine the observed variability, the draft CD presents the 90-city effect
17 estimates plotted against the natural log of mortality-days (a product of each city's daily mortality
18 rate and the number of days for which PM data were available) as an indicator of the statistical
19 power of the analysis of each individual city (Figure 3-2). Traditionally, sample size is an
20 important factor in assessing the statistical power of a study, and, in time-series studies, the extent
21 of the time series is one measure of sample size, as is the number of health events per day (or
22 alternative time interval). In the multi-stage analyses, the NMMAPS investigators used several
23 weighting methods in combining estimates from the individual cities. As seen in Figure 3-2, cities
24 with the greatest weight or statistical power tended to have more precise effect estimates (with
25 narrower confidence intervals), and these effect estimates were generally positive

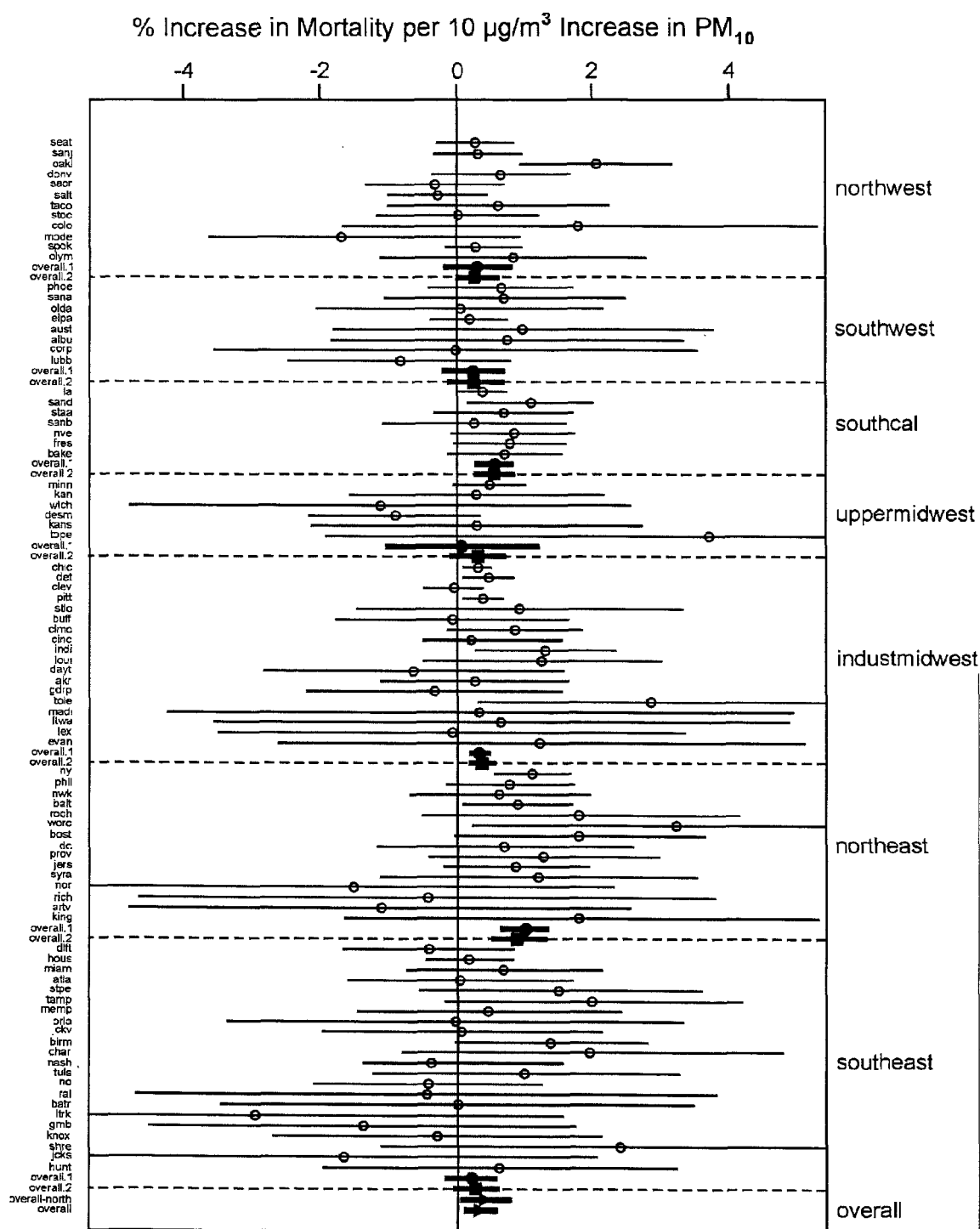


Figure 3-1. PM_{10} -mortality effects estimates for the 88 largest U.S. cities as shown in the original NMMAPS report. From Samet et al. (2000a,b). (CD Figure 6-1).

1 and statistically significant. The draft CD concludes that this “suggests some relationship between
2 effect size and study weight, overall” (CD, p. 6-212), indicating that variation in study power may
3 be a factor in explaining the apparent variation in effects estimates across cities. The draft CD
4 also presents these relationships on a regional basis (Figure 6-13, p. 6-262), suggesting that
5 further examination of these relationships may reveal interesting new insights into factors that may
6 account for any apparent intra- and inter-regional disparities (CD, p. 263).

7 One key objective of the NMMAPS analysis was to characterize the effects of PM₁₀ and
8 each of the gaseous co-pollutants, alone and in combination. An important result of this
9 assessment is the finding that the associations reported between PM₁₀ and mortality in the 90-city
10 analyses were not confounded by the presence of the gaseous co-pollutants (Samet et al., 2000b).
11 As seen in Figure 3-3, the effect of inclusion of other pollutants in this model on the association
12 between PM₁₀ and mortality ranges from small to modest, and importantly does not affect the
13 statistical significance of the PM₁₀ estimates. Significant single-pollutant associations were
14 reported for mortality for three of the gaseous co-pollutants (CO, NO₂ and SO₂), and a significant
15 association was reported for O₃ in the summer. The effects of the gaseous pollutants were,
16 however, generally diminished in multi-pollutant models that included PM₁₀ (CD, p. 6-222). The
17 effects of CO alone were generally positive and significant, but adjustments for other pollutants
18 tended to reduce the effect. The authors concluded that “[t]his figure suggests that the effect of
19 PM₁₀ is robust to the inclusion of other pollutants.” (Samet et al., 2000b, p. 19).

20 Schwartz (2000a) conducted a series of multi-city analyses using data from 10 U.S. cities
21 where every-day PM monitoring data were available (in many areas, PM is monitored on a 1-in-3
22 or 1-in-6 day basis). Using inverse variance weighting methods to combine results across cities, a
23 statistically significant association was reported between PM₁₀ and mortality, with an effect
24 estimate of a 3.4% increase per 50 µg/m³ PM₁₀, and effect estimate sizes were the same in
25 summer and winter (CD, p. 6-44). This study also included the use of an alternative analytical
26 approach to assess confounding by co-pollutants. This approach uses data from multiple
27 locations and assesses whether there is an association between the PM effect estimate and the
28 PM-gaseous pollutant relationship in each location. A statistical relationship is first developed

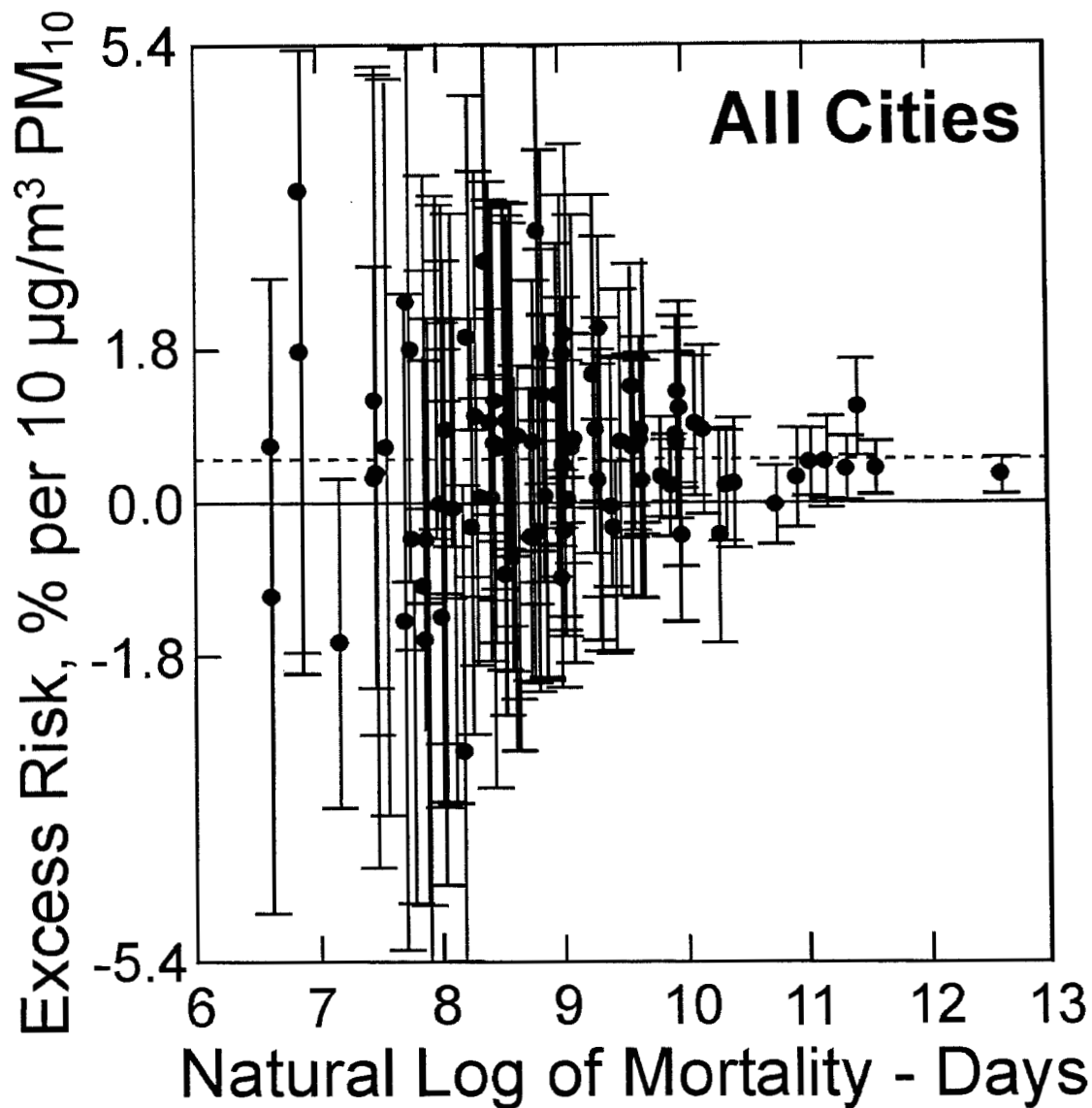


Figure 3-2. The EPA-derived plot showing relationship of PM_{10} total mortality effects estimates and 95% confidence intervals for all cities in the Samet et al. (2000a,b) NMMAPS 90-cities analyses in relation to study size (i.e., the natural logarithm of numbers of deaths times days of PM observations). Note generally narrower confidence intervals for more homogeneously positive effects estimates as study size increases beyond about the log 9 value (i.e., beyond about 8,000 deaths-days of observation). The dashed line depicts the overall nationwide effect estimate (grand mean) of approximately 0.5% per 10 $\mu\text{g}/\text{m}^3$ PM_{10} (CD Figure 6-12).

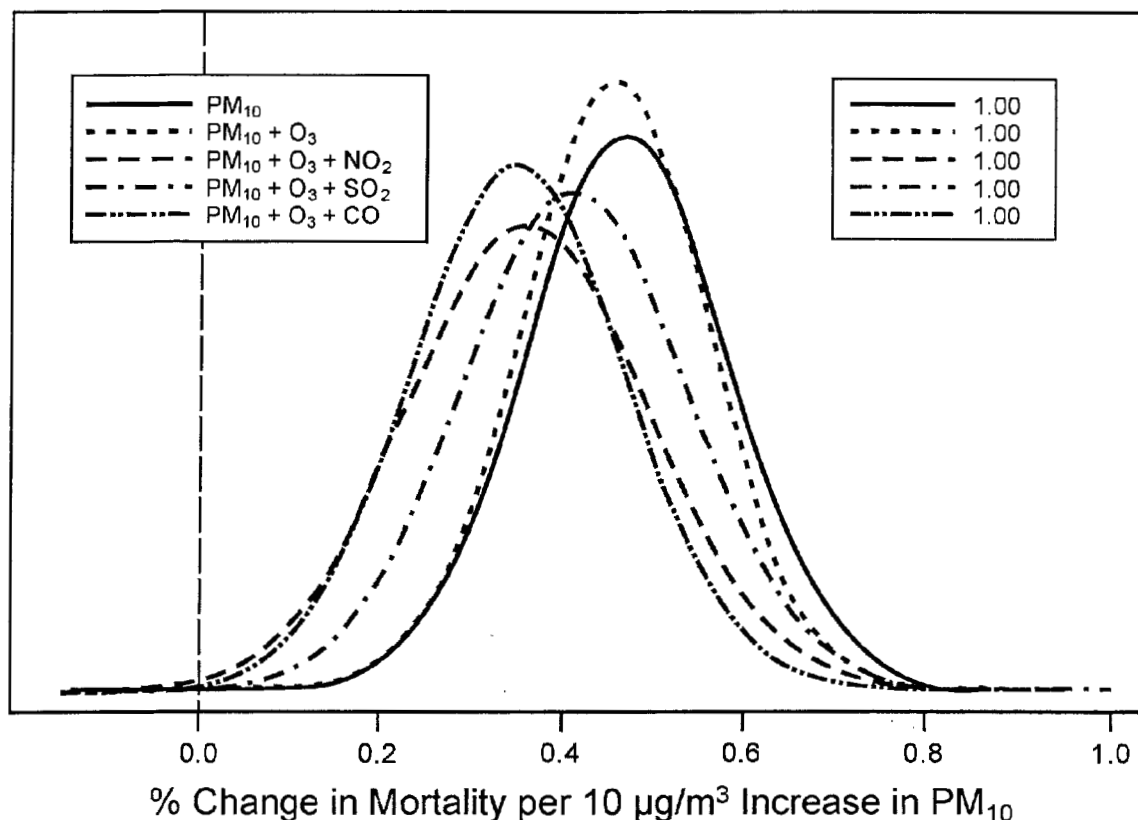


Figure 3-3. Marginal posterior distributions for effect of PM_{10} on total mortality at lag 1 with and without control for other pollutants, for the 90 cities. The numbers in the upper right legend are the posterior probabilities that the overall effects are greater than 0. (From CD Figure 6-10)

Source: Samet et al. (2000a,b).

1 for PM and the co-pollutant, then in multi-stage modeling, the PM-health model includes
 2 adjustment for the PM-co-pollutant correlation. The expectation is that, if an association with
 3 PM is really due to confounding by another pollutant, there would be a trend toward larger effects
 4 being found in areas where the coefficient between PM and the other pollutant is larger (CD, p. 6-
 5 225). No relationship was reported between PM_{10} -mortality associations and coefficients between
 6 PM_{10} and O_3 , CO , or SO_2 , suggesting a lack of confounding by co-pollutants.

1 Further analyses of subsets of the 10 U.S. cities investigated additional research questions,
2 including the form of the concentration-response function and assessment of possible effect
3 thresholds, and the influence of influenza epidemics on PM-mortality relationships (Schwartz,
4 2000a,b,d; Schwartz and Zanobetti, 2000; Zanobetti and Schwartz, 2000; and Braga et al., 2000).
5 These findings will be discussed further as each topic is addressed in this chapter.

6 In a combined analysis of data for the 8 largest Canadian cities, Burnett et al. (2000)
7 reported that mortality was significantly associated with both $PM_{2.5}$ and PM_{10} , but not $PM_{10-2.5}$.
8 Overall effect estimates for increased total mortality of 3.0% and 3.5% were reported per 25
9 $\mu g/m^3$ and 50 $\mu g/m^3$ increases in $PM_{2.5}$ and PM_{10} , respectively. Additional analyses were
10 conducted using $PM_{2.5}$ components, including sulfates and a number of metals, and these results
11 are discussed further in Section 3.5.2. The Canadian 8-city study also showed that the
12 associations between mortality and $PM_{2.5}$ and PM_{10} generally remained significant in a number of
13 analyses when gaseous co-pollutants and 0- and 1-day lags were included in the models, although
14 in a few instances the effects estimates were reduced and lost statistical significance. The authors
15 conclude that mortality is associated with both PM and gaseous pollutants (Burnett et al., 2000).

16 In addition, a European multi-city study, Air Pollution and Health: A European Project
17 (APHEA), has resulted in a series of analyses that were summarized in the draft CD (pp. 6-47 to
18 6-49). Although the studies used consistent analytical methodologies, the PM measurement
19 methods varied between cities, including TSP, BS, PM_{13} , and PM_{10} , thus making the quantitative
20 comparisons with U.S. and Canadian findings more difficult. Significant associations between
21 various measures of PM and mortality were reported in some overall analyses, with differences
22 reported between regions. The effects estimates reported for western cities, approximately 2%
23 increase in mortality per 50 $\mu g/m^3$ PM_{10} , are consistent with those reported in U.S. and Canadian
24 studies, but no significant associations were reported with data from central or eastern European
25 countries. The APHEA investigators postulated a number of potential reasons for variation
26 between regions, such as differences in exposure representativeness, pollution mix, sensitive sub-
27 population proportions, or model fit for seasonal control (CD, p. 6-48).

28 The results from each of the U.S. and Canadian multi-city studies are summarized in Table
29 3-2 (including the two reanalyses of data from six U.S. cities used in Schwartz et al., 1996). The

1 draft CD notes that the combined daily mortality estimates from these multi-city studies are all
 2 consistent with the range of PM₁₀ effects estimates reported in the last review (CD, p. 6-49) (i.e.,
 3 1.5% to 8.5% per 50 µg/m³ PM₁₀), with the 90-city estimate toward the lower end of the range.
 4 Further, similarly sized effect estimates are reported between total mortality and PM₁₀ and PM_{2.5},
 5 but no significant associations are reported with PM_{10-2.5}.

TABLE 3-2. RESULTS OF U.S. AND CANADIAN MULTI-CITY STUDIES ON ASSOCIATIONS BETWEEN SHORT-TERM PM EXPOSURE AND MORTALITY

Study	% Increase in Mortality per 50 µg/m ³ PM _{15/10}	% Increase in Mortality per 25 µg/m ³ PM _{2.5}	% Increase in Mortality per 25 µg/m ³ PM _{10-2.5}	Range of City PM Mean Levels (µg/m ³)
<i>Six U.S. Cities Schwartz et al., 1996</i>	4.04 (2.53, 5.62)	3.79 (2.77, 4.82)	1.00 (-0.37, 2.40)	PM ₁₀ 17.8-45.6 PM _{2.5} 11.2-29.6 PM _{10-2.5} 6.6-16.1
Six U.S. Cities (reanalysis) Klemm and Mason, 2000	4.08 (2.78, 5.36)	3.28 (2.27, 4.31)	1.00 (-0.37, 2.40)	PM _{15/10} medians 14.4-30.3 PM _{2.5} medians 9.0-23.1 PM _{10-2.5} medians 5.0-13.0
Six U.S. Cities (new analysis) Laden et al., 2000	---	4.05 (2.78, 5.34)	---	PM _{2.5} NR
90 U.S. Cities Samet et al., 2000a,b	2.27 (0.10, 4.48)	---	---	PM ₁₀ 15.3-52.0
10 U.S. Cities Schwartz et al., 2000	3.40 (2.65, 4.14)	---	---	PM ₁₀ 27.1-40.6
8 Canadian Cities Burnett et al., 2000	3.51 (1.04, 6.04)	3.03 (1.10, 4.99)	1.82 (-0.72, 4.43)	PM ₁₀ 20.4-31.0 PM _{2.5} 9.5-17.7 PM _{10-2.5} 8.9-16.8

1 In summary, the findings of the Six-Cities study that was available during the previous
2 review have been confirmed by new analyses, and powerful new multi-city analyses have provided
3 important new evidence showing associations between daily mortality and changes in PM_{10} and
4 $PM_{2.5}$, alone and in combination with gaseous co-pollutants routinely present in the ambient air.

5 **3.3.1.1.2 Other Studies of Total Daily Mortality**

6 Numerous studies have been conducted in single cities or locations in the U.S. or Canada
7 (summary of results in Appendix A, Table 1), as well as locations in Europe, Mexico City, South
8 America, Asia or Australia (summary of results in Table 6-1 of the draft CD). As was observed
9 based on the more limited studies available in the last review, the associations reported in the
10 recent studies on PM_{10} and mortality are largely positive, and frequently statistically significant.
11 Similarly, a number of new studies also provide evidence of statistically significant associations
12 with $PM_{2.5}$. In contrast, statistically significant associations were not generally reported for $PM_{10-2.5}$.
13 Using the same approach taken in the CD in presenting the NMMAPS results (Figure 3-2),
14 the results of U.S. and Canadian single-location and multi-city analyses for mortality with PM_{10} ,
15 $PM_{2.5}$, and $PM_{10-2.5}$ (using single-pollutant model results) are plotted in Figures 3-4, 3-5 and 3-6,
16 respectively. Effect estimates are plotted in order of increasing study power or weight, and, as
17 seen in Figure 3-2, there is the expected tendency for results of studies with greater power to have
18 more precise effect estimates. Along with the new study findings, each figure includes effect
19 estimates for studies included in the 1996 CD and, for comparison purposes, the range of
20 statistically significant effect estimates from the previous review. Effect estimates for total,
21 cardiovascular and respiratory mortality are included to give an overview of the entire body of
22 mortality studies, though cause-specific findings will be discussed further in the next section.

23 A number of new single-city analyses have included multi-pollutant modeling for
24 evaluating effects of PM and co-pollutants. As was found in the previous review, some of these
25 analyses report that PM effect sizes are little affected by the inclusion of co-pollutant gases in the
26 models, while others report potential confounding by one or more co-pollutants. In U.S. studies
27 conducted in Coachella Valley and Santa Clara County, California and Detroit, Michigan,
28 investigators concluded that generally positive associations (both significant and non-significant)
29 between PM and mortality were relatively unchanged in multi-pollutant models (Ostro et al.,

1 1999, 2000; Lippmann et al., 2000; Fairley, 1999). As in the previous review, some of the new
2 single-city studies found evidence of confounding. In the U.S., based on analyses in Cook, Los
3 Angeles, and Maricopa Counties, Moolgavkar (2000a) reported that the inclusion of gaseous co-
4 pollutants resulted in large reductions in PM effect estimates.

5 As seen in Figures 3-4 and 3-5, associations between total mortality and both PM_{10} and
6 $PM_{2.5}$ are generally positive and many reach statistical significance, especially in those studies with
7 greater study power or weight. For both, the results of the larger studies show quantitative
8 consistency in findings between studies, as well as with the ranges of statistically significant
9 effects estimates from the 1996 CD. The range of findings among the smaller studies is greater
10 with a few fairly large effects estimates, some of which attain statistical significance, but with
11 much larger confidence intervals. In contrast, few significant associations were reported with
12 $PM_{10-2.5}$ (Figure 3-6), with none occurring among the studies with greater power.

13 While some of the studies conducted in Europe, Mexico or South America use gravimetric
14 PM measurements (e.g., PM_{10} , $PM_{2.5}$, $PM_{10-2.5}$), many of the non-North American studies use PM
15 indicators such as TSP, BS or COH, and the Australian studies use nephelometric measures of
16 PM. As summarized in Table 6-1 of the draft CD, these studies also show largely positive,
17 significant associations between PM and mortality. While effect estimates for different PM
18 indicators may not be quantitatively comparable, the results from all of these studies taken
19 together show qualitative consistency in finding significant associations between changes in PM
20 and daily mortality.

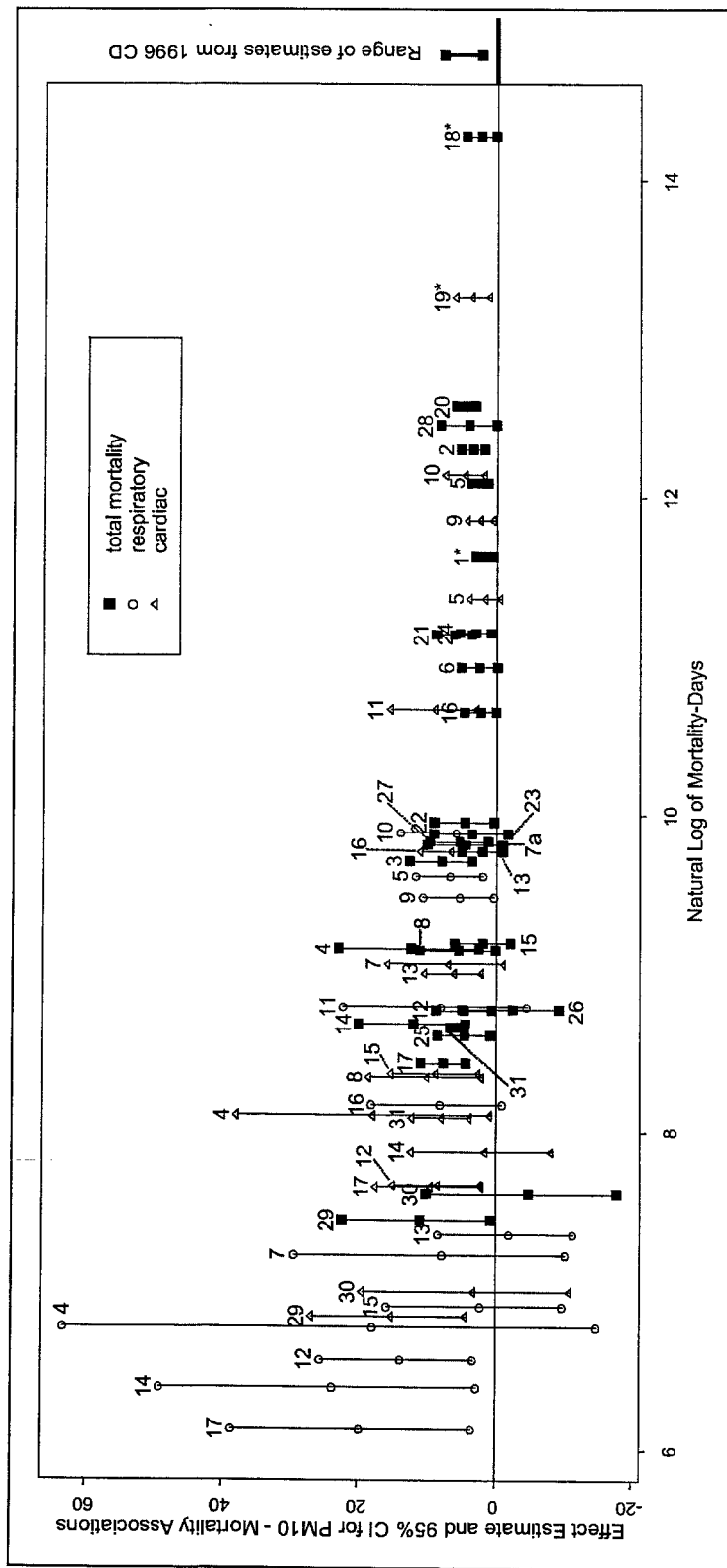


Figure 3-4. Effects estimates for PM_{10} and mortality from total, respiratory and cardiovascular causes from U.S. and Canadian cities in relation to study size, in terms of the natural log of the mortality-days product (the product of study days and the number of deaths per day) as an indicator of study weight, or power. Note that the study findings become more precise and quantitatively consistent as study power increases. Multi-city studies denoted with an asterisk above; study locations are identified below (data in Appendix 3-A, Table 4A)

- | | | | |
|--|--|---|---|
| 1. Burnett et al., 2000, 8 Canadian cities | 9. Moolgavkar, 2000a, Cook Co | 17. Pope et al., 1992, Utah Valley | 25. Schwartz et al., 1996, Steubenville |
| 2. Burnett et al., 1998, Toronto | 10. Moolgavkar, 2000a, LA | 18. Samet et al., 2000b, 90 U.S. city | 26. Schwartz et al., 1996, Topeka |
| 3. Fairley, 1999, Santa Clara | 11. Moolgavkar, 2000a, Maricopa | 19. Samet et al., 2000c, 20 U.S. city | 27. Schwartz, 1993, Birmingham |
| 4. Gwyon et al., 2000, Buffalo | 12. Ostro et al., 1999, Coachella Valley | 20. Schwartz and Zanobetti, 2000, Chicago | 28. Syer et al., 1995, Chicago |
| 5. Ito and Thurston, 1996, Chicago | 13. Ostro et al., 2000, Coachella Valley | 21. Schwartz et al., 1996, Boston | 29. Tsai et al., 2000, Camden NJ |
| 6. Kinney et al., 1995, LA | 14. Pope et al., 1999, Ogden | 22. Schwartz et al., 1996, Knoxville | 30. Tsai et al., 2000, Elizabeth NJ |
| 7. Lippmann et al., 2000, Detroit | 15. Pope et al., 1999, Provo/Orem | 23. Schwartz et al., 1996, Portage | 31. Tsai et al., 2000, Newark NJ |
| 8. Mar et al., 2000, Phoenix | 16. Pope et al., 1999, Salt Lake City | 24. Schwartz et al., 1996, St. Louis | |

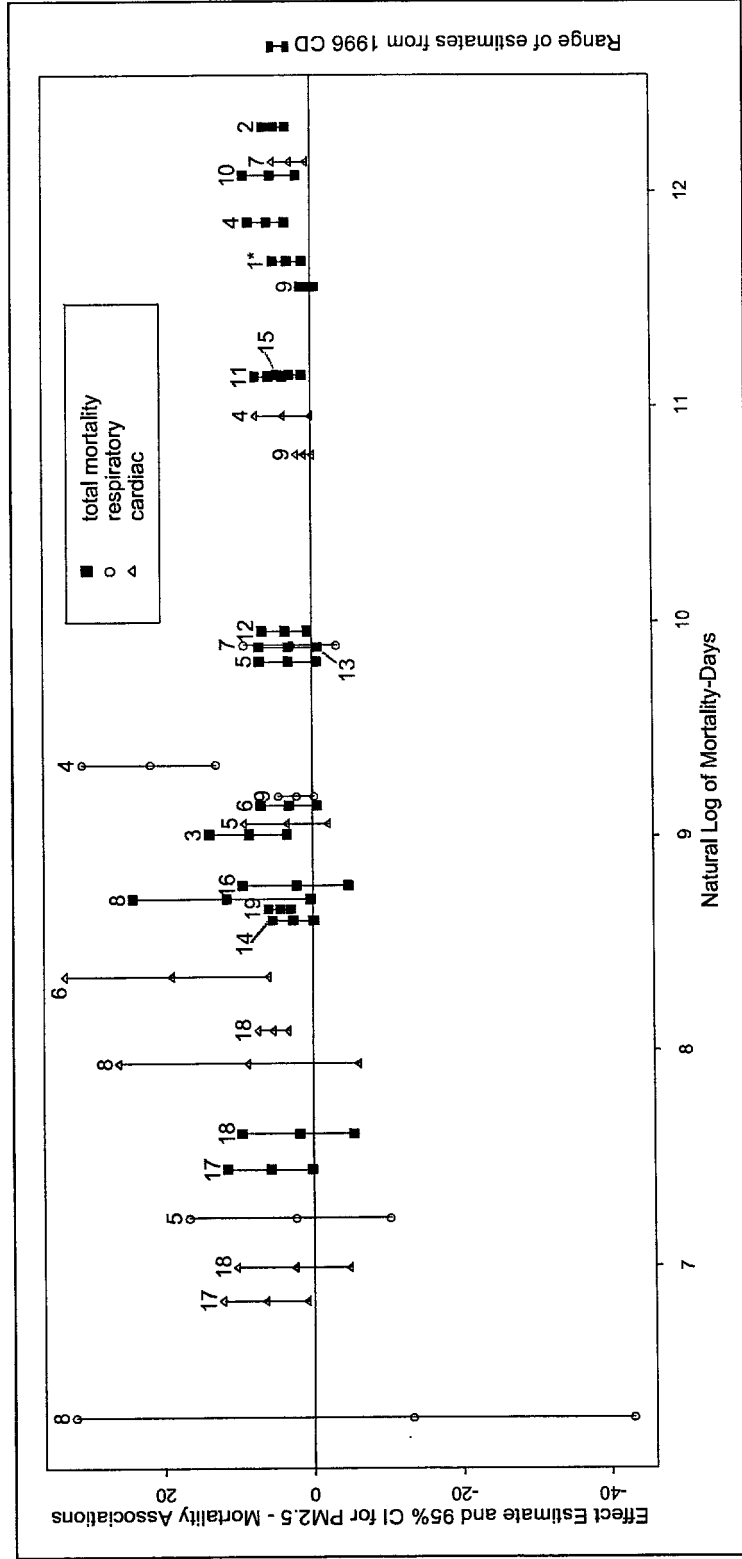


Figure 3-5. Effects estimates for $PM_{2.5}$ and mortality from total, respiratory and cardiovascular causes from U.S. and Canadian cities in relation to study size, in terms of the natural log of the mortality-days product (the product of study days and the number of deaths per day) as an indicator of study weight, or power. Note that the study findings become more precise and quantitatively consistent as study power increases. Multi-city studies denoted with an asterisk above; study locations are identified below (data in Appendix A, Table 4)

- | | | | |
|--|---|---|-------------------------------------|
| 1. Burnett et al., 2000, 8 Canadian cities | 6. Mar et al., 2000, Phoenix | 11. Schwartz et al., 1996, Boston | 16. Schwartz et al., 1996, Topeka |
| 2. Burnett et al., 1998, Toronto | 7. Moolgavkar, 2000a, L.A. | 12. Schwartz et al., 1996, Knoxville | 17. Tsai et al., 2000, Camden NJ |
| 3. Fairley, 1999, Santa Clara | 8. Ostro et al., 1995, So. California | 13. Schwartz et al., 1996, Portage | 18. Tsai et al., 2000, Elizabeth NJ |
| 4. Goldberg et al., 2000, Montreal | 9. Ostro et al., 2000, Coachella Valley | 14. Schwartz et al., 1996, St. Louis | 19. Tsai et al., 2000, Newark NJ |
| 5. Lippmann et al., 2000, Detroit | 10. Schwartz 2000c, Boston | 15. Schwartz et al., 1996, Steubenville | |

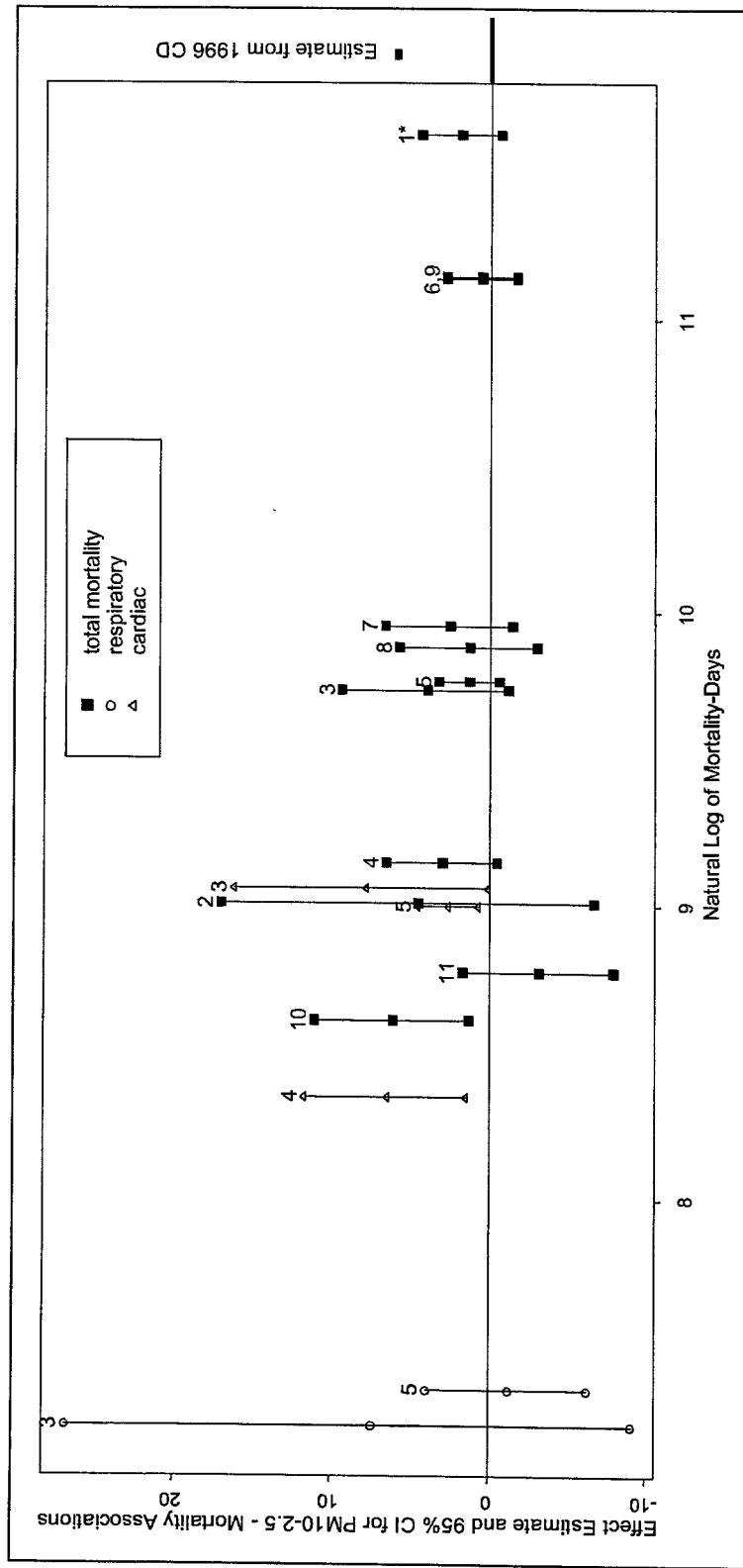


Figure 3-6. Effects estimates for $PM_{10-2.5}$ and mortality from total, respiratory and cardiovascular causes from U.S. and Canadian cities in relation to study size, in terms of the natural log of the mortality-days product (the product of study days and the number of deaths per day) as an indicator of study weight, or power. Note that the study findings become more precise and quantitatively consistent as study power increases. Multi-city studies denoted with an asterisk above; study locations are identified below (data in Appendix 3-A, Table 4C)

- | | | |
|--|-------------------------------------|---|
| 1. Burnett et al., 2000, 8 Canadian cities | 7. Schwartz et al., 1996, Knoxville | 10. Schwartz et al., 1996, Steubenville |
| 2. Fairley, 1999, Santa Clara | 8. Schwartz et al., 1996, Portage | 11. Schwartz et al., 1996, Topeka |
| 3. Lippmann et al., 2000, Detroit | 9. Schwartz et al., 1996, St. Louis | |
| 4. Mar et al., 2000, Phoenix | | |
| 5. Ostro et al., 2000, Coachella Valley | | |
| 6. Schwartz et al., 1996, Boston | | |

3.3.1.1.3 Cause-specific Daily Mortality

In the 1996 Staff Paper, several studies also reported associations between PM_{10} and respiratory and cardiovascular mortality (EPA, 1996b, p. V-13). The associations reported with mortality from respiratory or cardiovascular diseases were generally consistent with the results for total mortality, and the CD concluded that this lent support to the biological plausibility of the PM associations (EPA, 1996a, p. 12-69). If particles have effects on the respiratory or cardiovascular systems, it would be expected that associations reported for total mortality reflect the underlying associations with cardiorespiratory⁶ mortality and not be influenced by deaths from non-cardiorespiratory causes (EPA, 1996a, p. 12-77).

Figures 3-4, 3-5, and 3-6 shown above present findings for PM_{10} , $PM_{2.5}$ and $PM_{10-2.5}$, respectively, from U.S. and Canadian studies, where it can be seen that there is general consistency between effects estimate ranges for mortality from total, respiratory and cardiovascular causes. In general, as was observed in the 1996 CD, some of the effect estimates for respiratory mortality are larger in magnitude but less precise, with large confidence intervals, which is likely because respiratory-related deaths comprise a small proportion of daily mortality rates.

A number of studies have evaluated associations for both total and cause-specific mortality. The recent U.S. multi-city study, NMMAPS, included a comparison of findings for total and cardiorespiratory mortality for the 20 largest U.S. cities. The effect estimate for deaths from cardiorespiratory causes was somewhat larger (3.5% increase per $50 \mu g/m^3$ increase in PM_{10}) than that for deaths from all causes (2.6% increase per $50 \mu g/m^3$ increase in PM_{10}) (Samet et al., 2000c). In the results of individual studies, as summarized in Appendix A, Table 1, effects estimates for mortality from respiratory and cardiovascular causes tend to be larger than those for total mortality, though these comparisons are not readily apparent in Figures 3-4 through 3-6 when combined with all study results. For example, Tsai et al. (2000) also report cardiorespiratory mortality effect estimates with $PM_{2.5}$ and PM_{15} that are somewhat larger than those for total mortality. For respiratory and cardiovascular mortality, nearly all of the U.S. and

⁶ “Cardiorespiratory” refers to cardiovascular and respiratory diseases, combined, and is used here as an equivalent term to “cardiopulmonary”.

1 Canadian studies show somewhat larger effects estimates than for total mortality associations with
2 PM₁₀ and PM_{2.5} (e.g., Gwynn et al., 2000; Ostro et al., 1999; Pope et al., 1999; Fairley, 1999;
3 Lippmann et al., 2000; Mar et al., 2000; Goldberg et al., 2000) (results in Appendix A, Table 1).
4 As was found with total mortality, few significant associations were reported with PM_{10-2.5} for
5 cause-specific mortality; however, in those few studies, the effects estimates for cardiovascular
6 mortality tended to be greater than those for total mortality (Mar et al., 2000; Ostro et al., 2000).

7 In NMMAPS analyses, a positive, but not statistically significant, association was also
8 reported with “other” or non-cardiorespiratory deaths (Samet et al., 2000c). In some analyses
9 where “other” causes of death were evaluated, no associations with PM were reported (Ostro et
10 al., 1999, 2000). Some associations between PM and “other” mortality were reported in a Detroit
11 study (Lippmann et al., 2000), but the draft CD observes “that the ‘other’ mortality showed
12 seasonal cycles and apparent influenza peaks, suggesting that this series may have also been
13 influenced by respiratory contributing causes” (CD, p. 6-72). In Montreal, fine PM was
14 associated with “other nonaccidental causes” of death, but when analyses included more specific
15 “other” causes, significant associations were reported only for diabetes, which typically also
16 involves cardiovascular complications as it progresses (Goldberg et al., 2000). The draft CD
17 concludes, “at least some of these ‘other’ associations may also be due to seasonal cycles that
18 include relationships to peaks in influenza epidemics that may imply respiratory complications as a
19 ‘contributing’ cause to the ‘other’ deaths. Or, the ‘other’ category may include sufficient
20 numbers of deaths due to diabetes or other diseases which may also involve cardiovascular
21 complications as contributing causes.” (CD, p. 6-75).

22 In addition to the evidence from epidemiology studies, new, though limited, information is
23 available from toxicology studies that offers insight into PM-related mortality. In some of the
24 toxicology studies summarized in Chapter 8 of the draft CD, animals died after exposure to PM or
25 PM surrogates, though none of these studies was designed to assess lethality. For example, some
26 studies have used monocrotaline-treated rats as a model for individuals with cardiorespiratory
27 disease, and “have demonstrated that intratracheal instillation of high levels of ambient particles
28 can increase or accelerate death related to monocrotaline administration in rats” (CD, p. 8-25).
29 Indicators of inflammation or cardiac arrhythmia were also measured in these studies (CD, Table
30 8-7). While the suitability of this animal model may be questioned, the findings offer some

1 evidence of plausibility to the associations with cardiorespiratory mortality reported in
2 epidemiology studies. Since the studies were designed to assess effects on cardiovascular or
3 respiratory systems, the toxicological evidence for PM-related effects is more fully discussed in
4 the sections on respiratory and cardiovascular systems effects.

5 In summary, the new studies continue to report risks for mortality from cardiovascular and
6 respiratory diseases with increasing PM, and the findings suggest that associations reported for
7 total mortality are indicative of associations with deaths from cardiorespiratory-related causes.

8 **3.3.1.2 Mortality and Long-term PM Exposure**

9 The 1996 CD summarized the findings of a number of cross-sectional studies that had
10 been conducted over the past several decades. These studies had identified associations between
11 increased mortality and residence in communities with higher pollution levels, but concern was
12 raised about the lack of information on potentially important covariates and methodological
13 limitations (EPA, 1996a, p. 12-159). Results were also available from three more recent
14 prospective cohort studies (i.e., the Six Cities, American Cancer Society (ACS), and California
15 Seventh Day Adventist (ASHMOG) studies) that included subject-specific information on
16 potential confounders (e.g., smoking history, occupation, health history) and were considered to
17 provide more reliable results (EPA, 1996a, p. 13-33).

18 The strongest evidence from the prospective cohort studies was reported for associations
19 with fine particles. The ACS study reported significant associations for PM_{2.5} and sulfates (a fine
20 particle surrogate). The Six Cities study evaluated effects of many PM size classes, and
21 significant associations were reported with PM₁₅, PM_{2.5}, sulfates and non-sulfate fine particles, but
22 not with TSP or coarse particles (TSP-PM₁₅ or PM₁₅-PM_{2.5}) (EPA, 1996a, Table 12-18). Both
23 the Six Cities and ACS studies reported associations with mortality from all causes and
24 cardiorespiratory causes, with larger effects estimates for cardiorespiratory causes. The
25 AHSMOG study did not find an association between TSP and mortality. The CD concluded that
26 the chronic exposure studies, taken together, suggested associations between increases in
27 mortality and long-term exposure to PM (EPA, 1996a, p. 13-34).

28 The new studies that are available for the current review include a comprehensive
29 reanalysis and extended analyses of data from the Six Cities and ACS studies (Krewski et al.,
30 2000) and new analyses using updated data from the AHSMOG study (Abbey et al., 1999).

1 Findings from the original Six Cities, ACS, and AHSMOG investigations together with those
2 from new studies and reanalyses are summarized in Table 3-3.

3 The reanalysis of the Six Cities and ACS studies included two major components, a
4 replication and validation study, and a sensitivity analysis, where alternative risk models and
5 analytic approaches were used to test the robustness of the original analyses. In the first phase,
6 the Investigators reported the data from the two studies to be of generally high quality, and was
7 able to replicate the original results, confirming the original investigators' findings of associations
8 with both total and cardiorespiratory mortality (CD, p. 6-83).

9 The sensitivity analyses generally reported that the use of alternative models, including
10 variables that had not been used in the original analyses (e.g., physical activity, lung function,
11 marital status), did not materially alter the original findings. The Investigators also obtained data
12 on additional city-level variables that were not available in the original data sets (e.g., population
13 change, measures of income, maximum temperature, number of hospital beds, water hardness)
14 and included these data in the models. The associations between fine particles and mortality were
15 generally unchanged in these new analyses, with the exception of population change, which did
16 somewhat reduce the size of the associations with fine particles or sulfates.

17 Further analyses were conducted using data for potentially susceptible subgroups, and the
18 results did not show differences in the PM-mortality associations between most subgroups,
19 including gender, smoking status, exposure to occupational dusts and fumes, and marital status.
20 However, the effects of fine particles appeared to be larger in the subgroup without a high school
21 education than with more education; the Investigators postulated that this relationship could be
22 due to some unidentified socioeconomic effect modifier.

TABLE 3-3. EFFECT ESTIMATES PER INCREMENTS^A IN LONG-TERM MEAN LEVELS OF FINE AND INHALABLE PARTICLE INDICATORS FROM U.S. AND CANADIAN STUDIES

Type of Health Effect & Location	Indicator	Change in Health Indicator per Increment in PM	Range of City PM Levels * Means ($\mu\text{g}/\text{m}^3$)
Increased total mortality in adults		Relative Risk (95% CI)	
Six City ^B	$PM_{15/10}$ ($20 \mu\text{g}/\text{m}^3$)	1.18 (1.06-1.32)	18-47
	$PM_{2.5}$ ($20 \mu\text{g}/\text{m}^3$)	1.28 (1.09-1.51)	11-30
Six City ^C	$PM_{15-2.5}$ ($20 \mu\text{g}/\text{m}^3$)	1.43 (0.82-2.47)	range = 9.7
ACS Study ^D (151 U.S. SMSA)	$PM_{2.5}$ ($20 \mu\text{g}/\text{m}^3$)	1.14 (1.07-1.21)	9-34
Six City Reanalysis ^E	$PM_{15/10}$ ($20 \mu\text{g}/\text{m}^3$)	1.19 (1.06-1.34)	18.2-46.5
	$PM_{2.5}$ ($20 \mu\text{g}/\text{m}^3$)	1.28 (1.09-1.51)	11.0-29.6
ACS Study Reanalysis ^E	$PM_{15/10}$ ($20 \mu\text{g}/\text{m}^3$) (SSI)	1.02 (0.99-1.04)	34-101
	$PM_{2.5}$ ($20 \mu\text{g}/\text{m}^3$)	1.14 (1.08-1.21)	9.0-33.4
	$PM_{15-2.5}$ ($20 \mu\text{g}/\text{m}^3$)	1.01 (0.97-1.05)	9-42
	$PM_{2.5}$ ($20 \mu\text{g}/\text{m}^3$)	1.14 (1.08-1.21)	9.0-33.4
Southern California ^F	PM_{10} ($20 \mu\text{g}/\text{m}^3$)	1.01 (0.92, 1.10)**	51 (± 17)
	PM_{10} (cutoff= 30 d/yr >100 $\mu\text{g}/\text{m}^3$)	0.99 (0.93, 1.06)**	
	$PM_{2.5}$ ($24.3 \mu\text{g}/\text{m}^3$)	1.22 (0.95, 1.58) (males)	31.9 (17.2-45.2)
	$PM_{10-2.5}$ ($9.7 \mu\text{g}/\text{m}^3$)	1.05 (0.92, 1.20) (males)	27.3 (3.7, 44.3)

* Range of mean PM levels given unless, as indicated, studies reported overall study mean (min, max), or mean (\pm SD)

** represents pooled estimates for males and females, using inverse weighted variances

^AResults calculated using PM increment between the high and low levels in cities, or other PM increments given in parentheses

References:

^BDockery et al. (1993)

^CEPA, (1996a)

^DPope et al. (1995)

^EKrewski et al. (2000)

^FAbbey et al. (1999)

Adapted from CD Tables 6-11 and 9-6.

1 It has been recognized that pollution levels have declined over time in many areas. When
2 some key risk factors, including pollution level, were allowed to vary over time in the analyses, it
3 was found that the association between fine particles and mortality was reduced, but remained
4 statistically significant. This might be expected, if the most polluted cities had the greatest decline
5 in pollutant levels as controls were applied (CD, p. 6-85).

6 The original analyses had not included assessment of co-pollutant confounding, though
7 single-pollutant analyses between mortality and the co-pollutant gases were done in the Six Cities
8 analysis. Significant or borderline significant associations were reported with SO₂ and NO₂, but it
9 was observed that these pollutants were strongly correlated with PM (CD, p. 12-168). The
10 Investigators obtained additional data on gaseous pollutant concentrations and evaluated both the
11 effects of these pollutants alone and with PM in multi-pollutant models. Significant associations
12 were reported between mortality and sulfur dioxide, and in multiple pollutant models, the sulfur
13 dioxide associations often appeared stronger than those for fine particles and sulfates. The
14 authors suggest that it is more likely that sulfur dioxide is acting as a marker for other mortality-
15 associated pollutants, and conclude “Nonetheless, both fine particles and sulfate continued to
16 demonstrate a positive association with mortality even after adjustment for the effects of sulfur
17 dioxide in our spatial regression analyses.” (Krewski et al., 2000, p. 233, 234)

18 Several methods were used to address variation from city to city, or spatial correlation
19 among cities, using the larger sulfate data set. The resulting sulfate associations were sometimes
20 smaller and sometimes larger than the original effect estimate. The Investigators concluded: “it
21 suggests that uncontrolled spatial autocorrelation accounts for 24% to 64% of the observed
22 relation. Nonetheless, all our models continued to show an association between elevated risks of
23 mortality and exposure to airborne sulfate.” (Krewski et al., 2000, p. 228).

24 In summary, the draft CD concluded that the reanalysis generally confirmed the original
25 investigators’ findings of associations between mortality and long-term exposure to fine particles.
26 As seen in draft CD Table 6-6, the mortality relative risk estimates reported in the replication
27 analysis were nearly identical to those reported in the original studies (CD, p. 6-84). In the
28 sensitivity analyses, Krewski et al. (2000) reported risk estimates that were “remarkably robust to
29 alternative risk models” (p. 25). While recognizing that increased mortality may be attributable to

1 more than one component of ambient air pollution, the reanalysis confirmed the association
2 between mortality and fine particle and sulfate exposures (CD, p. 6-87).

3 Analyses of the AHSMOG cohort available for the 1996 CD reported no significant
4 associations between mortality and PM, measured as TSP (Abbey et al., 1991). In the new
5 studies discussed in the draft CD (pp. 6-87 to 6-99), analyses have used more recent air quality
6 data for PM₁₀ and have estimated PM_{2.5} concentrations from visibility data. A significant
7 association was reported for total mortality and PM₁₀ (number of days exceeding 100 µg/m³) for
8 males (CD, p. 6-88), but no significant associations were reported for other PM₁₀ indices (e.g., 30
9 µg/m³ increase), for deaths from contributing respiratory causes, and among females. Additional
10 analyses were conducted using only data from males and estimated PM_{2.5} and PM_{10-2.5}
11 concentrations; larger effects estimates were reported for mortality with PM_{2.5} than with PM_{10-2.5},
12 but again, the estimates were generally not statistically significant (CD, Table 6-10). The draft
13 CD concludes that the “lack of consistent findings in this study does not cast doubt on the
14 findings of the Six Cities and ACS studies, which both had larger study populations (especially the
15 ACS study), were based on measured PM data (in contrast with AHSMOG PM estimates based
16 on TSP or visibility measurements) and have been validated through an exhaustive reanalysis.”
17 (CD, p. 6-94).

18 An additional new long-term exposure study has been recently published (Lipfert et al.,
19 2000b). The study examines a prospective cohort of military men assembled by the Veterans
20 Administration in the 1970s. The investigators report inconsistent and largely nonsignificant
21 associations between PM exposure (including, depending on availability, TSP, PM₁₀, PM_{2.5}, PM₁₅
22 and PM_{15-2.5}) and mortality. The draft CD finds “it is difficult to assess the methodological
23 soundness of this study or to interpret its preliminary results. The findings may reflect one or
24 more unintentional forms of confounding” (CD, p. 6-101). The final model used by the authors
25 included 233 variables, of which 162 were interaction terms of systolic blood pressure, diastolic
26 blood pressure, and body mass index variables with age. The blood pressure variables may be an
27 important intermediate step in the causal pathway between PM and cardiorespiratory health
28 effects, and it is generally inappropriate to treat factors in the causal pathway as confounders (CD,
29 p. 6-100 and 6-101). In summary, the CD concludes that the results of this study do not cast
30 doubt on the results of the Six Cities, ACS and reanalysis studies.

1 In addition to the analyses of total and cardiorespiratory mortality described above, the
2 three prospective cohort studies examined PM in relation to lung cancer mortality. None of the
3 three studies (Six Cities, ACS, AHSMOG) reported a significant association between long-term
4 exposure to fine particles and lung cancer mortality (EPA, 1996b, p. V-17). The reanalysis study
5 confirmed these findings for the Six Cities and ACS studies (Krewski et al., 2000). One new
6 study on potential lung cancer associations has used data from the AHSMOG cohort. As
7 summarized in the draft CD, significant associations were reported between long-term PM₁₀
8 exposure and lung cancer mortality for males, but not females; some associations were also
9 reported with other gaseous pollutants. The findings were based on a small number of lung
10 cancer deaths in the cohort, and the effect estimates were quite variable, with some described as
11 “high non-credible RR [relative risk]” (CD, p. 6-91). Further analysis using data for males and
12 estimated PM_{2.5} and PM_{10-2.5} reported no statistically significant associations with lung cancer
13 mortality for either PM_{2.5} or PM_{10-2.5} (CD, p. 6-92). Thus, there remains little evidence for lung
14 cancer associations with ambient PM mass.

15 A few new studies have linked infant mortality with average ambient PM concentrations
16 over periods of one month or more during gestation or around the time of birth. Each of the
17 studies reviewed in the draft CD (Section 6.2.3.4) reported significant associations between infant
18 mortality and PM exposure. One recent U.S. study reported significant associations between
19 PM₁₀ concentrations during the first 2 months of the infant’s life and mortality from respiratory
20 causes and sudden infant death syndrome (Woodruff et al., 1997). Studies conducted in the
21 Czech Republic and Mexico City also find associations with infant mortality, and the CD
22 concludes that these findings “suggest that infants may be among sub-populations notably affected
23 by long-term PM exposure” (CD, p. 6-106). Less consistent evidence was reported for an
24 association between PM exposure during gestation and low birth weight for infants (CD, p. 6-
25 102).

26 In summary, positive, statistically significant associations between mortality from total or
27 cardiorespiratory causes and fine particles were reported in the Six Cities and ACS studies and
28 these results were confirmed in an extensive reanalysis. In considering these results, as well as the
29 other evidence related to long-term exposures discussed above, the draft CD concludes that long-

term PM exposure durations are likely associated with serious human health effects. (CD, p. 6-267).

3.3.1.3 Mortality Displacement and Life-Shortening

The 1996 CD and Staff Paper discussed the issue of mortality displacement, or whether some of the acute mortality associations represent deaths among the weakest individuals who might have died within days even without PM exposure (sometimes referred to as “harvesting”). Limited data were available, and it was concluded that there may be evidence of mortality displacement occurring in some portion of the population, but that further research was needed to more fully address this question (EPA, 1996b, p. V-19). In its assessment of the extent of life-shortening that may occur with long-term exposure to PM, the CD concluded that increased mortality results from both short-term and long-term ambient PM exposure, and that the amount of life shortening could potentially be on the order of years (EPA, 1996a, p. 13-45).

More recently, the extent to which mortality displacement may be occurring was investigated using two new types of analyses. One type of study separated time-series data into three components -- seasonal and longer fluctuations, intermediate fluctuations, and short-term fluctuations -- and varied the cutoff between the intermediate and short-term cycles to test for the presence of harvesting (Schwartz, 2000; Schwartz and Zanobetti, 2000). While there was evidence in the Boston analysis that mortality from chronic obstructive pulmonary disease (COPD) may be displaced by a only few months, effect sizes for deaths from pneumonia, heart attacks, and all causes were reported to increase as longer time scales were included, thus offering no evidence for harvesting effects. (Schwartz, 2000). Similar results were reported in the analysis of data from Chicago; this study also reported that effect size increased more steeply with increasing time scale for deaths outside the hospital than for in-hospital deaths (Schwartz and Zanobetti, 2000). Using data from Milan, Italy, positive associations were reported between TSP and mortality up to 13 days, with no effect reported in the next few days, then positive coefficients from 20 days to 45 days (maximum time scale used in study), possibly providing evidence for an initial “rebound” due to depletion of the susceptible population, but with an overall increase in effect size when considering mortality over the longer time scale (Zanobetti et al., 2000). Using first simulation analyses, then analyses using data from Philadelphia, effects of harvesting were assessed at 3 days, 30 days, and 300 days (Zeger et al., 1999), and larger effect

1 sizes were reported for the longer frequency ranges. The results of these studies “suggest that the
2 extent of harvesting, if any, is not a matter of a few days” (CD, p. 6-245).

3 The extent of life-shortening that may be associated with long-term PM exposure has been
4 investigated in a recent analysis using effect estimates from existing studies and life-table analysis
5 methods (Brunekreef, 1997). Chronic exposure to PM, with an exposure difference of 10 $\mu\text{g}/\text{m}^3$,
6 was associated with a reduction in 1.31 years in the population’s life expectancy at age 25.
7 Taking into account the evidence from a few new studies showing associations between infant
8 mortality and PM exposure, the draft CD finds that these data suggest that potential life-
9 shortening associated with long-term PM exposure may be even greater than Brunekreef’s (1997)
10 estimate. (CD, p. 6-106).

11 12 **3.3.3 Indices of Morbidity**

13 As noted in 1996 PM Staff Paper, given the statistically significant positive associations
14 between community PM concentrations and mortality, it is reasonable to anticipate that
15 comparable epidemiological studies should find increased morbidity with elevated levels of PM
16 (EPA, 1996b, p. V-21). This was indeed the case in the past review, where positive associations
17 were reported between PM and morbidity effects ranging from the more severe (e.g.,
18 hospitalization for respiratory or cardiovascular diseases) to moderate exacerbation of respiratory
19 conditions or decreases in lung function. Staff noted the logical relationships between the cause
20 specific mortality and hospital admissions results, as well as those across the range of morbidity
21 effects and sensitive populations.

22 A number of more recent epidemiological studies also find increased hospital admissions
23 or emergency room visits, as well as changes in lung function and respiratory symptoms with PM
24 exposure. Other new epidemiology studies have expanded the range of morbidity indices of
25 morbidity associated with PM, including physicians’ office or clinic visits for respiratory disease,
26 and cardiovascular health indicators such as heart rate or heart rate variability. In the previous
27 review, several epidemiology studies also reported increased numbers of school absences, lost
28 work days or restricted activity days with increased PM (EPA, 1996b, p. V-22); little new
29 evidence is provided for these morbidity indices in the draft CD.

1 The recent literature also shows productive interactions among toxicological, controlled
2 human, and epidemiological studies of morbidity effects. Effects related to some new endpoints
3 measured in the recent epidemiological studies, such as heart rate variability, were first reported in
4 animal toxicology studies. Some toxicology studies have used ambient PM samples from areas in
5 which epidemiological studies were conducted (e.g. Ghio, 1999a,b). In addition, many
6 laboratory studies have measured cellular or physiological changes, such as changes in numbers of
7 immune cell types, levels of cytokines, or measures of pulmonary or cardiovascular function
8 following exposure to CAPs or instilled ambient particles. The more subtle biological responses
9 measured in such studies may provide supporting evidence for morbidity associations reported
10 without being considered separate indices of morbidity.

11 **3.3.3.1 Hospital Admissions or Emergency Room Visits**

12 Hospitalization and emergency room visits are measures of more severe respiratory or
13 cardiovascular morbidity, and associations with these health outcomes have been evaluated in
14 numerous studies. The 1996 Staff Paper observed that epidemiological studies demonstrated
15 associations between hospital admissions and emergency room visits for respiratory and cardiac
16 causes and PM₁₀ exposure (EPA, 1996b, p. V-21). Most studies evaluated relationships with
17 admissions/visits for respiratory diseases, including asthma, COPD and pneumonia, and nearly all
18 associations were statistically significant. Where multi-pollutant models were evaluated,
19 associations reported with PM₁₀ were not substantially changed with the inclusion of gaseous co-
20 pollutants in the models. Several studies had also reported associations between PM and hospital
21 admissions for cardiovascular diseases. The 1996 CD included results from only one study where
22 PM_{2.5} and PM_{10-2.5} data were available, and associations with total respiratory admissions/visits
23 were reported for both, with the associations with fine particles or fine particle components were
24 larger and less influenced by co-pollutant confounding (Thurston et al., 1994). As noted in the
25 1996 Staff Paper, the associations reported with hospital admissions and emergency room visits
26 were coherent with the findings of significant associations with mortality, especially mortality
27 from cardiovascular and respiratory causes.

28 Numerous recent studies have continued to report significant associations between PM
29 and hospital admissions or emergency room visits for respiratory or cardiovascular diseases. The
30 new studies have included multi-city analyses, numerous assessments using cardiovascular

1 admissions/visits, and evaluation of the effects of fine- and coarse-fraction particles. The findings
2 from U.S. and Canadian studies on associations with PM_{10} , $PM_{2.5}$ or $PM_{10-2.5}$ are presented in
3 Figures 3-7, 3-8 and 3-9, respectively. In these figures, effects estimates are presented by general
4 respiratory or cardiovascular effects categories, separated into more specific subcategories in
5 cases where results from several studies are available (e.g., COPD, asthma). Within each group,
6 the results are presented in order of decreasing study size or power, using the natural log of the
7 product of study days times number of admissions/visits per day. The results for all new
8 cardiovascular and respiratory admissions/visits studies, including those using nongravimetric PM
9 measurements and studies from non-North American locations, are summarized in the draft CD in
10 Tables 6-16 and 6-17, respectively, and the effect estimates for PM_{10} , $PM_{2.5}$ or $PM_{10-2.5}$ from U.S.
11 and Canadian studies are summarized in Appendix A, Tables 2 and 3, respectively.

12 Effect estimates for PM_{10} presented in Figure 3-7 include findings from multi-city studies,
13 as well as results from studies available for review in the 1996 CD, with the range of statistically
14 significant effect estimates from the 1996 CD indicated at the right-hand margin; for $PM_{2.5}$ or
15 $PM_{10-2.5}$, the effects estimates from the only study on respiratory admissions/visits available in the
16 1996 CD are indicated in the right-hand margins in Figures 3-8 and 3-9. In general, positive,
17 mostly statistically significant associations for both respiratory and cardiovascular
18 admissions/visits are seen with PM_{10} and $PM_{2.5}$, as well as with $PM_{10-2.5}$.

19 As discussed previously, the results of multi-city studies are of particular relevance in the
20 review of PM standards. The recent U.S. multi-city study, NMMAPS, reported statistically
21 significant associations between PM_{10} and hospital admissions in the elderly for cardiovascular
22 diseases, pneumonia or COPD in 14 cities (Samet et al., 2000b), with somewhat larger effect

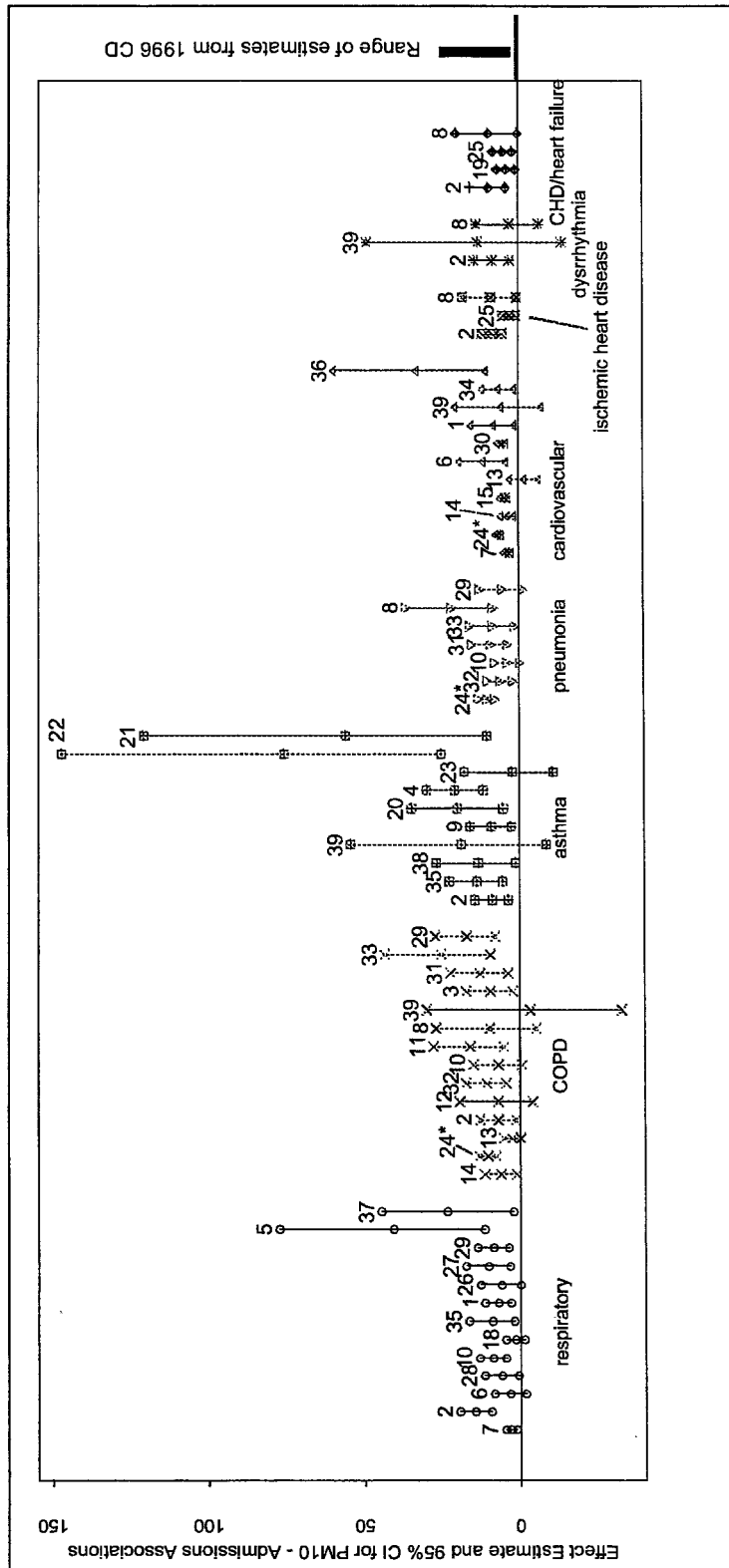


Figure 3-7. Effects estimates for PM₁₀ and hospital admissions, emergency room visits (denoted ♦) or physicians office visits (denoted ○) for various respiratory and cardiovascular diseases from U.S. and Canadian studies. Within each category, associations are ranked by decreasing natural log of the morbidity-days product (product of study days and number of admissions/visits per day). Multi-city studies denoted with an asterisk above; study locations are identified below (data in Appendix 3-A, Table 4D)

- | | | |
|--|---|--------------------------------------|
| 1. Burnett et al., 1997, Toronto | 21. Norris et al., 2000, Seattle ♦ | 31. Schwartz, 1994b, Birmingham |
| 2. Burnett et al., 1999, Toronto | 22. Norris et al., 1999, Seattle ♦ | 32. Schwartz, 1994a, Detroit |
| 3. Chen et al., 2000, Reno | 23. Norris et al., 2000, Spokane ♦ | 33. Schwartz, 1994c, Minn/St. Paul |
| 4. Choudhury et al., 1997, Anchorage ○ | 24. Samet et al., 2000b, 14 U.S. cities | 34. Schwartz, 1997, Tucson |
| 5. Delfino et al., 1997, Montreal ♦ | 25. Schwartz and Morris, 1995, Detroit | 35. Sheppard et al., 1999, Seattle |
| 6. Gwynn et al., 2000, Buffalo | 26. Schwartz, 1995, New Haven | 36. Stieb et al., 2000, St. John ♦ |
| 7. Linn et al., 2000, LA | 27. Schwartz, 1995, Tacoma | 37. Thurston et al., 1994 Toronto |
| 8. Lippmann et al., 2000, Detroit | 28. Schwartz et al., 1996, Cleveland | 38. Tolbert et al., 2000b, Atlanta ♦ |
| 9. Lipsett et al., 1997, Santa Clara ♦ | 29. Schwartz et al., 1996, Spokane | 39. Tolbert et al., 2000a, Atlanta ♦ |
| 10. Moolgavkar et al., 1997, Minn/St. Paul | 30. Schwartz, 1999, 8 US Counties | |
| 11. Moolgavkar et al., 2000, King Co. | | |
| 12. Moolgavkar, 2000c, Maricopa Co. | | |
| 13. Moolgavkar, 2000b, Maricopa Co. | | |
| 14. Moolgavkar, 2000c, Cook Co. | | |
| 15. Moolgavkar, 2000b, LA | | |
| 16. Moolgavkar, 2000c, LA | | |
| 17. Moolgavkar, 2000b, Cook Co. | | |
| 18. Moolgavkar, et al., 1997, Birmingham | | |
| 19. Morris and Naumova, 1998, Chicago | | |
| 20. Nauenberg and Basu, 1999, LA | | |

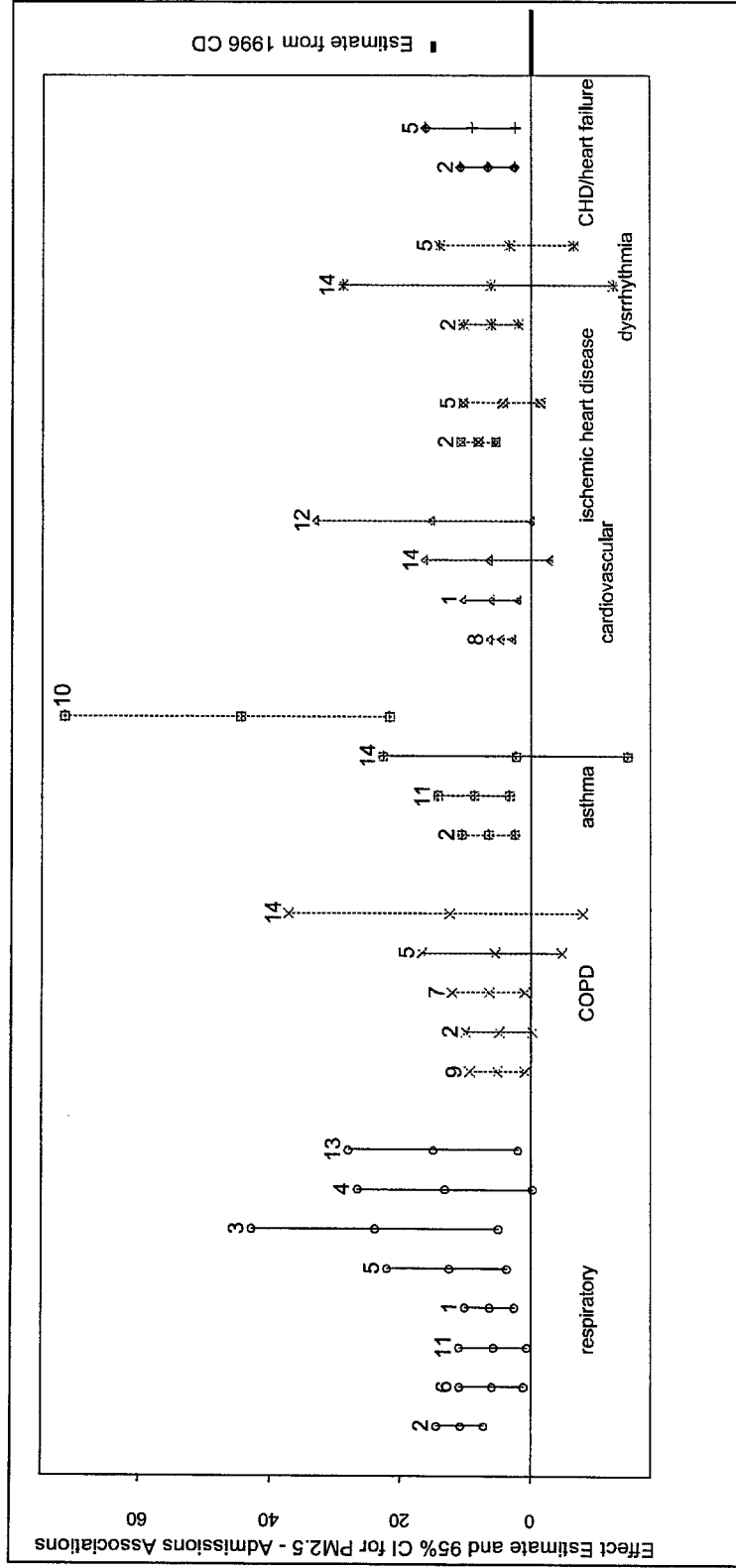


Figure 3-8. Effects estimates for PM_{2.5} and hospital admissions or emergency room visits (denoted \diamond) for various respiratory and cardiovascular diseases from U.S. and Canadian studies. Within each category, associations are ranked by decreasing natural log of the morbidity-days product (product of study days and number of admissions/visits per day). Study locations are identified below (data in Appendix 3-A, Table 4E)

- | | | | |
|--|--|---|---|
| 1. Burnett et al., 1997, Toronto | 4. Delfino et al., 1998, Montreal \diamond | 7. Moolgavkar et al., 2000, King Co. | 11. Sheppard et al., 1999, Seattle |
| 2. Burnett et al., 1999, Toronto | 5. Lippmann et al., 2000, Detroit | 8. Moolgavkar, 2000b, LA | 12. Stieb et al., 2000, St. John \diamond |
| 3. Delfino et al., 1997, Montreal \diamond | 6. Lumley and Heagerty, 1999, King Co | 9. Moolgavkar, 2000c, LA | 13. Thurston et al., 1994, Toronto |
| | | 10. Norris et al., 1999, Seattle \diamond | 14. Tolbert et al., 2000a, Atlanta \diamond |

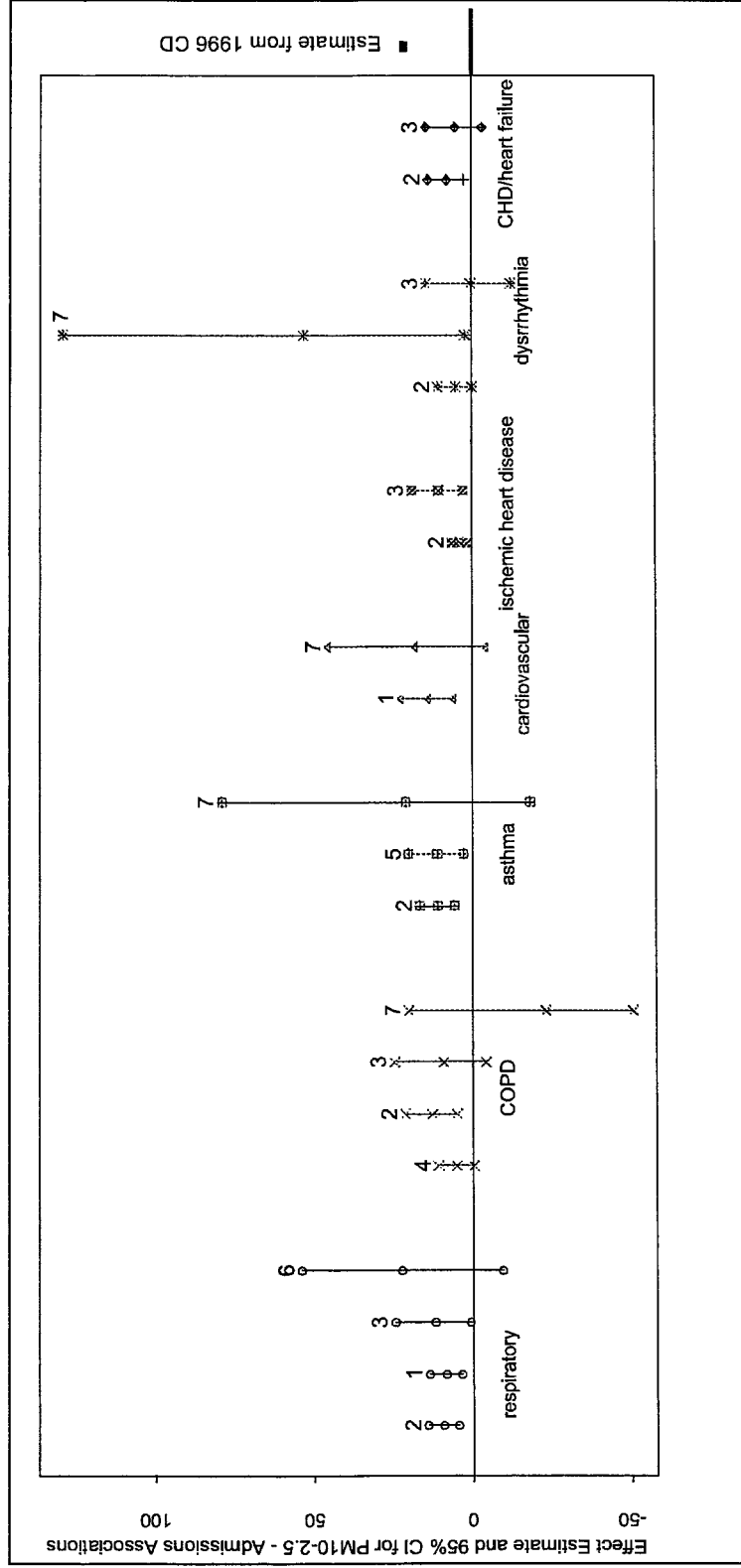


Figure 3-9. Effects estimates for PM_{10-2.5} and hospital admissions or emergency room visits (denoted \diamond) for various respiratory and cardiovascular diseases from U.S. and Canadian studies. Within each category, associations are ranked by decreasing natural log of the morbidity-days product (product of study days and number of admissions/visits per day). Study locations are identified below (data in Appendix 3-A, Table 4F)

- | | | |
|-----------------------------------|-----------------------------------|--|
| 1. Burnett et al., 1997, Toronto | 3. Lippmann et al., 2000, Detroit | 6. Thurston et al., 1994, Toronto |
| 2. Burnett et al., 1999, Toronto | 4. Moolgavkar, 2000b, LA | 7. Tolbert et al., 2000a, Atlanta \diamond |
| 5. Sheppard et al., 1999, Seattle | | |

estimates when a distributed lag approach was used (Zanobetti et al., 2000). Increases of 6% in hospital admissions for cardiovascular disease and 10% in hospital admissions for COPD or pneumonia per 50 $\mu\text{g}/\text{m}^3$ increase in PM_{10} were reported. In addition, the authors used a new approach for evaluating potential confounding by testing for associations between the PM effect estimate and the PM-gaseous pollutant relationship in each location (as was done in multi-city mortality analyses described in Section 3.3.1.1.1). No evidence was found for trends between the coefficients between PM_{10} and O_3 or SO_2 and PM_{10} -respiratory admissions associations, or between the coefficients between PM_{10} and CO , O_3 or SO_2 and PM_{10} -cardiovascular admissions associations, indicating that confounding by co-pollutants is unlikely (Samet et al., 2000b).

A multi-city study analysis for 8 U.S. counties also reported statistically significant associations between PM_{10} and hospital admissions for cardiovascular diseases among the elderly. An increase of 5% in admissions was associated with a 50 $\mu\text{g}/\text{m}^3$ increase in PM_{10} , with no evidence of confounding with ambient CO (Schwartz, 1999).

In the European multi-city study, APHEA, associations between PM and admissions/visits for all respiratory diseases, asthma or COPD were largely positive, though not always statistically significant. While the APHEA analyses used PM measurements from a variety of methods (e.g., suspended particles, black smoke), which makes quantitative comparisons with North American studies difficult, the draft CD observes that the APHEA results are qualitatively consistent with results of other studies (CD, p. 6-177).

Considering all U.S. and Canadian studies, PM_{10} and $\text{PM}_{2.5}$ are associated with admissions/visits for respiratory diseases and specific disease categories, including asthma, COPD, pneumonia, and the findings are generally consistent with those reported in the 1996 CD. In Figure 3-7, it can be seen that most associations between PM_{10} and admissions/visits for respiratory causes are positive and statistically significant. A number of new studies have also reported significant associations between $\text{PM}_{2.5}$ and admissions/visits for respiratory diseases (Figure 3-8). The CD concludes that the numerous recent studies provide evidence for associations with PM_{10} and $\text{PM}_{2.5}$ at levels lower than had been demonstrated previously for this health outcome (CD, p. 6-179).

Though fewer studies are available, several recent studies show significant associations between admissions/visits for respiratory diseases and $\text{PM}_{10-2.5}$ (Figure 3-9). In addition, the draft

1 CD observes that, as was found in the previous review, significant associations are reported
2 between PM_{10} and hospital admissions or emergency room visits for respiratory diseases in studies
3 that were conducted in areas of the western U.S. where coarse-fraction particles are predominant
4 (CD, p. 6-236), indicating a likely role for coarse-fraction particles in the reported effects. Thus,
5 both fine- and coarse-fraction particles appear to be linked to increases in hospital admissions and
6 emergency room visits for respiratory diseases, though more evidence is available for fine-fraction
7 particles. In addition, where investigators have used two-pollutant models to test the
8 independence of the effects of each size fraction, $PM_{2.5}$ and $PM_{10-2.5}$ were not highly correlated and
9 had independent effects (Lippmann et al., 2000; Moolgavkar, 2000c).

10 Figures 3-7 through 3-9 present effects estimates from single-pollutant models. As
11 discussed above, the multi-city analyses of hospital admissions have not found evidence of
12 significant confounding by co-pollutant gases. In single-city studies, a number of investigators
13 evaluated the effects of gaseous co-pollutants independently and in multi-pollutant models with
14 PM. As discussed in further detail in Section 3.5.1, some gaseous pollutants have been reported to
15 have independent effects on the respiratory system and might be expected to act as confounders in
16 PM-admissions/visits associations. For example, a number of studies have indicated that O_3 is
17 associated with increased admission/visits for respiratory diseases, such as asthma, and a number of
18 the studies in Table 6-17 of the draft CD report significant associations with O_3 . In some of these
19 studies, PM effect estimates were reduced in two-pollutant models with O_3 (e.g., Tolbert et al.,
20 2000b; Delfino et al., 1998), but in others, PM associations were generally reported to be robust to
21 inclusion of O_3 in the models (e.g., Lippmann et al., 2000; Gwynn et al., 2000; Burnett et al.,
22 1997) and less evidence was found for potential confounding by other gaseous pollutants (results
23 summarized in Table 6-17 of the draft CD). In considering studies of cardiovascular
24 admissions/visits, the draft CD focused on CO as a co-pollutant of interest, due to the known
25 effects of CO on the cardiovascular system (EPA, 1999). The draft CD finds that “[t]he above
26 analyses of daily PM_{10} and CO in U.S. cities, overall, suggest that elevated concentrations of both
27 PM_{10} and CO may enhance risk of cardiovascular (CVD)-related morbidity leading to acute
28 hospitalizations” (CD, p. 6-128). In studies of cardiovascular and chronic respiratory disease
29 admissions/visits, Moolgavkar (2000b,c) reports that associations with PM were dramatically
30 reduced with the inclusion of either CO or NO_2 (differs by location and health endpoint) in the

1 models. For cardiovascular admissions/visits (but equally true for respiratory diseases) the CD
2 concludes: "In some studies, PM clearly carries an independent association after controlling for
3 gaseous co-pollutants. In others, the 'PM effects' are markedly reduced once co-pollutants are
4 added to the model; but this may in part be due to both PM and co-pollutants such as CO and NO₂
5 being emitted from a common source (motor vehicles) and consequent colinearity between them
6 and/or the gaseous pollutants such as CO having independent effects on cardiovascular function"
7 (CD, p. 6-141).

8 The CD concludes that the U.S. multi-city studies (Samet et al., 2000a,b; Schwartz, 1999)
9 likely provide the most precise estimates for relationships of U.S. ambient PM₁₀ exposure to
10 increased risk for hospitalization (CD, pp. 6-127, 6-172). Taken together, the findings of new
11 studies and those reviewed in the 1996 CD offer consistent evidence for associations between
12 ambient PM concentrations and admissions/visits to the hospital or emergency room for respiratory
13 or cardiovascular diseases.

14 **3.3.3.2 Effects on the Respiratory System**

15 Evidence available in the previous review suggested associations between PM exposure
16 and respiratory effects such as changes in lung function, increases in respiratory symptoms or
17 disease, as well as related morbidity indices such as school absences, lost work days and restricted
18 activity days (EPA, 1996b, pp. V-21 and V-22). From epidemiology or controlled human
19 exposure studies of short-term PM exposure, it was reported that sensitive individuals (especially
20 those with asthma or pre-existing respiratory symptoms) may have increased or aggravated
21 symptoms, with or without reduced lung function (EPA, 1996b, p. V-23). Long-term (months to
22 years) exposure to PM was linked with decreased lung function and increased incidence of
23 respiratory diseases such as bronchitis (EPA, 1996b, p. V-26). The results of studies using long-
24 term and short-term PM exposure data were reported to be consistent with one another. In
25 addition, toxicology studies using surrogate particles or PM components, generally at high
26 concentrations, and autopsy studies of humans and animals reported evidence of pulmonary
27 effects, including morphological damage (e.g., changes in cellular structure of the airways), and
28 changes in resistance to infection.

29 Recently published studies summarized in the draft CD have included toxicological or
30 controlled human exposure studies of exposures to ambient PM, using inhalation exposures to

1 CAPs or intratracheal instillation of ambient PM samples. These studies provide additional new
2 evidence linking PM with respiratory effects. Among the many new epidemiology studies are
3 several assessing relationships between PM and additional health endpoints, including physicians'
4 office visits. A number have evaluated effects on lung function or respiratory symptoms, while few
5 new studies have assessed effects such as school absences or work loss days, which are indirect
6 measures that may be linked with respiratory illness.

7 ***Acute Respiratory Effects - Epidemiological Studies.*** Among the new epidemiology
8 studies are several using medical visits for respiratory illness as a measure of health effects. These
9 studies have evaluated effects of pollutant exposure on visits to physician's offices (Anchorage,
10 Alaska, Choudhury et al., 1997; London, UK, Hajat et al., 1999; Santiago, Chile, Ostro et al.,
11 1999), or doctor's visits to patients (Paris, France, Medina et al., 1997). Visits for asthma were
12 significantly increased with PM exposure in children (Medina et al., 1997) and people of all ages
13 (Choudhury et al., 1997), and significant associations were found with visits for lower respiratory
14 diseases in children (Ostro et al., 1999) and adults (Hajat et al., 1999).

15 The draft CD notes that these studies "provide new insight into the fact that there is a
16 broader scope of severe morbidity associated with PM air pollution exposure than previously
17 documented" (CD, p. 6-180). These studies find associations in a range of 3% to 42% increases in
18 medical visits with a 50 $\mu\text{g}/\text{m}^3$ change in PM_{10} (CD Table 6-17). The results of these studies offer
19 further support for coherence in effects on the respiratory tract, since they are consistent with
20 findings of increased mortality and hospital admissions or emergency room visits for respiratory
21 diseases. These new studies also indicate the potentially more widespread public health impact of
22 the less severe respiratory health endpoints (CD, p. 6-181).

23 New epidemiology studies on PM-related effects on respiratory symptoms or lung function
24 are summarized in draft CD Tables 6-19 through 6-23; the studies are grouped by health status of
25 the study subjects (asthmatic or nonasthmatic) and PM exposure (short- and long-term). Only a
26 few recent North American publications are available; the results for U.S. and Canadian studies
27 using gravimetric PM data are included in Appendix A, Table 2. Most U.S. and Canadian studies
28 used gravimetric PM data, generally PM_{10} and sometimes $\text{PM}_{2.5}$ and $\text{PM}_{10-2.5}$, and most were
29 studies using children.

1 All studies of effects in children reported significant associations with a range of respiratory
2 symptoms (e.g., cough, wheeze, shortness of breath) (Neas et al., 1995, 1996; Ostro et al., 1995;
3 Pope et al., 1991; Schwartz et al., 1994; Vedal et al., 1998). Some (Neas et al., 1999; Schwartz
4 and Neas, 2000; Vedal et al., 1998), but not all (Neas et al., 1995, 1996; Thurston et al., 1997), of
5 the North American studies also reported significant associations between PM_{10} , $PM_{2.5}$ or $PM_{10-2.5}$
6 and decreases in lung function measures (e.g., decreased peak expiratory flow rate).

7 From the limited number of studies using adults, Nacher et al. (1999) found significant
8 associations between PM_{10} , $PM_{2.5}$ and $PM_{10-2.5}$ and decreased lung function in adult women, but no
9 significant associations were found with respiratory symptoms by Ostro et al. (1991) or Pope et al.
10 (1991).

11 In those studies where $PM_{2.5}$ and $PM_{10-2.5}$ data were available, the findings suggest roles for
12 both fine- and coarse-fraction PM in reduced lung function and increased respiratory symptoms
13 (CD, p. 6-237). For example, using data from the Six Cities study, lower respiratory symptoms
14 were found to be significantly increased for children with $PM_{2.5}$ but not with $PM_{10-2.5}$, while the
15 reverse was true for cough (Schwartz and Neas, 2000). When both $PM_{2.5}$ and $PM_{10-2.5}$ were
16 included in models, the effect estimates were reduced for each, but $PM_{2.5}$ retained significance in
17 the association with lower respiratory symptoms and $PM_{10-2.5}$ retained significance in the
18 association with cough. In the last review, several studies reported significant associations
19 between symptoms or lung function changes with PM_{10} and fine particles or fine particle
20 surrogates, but no data were available for coarse-fraction particles (EPA 1996b, Table V-12). The
21 new studies continue to show effects of short-term exposure to PM_{10} and $PM_{2.5}$ and offer
22 additional evidence for associations between $PM_{10-2.5}$ and respiratory morbidity.

23 Considering also results from studies conducted outside the U.S. and Canada, the draft CD
24 finds evidence supporting increases in respiratory symptoms associated with short-term exposures
25 to PM for both asthmatic and nonasthmatic subjects, though many associations did not reach
26 statistical significance. Again, considering the full body of literature, short-term PM exposure was
27 associated with decreases in lung function (e.g., peak expiratory flow rate) in studies of asthmatics
28 (CD, p. 6-184) but little evidence was reported for associations between lung function and short-
29 term PM exposure in nonasthmatic subjects (CD, p. 6-194).

1 ***Acute Respiratory Effects - Laboratory Studies.*** Key toxicology or controlled human
2 exposure studies summarized in the draft CD include: (1) exposures of human volunteers in a
3 clinical setting to concentrated ambient PM; (2) animal studies with exposure to ambient PM by
4 inhalation of CAPs or intratracheal installation of ambient PM samples; and (3) *in vitro* exposures
5 to ambient particles using cells from the respiratory system (e.g., bronchial epithelial cells,
6 macrophages). The principal effects studied have been inflammatory response and other indicators
7 of lung injury.

8 Inflammatory responses in the respiratory system were reported in humans and animals
9 exposed to concentrated ambient fine particles. Although less evidence is available from studies
10 using ambient particle exposures, Costa and Dreher (1997) summarized evidence from studies
11 showing increased inflammatory cell counts with exposure to ambient particles collected in U.S.,
12 Canadian, and German cities, and Brain et al. (1998) showed that similar levels of acute
13 inflammatory injury were caused by urban air particles and Kuwaiti oil fire particles (on an equal
14 mass basis). One new controlled human exposure study also reported evidence of inflammatory
15 changes in the lung with exposure to CAPs (Ghio et al., 2000).

16 The types of effects reported included increases in neutrophils (either total number or
17 percent) in the lungs in humans (Ghio et al., 2000) and in animals (Clarke et al., 1999; Godleski et
18 al., 2000; Gordon et al., 1998; Kodavanti et al., 2000); though changes in immune cell numbers
19 haven't been observed in all studies (Gordon et al., 2000). Increased neutrophil levels have been
20 reported with ROFA exposures in animals or cell cultures (e.g., Costa and Dreher, 1997;
21 Killingsworth et al., 1997). Increases also have been reported in other immune cell types such as
22 eosinophils or alveolar macrophages (CD, Table 8-4). Increases in immune cells, again commonly
23 neutrophils, also were reported with intratracheal exposure to urban particles in animals (Brain et
24 al., 1998; Li et al., 1996, 1997; Ghio et al., 1999, Kennedy et al., 1998).

25 Other inflammatory changes reported have included changes in levels or increased release
26 of cytokines, or chemicals released as part of the inflammatory process (e.g., interleukins such as
27 IL-8). The draft CD concludes that exposure of lung cells to ambient PM, ROFA or PM
28 surrogates leads to increased production of cytokines and that the effects may be mediated, at least
29 in part, through production of reactive oxygen species (CD, p. 8-57).

1 A number of animal studies have shown that exposure to diesel exhaust particles could
2 increase the production or release of inflammatory cells, such as eosinophils (CD, p. 8-44).
3 Controlled exposures of humans to diesel exhaust particles also have resulted in increases in
4 inflammatory cells indicative of enhanced response to allergens (CD, p. 8-45). Together, the
5 human and animal studies provide evidence that particle exposures can produce inflammatory
6 changes in the respiratory system.

7 Animal studies also have reported evidence of general lung injury, including increased
8 protein levels in lung fluids with exposure to ambient particles (CD Table 8-3) or combustion-
9 related particles such as ROFA (CD, Table 8-4). One general cause of lung cell injury is the
10 production of reactive oxidant species that can damage the epithelial cells in the lung; these
11 chemicals can be produced as part of an inflammatory response to particle exposure. In *in vitro*
12 experiments, ambient PM exposures were reported to have effects that included increased release
13 of inflammatory chemicals, evidence of oxidant stress on the cells, and evidence of general cellular
14 toxicity (e.g., release of proteins) (CD Table 8-8). Several *in vitro* studies have reported evidence
15 of increased oxidative stress in lung cell cultures exposed to particles collected in Utah Valley;
16 notably, the particle doses used in these studies were only 2-3-fold greater than generally estimated
17 doses for humans breathing ambient air (Ghio et al., 1999a,b; Soukup et al., 2000). In two of
18 these studies, the transition metal content of the particles appeared to be more closely linked to
19 reported effects than the quantity of particles (Ghio et al., 1999a,b). Soukup and colleagues
20 (2000) also tested the effects of particles collected in Utah Valley, and found evidence of oxidant
21 activity with particles collected at times when a major industrial PM source was in operation, but
22 not when the industrial source was shut down. In this latter study, however, the effects did not
23 appear to be closely correlated with metal content of the particles.

24 Findings of inflammation and lung injury are generally consistent with epidemiological
25 results showing increases in respiratory symptoms or exacerbation of respiratory diseases. Some
26 epidemiological studies also have reported increased admissions/visits for respiratory infections or
27 pneumonia, and there is some toxicological evidence indicating increased susceptibility to
28 respiratory infections. The 1996 CD observed that impairment of pulmonary host defense
29 mechanisms by acidic particles was consistent with observations of increased prevalence of
30 bronchitis in communities with higher levels of acidic PM (EPA 1996a, p. 13-75). Similarly, the

1 draft CD finds evidence of altered lung responses to microbial agents, though at high PM
2 concentrations (CD, p. 8-47).

3 The epidemiology findings are consistent with those of the previous review in showing
4 associations with both respiratory symptom incidence and decreased lung function. As reported
5 previously, the evidence is somewhat stronger for changes in symptoms than lung function. The
6 findings from studies of physicians' office visits for respiratory diseases offer new evidence of
7 acute respiratory effects with exposure to ambient PM that is coherent with evidence of increased
8 respiratory symptoms and admissions/visits to the hospital or emergency room for respiratory
9 disease. While urging caution in interpreting the findings of the high-dose toxicology studies, the
10 draft CD concludes that the findings "have shown clearly that PM obtained from various sources
11 can cause lung inflammation and injury" and that "[t]he fact that instillation of ambient PM
12 collected from different geographical areas and from a variety of emission sources consistently
13 caused pulmonary inflammation and injury tends to corroborate epidemiological studies that report
14 increased respiratory morbidity and mortality associated with PM in many different geographical
15 areas and climates." (CD, pp. 8-19 and 8-20).

16 ***Chronic Effects.*** In the 1996 CD, only a few epidemiology studies had assessed
17 associations between long-term PM exposure and lung function changes or respiratory symptoms.
18 Among U.S. and Canadian studies, the Six Cities and 24-Cities studies had provided data
19 suggesting associations with chronic bronchitis and decreased FEV₁ or FVC in children (CD, p. 6-
20 205). In the 1996 Staff Paper, significant associations were observed between decreased lung
21 function or increased incidence of bronchitis in children with fine particles or fine particle
22 surrogates, with less evidence for associations with PM₁₀, PM₁₅ or TSP (EPA, 1996b, Table V-
23 13).

24 Several new epidemiological analyses have been conducted on long-term pollutant
25 exposure effects on respiratory symptoms or lung function in the U.S.; numerous European, Asian,
26 and Australian studies have also been published. Little new evidence is available from toxicology
27 or controlled human exposure studies regarding long-term effects of PM exposure. The new U.S.
28 epidemiological studies are based on data from two main cohort studies, a study of schoolchildren
29 in 12 Southern California Communities and an adult cohort of Seventh Day Adventists
30 (AHSMOG).

1 As seen in Table 3-4, initial publications from the 12 Southern California Communities
2 childrens cohort show significant associations between long-term exposure to PM and incidence of
3 bronchitis or phlegm among the subgroup of children with asthma, though no significant
4 associations were found for the subgroups of children without asthma (McConnell et al., 1999). In
5 this study, some significant associations were also found for NO₂ and acid vapor (hydrochloric and
6 nitric acids) with incidence of bronchitis and phlegm and the authors found it difficult to distinguish
7 effects of these pollutants; no significant associations were found with ozone.

8 In another analysis using the same cohort, children who entered the cohort while in the 4th
9 grade showed, in tests conducted when these children were in the 7th grade, decreases in lung
10 function growth with increasing exposure to PM, including PM₁₀, PM_{2.5}, PM_{10-2.5}, and acid vapor
11 (hydrochloric and nitric acids) (Gauderman et al., 2000). Again, there was evidence for
12 associations with NO₂ and acid vapor but not with ozone. Two-pollutant models were tested in
13 this study, and the effect estimates for the various PM indices, NO₂ and acid vapor were generally
14 reduced in size. The authors observe that motor vehicle emissions are a major source of ambient
15 particles, NO₂ and inorganic acids and thus they were unable to identify the independent effects of
16 each pollutant (Gauderman et al., 2000, p. 1388).

17 In this study, significant associations were reported between ambient concentrations of
18 both fine and coarse fraction particles and reductions in mid-maximal expiratory flow (a measure
19 of small airways function); the effect size for PM_{10-2.5} was slightly, but not significantly, larger than
20 that for PM_{2.5}. Growth in another lung function measure, forced vital capacity, was significantly
21 reduced with exposure to PM₁₀ and acid vapor (hydrochloric and nitric acids), while associations
22 (though not statistically significant) were indicated for both PM_{2.5} and PM_{10-2.5} (Table 3-4;
23 Gauderman et al., 2000). While limited to two childrens' study populations, these findings are
24 consistent with those from short-term exposure studies where respiratory morbidity is associated
25 with both PM_{2.5} and PM_{10-2.5}.

26 For adults, the 1996 CD summarized the results of a several cross-sectional studies as well
27 as one cohort study (AHSMOG), and found evidence for increased incidence of respiratory
28 diseases, especially bronchitis, with long-term PM exposure (EPA, 1996a, p. 12-197). Further
29 analyses have been done in the AHSMOG cohort, and significant decreases in lung function
30 (FEV₁) were reported only for the subgroup of males with a family history of lung disease (Abbey

TABLE 3-4. EFFECT ESTIMATES PER INCREMENTS^A IN LONG-TERM MEAN LEVELS OF FINE AND INHALABLE PARTICLE INDICATORS FROM U.S. AND CANADIAN STUDIES

Type of Health Effect & Location	Indicator	Change in Health Indicator per Increment in PM ^a	Range of City PM Levels * Means (µg/m ³)
Increased bronchitis in children		Odds Ratio (95% CI)	
<i>Six City</i> ^B	<i>PM_{15/10}</i> (50 µg/m ³)	3.26 (1.13, 10.28)	20-59
<i>Six City</i> ^C	<i>TSP</i> (100 µg/m ³)	2.80 (1.17, 7.03)	39-114
<i>24 City</i> ^D	<i>H⁺</i> (100 nmol/m ³)	2.65 (1.22, 5.74)	6.2-41.0
<i>24 City</i> ^D	<i>SO₄⁻</i> (15 µg/m ³)	3.02 (1.28, 7.03)	18.1-67.3
<i>24 City</i> ^D	<i>PM_{2.1}</i> (25 µg/m ³)	1.97 (0.85, 4.51)	9.1-17.3
<i>24 City</i> ^D	<i>PM₁₀</i> (50 µg/m ³)	3.29 (0.81, 13.62)	22.0-28.6
<i>Southern California</i> ^E	<i>SO₄⁻</i> (15 µg/m ³)	1.39 (0.99, 1.92)	---
12 Southern California communities ^F (all children)	PM ₁₀ (25 µg/m ³) acid vapor (1.7 ppb)	0.94 (0.74, 1.19) 1.16 (0.79, 1.68)	28.0-84.9 0.9-3.2 ppb
12 Southern California communities ^F (children with asthma)	PM ₁₀ (19 µg/m ³) PM ₂₅ (15 µg/m ³) acid vapor (1.8 ppb)	1.4 (1.1, 1.8) 1.4 (0.9, 2.3) 1.1 (0.7, 1.6)	13.0-70.7 6.7-31.5 1.0-5.0 ppb
Increased cough in children		Odds Ratio (95% CI)	
12 Southern California communities ^F (all children)	PM ₁₀ (25 µg/m ³) acid vapor (1.7 ppb)	1.06 (0.93, 1.21) 1.13 (0.92, 1.38)	28.0-84.9 0.9-3.2 ppb
12 Southern California communities ^G (children with asthma)	PM ₁₀ (19 µg/m ³) PM ₂₅ (15 µg/m ³) acid vapor (1.8 ppb)	1.1 (0.8, 1.7) 1.3 (0.7, 2.4) 1.4 (0.9, 2.1)	13.0-70.7 6.7-31.5 1.0-5.0 ppb
Increased obstruction in adults			
Southern California ^H	PM ₁₀ (cutoff of 42 d/yr >100 µg/m ³)	1.09 (0.92, 1.30)	NR
Decreased lung function in children			
<i>Six City</i> ^B	<i>PM_{15/10}</i> (50 µg/m ³)	<i>NS Changes</i>	20-59
<i>Six City</i> ^C	<i>TSP</i> (100 µg/m ³)	<i>NS Changes</i>	39-114
<i>24 City</i> ^I	<i>H⁺</i> (52 nmoles/m ³)	-3.45% (-4.87, -2.01) FVC	6.2-41.0
<i>24 City</i> ^I	<i>PM_{2.1}</i> (15 µg/m ³)	-3.21% (-4.98, -1.41) FVC	18.1-67.3
<i>24 City</i> ^I	<i>SO₄⁻</i> (7 µg/m ³)	-3.06% (-4.50, -1.60) FVC	9.1-17.3
<i>24 City</i> ^I	<i>PM₁₀</i> (17 µg/m ³)	-2.42% (-4.30, -.051) FVC	22.0-28.6
12 Southern California communities ^J (all children)	PM ₁₀ (25 µg/m ³) acid vapor (1.7 ppb)	-24.9 (-47.2, -2.6) FVC -24.9 (-65.08, 15.28) FVC	28.0-84.9 0.9-3.2 ppb

12 Southern California communities ^J (all children)	PM ₁₀ (25 µg/m ³) acid vapor (1.7 ppb)	-32.0 (-58.9, -5.1) MMEF -7.9 (-60.43, 44.63) MMEF	28.0-84.9 0.9-3.2 ppb
12 Southern California communities ^K (4 th grade cohort)	PM ₁₀ (51.5 µg/m ³) PM _{2.5} (25.9 µg/m ³) PM _{10-2.5} (25.6 µg/m ³) acid vapor (4.3 ppb)	-0.58 (-1.14, -0.02) FVC growth -0.47 (-0.94, 0.01) FVC growth -0.57 (-1.20, 0.06) FVC growth -0.57 (-1.06, -0.07) FVC growth	NR
12 Southern California communities ^K (4 th grade cohort)	PM ₁₀ (51.5 µg/m ³) PM _{2.5} (25.9 µg/m ³) PM _{10-2.5} (25.6 µg/m ³) acid vapor (4.3 ppb)	-1.32 (-2.43, -0.20) MMEF growth -1.03 (-1.95, -0.09) MMEF growth -1.37 (-2.57, -0.15) MMEF growth -1.03 (-2.09, 0.05) MMEF growth	NR

Decreased lung function in adults

AHSMOG, So. Calif. ^L (% predicted FEV ₁ , females)	PM ₁₀ (cutoff of 54.2 d/yr >100 µg/m ³)	+0.9 % (-0.8, 2.5) FEV ₁	52.7 (21.3, 80.6)
AHSMOG, So. Calif. ^L (%) predicted FEV ₁ , males)	PM ₁₀ (cutoff of 54.2 d/yr >100 µg/m ³)	+0.3 % (-2.2, 2.8) FEV ₁	54.1 (20.0, 80.6)
AHSMOG, So. Calif. ^L (%) predicted FEV ₁ , males whose parents had asthma, bronchitis, emphysema)	PM ₁₀ (cutoff of 54.2 d/yr >100 µg/m ³)	-7.2 % (-11.5, -2.7) FEV ₁	54.1 (20.0, 80.6)
AHSMOG, So. Calif. ^L (% predicted FEV ₁ , females)	SO ₄ ⁻ (1.6 µg/m ³)	NS; Not reported	7.4 (2.7, 10.1)
AHSMOG, So. Calif. ^L (%) predicted FEV ₁ , males)	SO ₄ ⁻ (1.6 µg/m ³)	-1.5 % (-2.9, -0.1) FEV ₁	7.3 (2.0, 10.1)

* Range of mean PM levels given unless, as indicated, studies reported overall study mean (min, max), or mean (±SD); NR=not reported.

^AResults calculated using PM increment between the high and low levels in cities, or other PM increments given in parentheses; NS Changes = No significant changes.

References:

^BDockery et al. (1989)

^CWare et al. (1986)

^DDockery et al. (1996)

^EAbbey et al. (1995a,b,c)

^FPeters et al. (1999a)

^GMcConnell et al. (1999)

^HBerglund et al. (1999)

^IRaizenne et al. (1996)

^JPeters et al. (1999b)

^KGauderman et al. (2000)

^LAbbey et al. (1998)

1 et al., 1998). Associations were also found with sulfates and O₃, but not SO₂, in males. In two-
2 pollutant models, the coefficients for PM₁₀ and sulfates were found to remain unchanged or
3 increase in size, while O₃ and SO₂ were reduced and lost statistical significance.

1 Numerous long-term studies of respiratory effects have been conducted in non-North
2 American countries, and many report significant associations between indicators of long-term PM
3 exposure and either decreases in lung function or increased respiratory disease prevalence
4 (summarized in Table 6-23 of the draft CD). These new findings are consistent with those of the
5 previous review as well as with findings of associations between short-term PM exposure and
6 increased respiratory symptoms or decreased lung function. Long-term PM exposures (months to
7 years) may be associated with decreased lung function growth or increased incidence of respiratory
8 disease, but there are still few publications for these effects, and the results are not entirely
9 consistent or conclusive. However, the overall results from the non-North American studies lend
10 general support to the coherence of respiratory effects associated with long-term PM exposure
11 reported across disciplines and health studies.

12 **3.3.3.3 Effects on the Cardiovascular System**

13 In the last review, evidence was available from a number of epidemiology studies indicating
14 that PM was associated with increased mortality and hospital admissions for cardiovascular
15 diseases. These findings inspired further research so that an expanded body of evidence is
16 available in this review from toxicology, epidemiology, and controlled human exposure studies. As
17 described above, new epidemiological evidence generally supports the previous findings. In
18 addition, new evidence from controlled human exposure, toxicological and epidemiological studies
19 indicates that exposure to ambient PM, PM from combustion sources, or PM surrogates may be
20 associated with additional cardiovascular health endpoints such as changes in heart rate variability
21 and plasma fibrinogen levels.

22 PM was first linked with arrhythmia in toxicological studies, notably in an important new
23 series of studies using inhalation exposure to CAPs. Changes in electrocardiogram (ECG)
24 patterns, increased heart rate variability and decreased heart rate have been reported in a
25 toxicology study using dogs exposed to CAPs (Godleski et al., 2000). The CD concludes that the
26 findings for heart rate variability and ECG changes, respectively, suggest both pro- and anti-
27 arrhythmic responses (CD, p. 8-31). The ECG changes included increases in the S-T peak, which
28 suggests that CAPs can augment the ischemia associated with coronary artery blockage in this
29 animal model (CD, p. 8-32).

1 Similarly, altered ECG pattern was reported in ROFA-treated spontaneously hypertensive
2 rats (Kodavanti et al., 2000). However, Muggenberg et al. (2000) reported no consistent changes
3 in ECG pattern in ROFA-treated beagle dogs. Increased arrhythmia was reported in rats exposed
4 to ROFA and to urban particles collected in Ottawa; no cardiac effects were reported with
5 exposure to Mt. St. Helens volcanic ash, which is one form of crustal material (Watkinson et al.,
6 2000). Watkinson and colleagues used several animal models in this study, and reported
7 exaggerated effects in rats that had been treated with monocrotaline, including premature
8 mortality. Some effects were also reported in healthy rats, though mortality only occurred in the
9 compromised animals. Increased mortality was reported in a previous study using ROFA
10 exposures in monocrotaline-treated rats, and the authors also reported serious arrhythmic events in
11 normal rats exposed to ROFA (Watkinson et al., 1998). The draft CD concludes that “animal
12 studies have provided initial evidence that high concentrations of inhaled or instilled particles can
13 have systemic, especially cardiovascular, effects. In the case of [monocrotaline-treated] rats, these
14 effects may be lethal.” (CD, p. 8-34).

15 In addition, one new epidemiological study used data on discharge frequency from
16 implanted cardiac defibrillators; discharges occur when the patient is experiencing cardiac
17 arrhythmia. Peters et al. (2000) reported generally positive associations between increased
18 defibrillator discharges and PM₁₀, PM_{2.5}, and particulate black carbon, but the associations were
19 only significant for PM_{2.5}.

20 In several studies, tests of cardiac function (e.g., heart rate, heart rate variability) were
21 done repeatedly for panels of elderly people over a period of several weeks. Generally, increased
22 heart rate and decreased heart rate variability are associated with increased mortality from
23 cardiovascular disease; further discussion of these cardiac health measures is included in Appendix
24 B to Chapter 6 of the draft CD. Most new studies reported decreases in several measures of heart
25 rate variability with increased PM (Liao et al., 1999; Gold et al., 2000; Pope et al., 1999c), though
26 Pope et al. (1999c) reported a significant increase with one measure of short-term heart rate
27 variability for PM₁₀. Significant associations were reported between PM_{2.5} and heart rate
28 variability in panel studies conducted in Baltimore and Boston (Liao et al., 1999; Gold et al.,
29 2000). Gold et al. (2000) did not find associations between heart rate variability and PM_{10-2.5}, or
30 with O₃, CO or SO₂.

1 The findings on changes in heart rate are less consistent than those for heart rate variability.
2 In Utah Valley, Pope et al. (1999b) reported a significant increase in heart rate with ambient PM₁₀
3 concentration, but no association with oxygen saturation, using a larger cohort of elderly subjects
4 than in the first study. An association was also reported between TSP and increased heart rate
5 (Peters et al., 1999) in a European study; significant increases were also found with SO₂, though
6 the authors observe that SO₂ may be acting as an indicator for inhalable particles in this study.
7 However, decreased heart rate was reported in the Boston panel study (Gold et al., 2000);
8 associations were also found with NO₂ and SO₂, but the associations with PM_{2.5} were more stable
9 and retained significance in two-pollutant models. Decreased heart rate was also reported in an
10 animal study using intratracheal installation of urban PM (but not with Mt. St. Helens volcanic ash)
11 (Watkinson et al., 2000). In a study using rats and hamsters, no effects were reported in hamsters,
12 but increased heart rate and blood cell differential counts were reported in rats (Gordon et al.,
13 2000).

14 Some studies have reported increases in blood components or characteristics. Fibrinogen is
15 a blood clotting factor and it is released in inflammatory processes; it has been reported to be a risk
16 factor for ischemic heart disease and cerebrovascular disease, and it contributes to blood plasma
17 viscosity (Gardner et al., 2000). In humans exposed to concentrated ambient fine PM, fibrinogen
18 levels were increased in blood obtained 18 hours after exposure, and some inflammatory effects
19 were also reported (Ghio et al., 2000). In a European cohort of heart patients, increased
20 fibrinogen levels were a significant risk factor for the occurrence of cardiovascular events, and
21 there was evidence for an interaction between PM (measured as BS) and fibrinogen levels
22 (Prescott et al., 2000). However, fibrinogen level was not associated with PM exposure in another
23 European epidemiology study (Seaton et al., 1999).

24 Using data from an existing European cohort study, conducted during a time period that
25 included an episode of unusually high pollution levels, associations were reported between TSP
26 and levels of C-reactive protein, which is an indicator of inflammation, tissue damage and infection,
27 and generally related to increased risk of coronary events or ischemic syndromes (Peters, et al.,
28 2000). Associations were also reported with increased plasma viscosity (associated with increased
29 risk of heart attacks) in the blood and levels of TSP, though the associations were not statistically
30 significant (Peters et al., 1997). This study also reported associations with SO₂ and CO that

1 reached statistical significance for women, but not for men. Increased C-reactive protein was
2 reported to be associated with ambient PM₁₀ in one epidemiology study in the United Kingdom
3 study (Seaton et al., 1999).

4 A number of toxicology studies have also reported such hemolytic effects as changes in
5 blood factors such as hemoglobin levels or platelet counts. Using animals exposed to CAPs,
6 analyses were done with PM components and factor analysis methods were used to assess effects
7 of PM from different sources. None of the PM factors was associated with changes in platelet
8 count, but several factors or components were associated with changes in counts of inflammatory
9 cells, such as white blood cells (Clarke et al., 2000). The sulfur factor was associated with
10 decreases in red blood cell counts and hemoglobin levels, while some inflammatory changes were
11 reported to be associated with the aluminum/silica factor and the vanadium/nickel factor. In this
12 study, no associations were reported with concentrated fine PM mass. One new epidemiology
13 study does not show significant changes in blood factors such as hemoglobin levels or platelet
14 counts, but does find changes in red blood cell count (Seaton et al., 1999).

15 Though the number of these studies is small, and there are some inconsistencies in findings
16 between studies, these results are generally coherent with findings of increased mortality or
17 hospital admissions for cardiovascular diseases. It should be noted that what appear to be
18 inconsistencies in findings may reflect differing levels of sensitivity and ability to distinguish
19 exposure and temporal features across studies from different disciplines. Regarding the
20 epidemiology studies, the draft CD concludes: "The above findings add support for some
21 intriguing hypotheses regarding possible mechanisms by which PM exposure may be linked with
22 adverse cardiac outcomes. They are especially interesting in terms of implicating both increased
23 blood viscosity and C-reactive protein, a biological marker of inflammatory responses thought to
24 be predictive of increased risk for serious cardiac events" (CD, p. 6-140). Animal toxicology
25 findings were generally consistent with findings of human studies, though as observed previously,
26 there are inconsistencies between studies for a number of individual effects.

27 The results of new epidemiological studies show PM exposure to be associated with excess
28 risk of mortality or hospital admissions for cardiovascular diseases. The results of panel studies,
29 controlled human exposure studies, and animal toxicology studies generally provide coherence
30 with the findings from community health studies in finding associations with increased heart rate,

1 decreased heart rate variability, increases in inflammatory substances such as C-reactive protein,
2 and in plasma viscosity or blood fibrinogen levels. It must be recognized that these findings are
3 from only a few studies and there are a few inconsistencies in findings between studies; caution is
4 also urged when comparing studies conducted in differing animal models and using high dose or
5 exposure levels. Nonetheless, these findings shed some light on potential mechanisms for the
6 associations with increased mortality or hospital admissions for cardiovascular diseases observed in
7 epidemiology studies.

8 9 **3.3.4. Consistency and Coherence of Health Effects Evidence**

10 The 1996 Staff Paper pointed out the inherent limitations in trying to determine the role of
11 PM by examining even the most thorough studies of individual cities that show associations
12 between ambient PM and various health effects. Accordingly, the staff presented a more
13 comprehensive synthesis that considered the consistency and coherence of the available evidence in
14 evaluating the likelihood of PM being causally associated with the observed effects (EPA, 1996b,
15 V-54 to 58). While significantly more evidence of associations between ambient PM and health
16 effects is now available, including multi-city studies that address some of the single-city limitations,
17 it is still important to consider the consistency and coherence of the available evidence as a whole.

18 As discussed in the last review, consistency of an association is evidenced by repeated
19 observations by different investigators, in different places, circumstances and time; and by the
20 consistency of the association with other known facts (EPA, 1996a, Chapter 13; Bates, 1992).
21 Beyond considering the consistency of associations for individual health endpoints, coherence
22 refers to the logical or systematic interrelationship between different health indices that would be
23 expected to be seen across studies of different endpoints or from different disciplines. The
24 consistency and coherence of the expanded body of evidence now available is discussed and
25 evaluated below.

26 **3.3.4.1 Consistency**

27 The 1996 Criteria Document summarized over 80 community epidemiological studies
28 evaluating associations between short-term PM levels and mortality and morbidity endpoints in a
29 number of locations throughout the world, using a variety of statistical techniques, of which over
30 60 studies found consistent, positive, significant associations (EPA, 1996a, Tables 12-2 and 12-8

1 to 12-13). The 1996 Staff Paper displayed the relative risk estimates for mortality and morbidity
2 effects associated with PM₁₀ from the U.S. and Canadian studies, concluding that despite the
3 variations in study locations and approaches, the estimates for each health endpoint were relatively
4 consistent among the studies; although, as would be expected, some variation was seen (EPA,
5 1996b, B-55 and Figure V-2).

6 As discussed above, since the last review, more than 70 new PM-mortality studies alone
7 have been published, as well as a large number of new morbidity studies, and several major multi-
8 city studies. The draft CD notes that the effects estimates from the new studies in the U.S. and
9 throughout the world are generally consistent with those observed in the last review, not only from
10 PM₁₀ multi- and single-city studies (shown above in Figures 3-4 and 3-7 from U.S. and Canadian
11 studies for mortality and hospital/ER admissions, respectively), but also from the significantly
12 expanded body of studies of fine-fraction (e.g., PM_{2.5}) particles (similarly shown above in Figures
13 3-5 and 3-8) (CD, p. 6-266). The evidence from coarse-fraction (PM_{10-2.5}) studies (as shown
14 above in Figures 3-6 and 3-9), while somewhat expanded, remains more limited and presents more
15 difficulty in attempting to draw conclusions about the consistency of the reported associations
16 across studies (CD, p. 6-267). Bringing together the findings for PM_{2.5} from all U.S. and Canadian
17 studies for a range of health endpoints from mortality to varying indices of morbidity, Figure 3-10
18 shows that the effects estimates for each health endpoint are relatively consistent among the
19 studies, very similar to the consistent pattern observed for PM₁₀ studies in the last review (EPA,
20 1996b, Figure V-2).

21 Looking more closely at the variations for particular endpoints observed across cities
22 within the 90-city NMMAPS study reveals more heterogeneity of city-specific PM₁₀-mortality
23 effects estimates than in the past review (as discussed above in Section 3.3.1.1.1). At least some
24 of the increased variability is to be expected based on a study design that includes areas with more
25 limited PM sampling days and population sizes than is usual for single-city publications. The CD
26 presents some evidence that the inter-city variability may, at least in part, simply reflect imprecise
27 PM effect estimates derived from smaller-sized analyses (of less extensive available air pollution
28 data or numbers of deaths) tending to obscure more precise estimates from larger-size analyses for

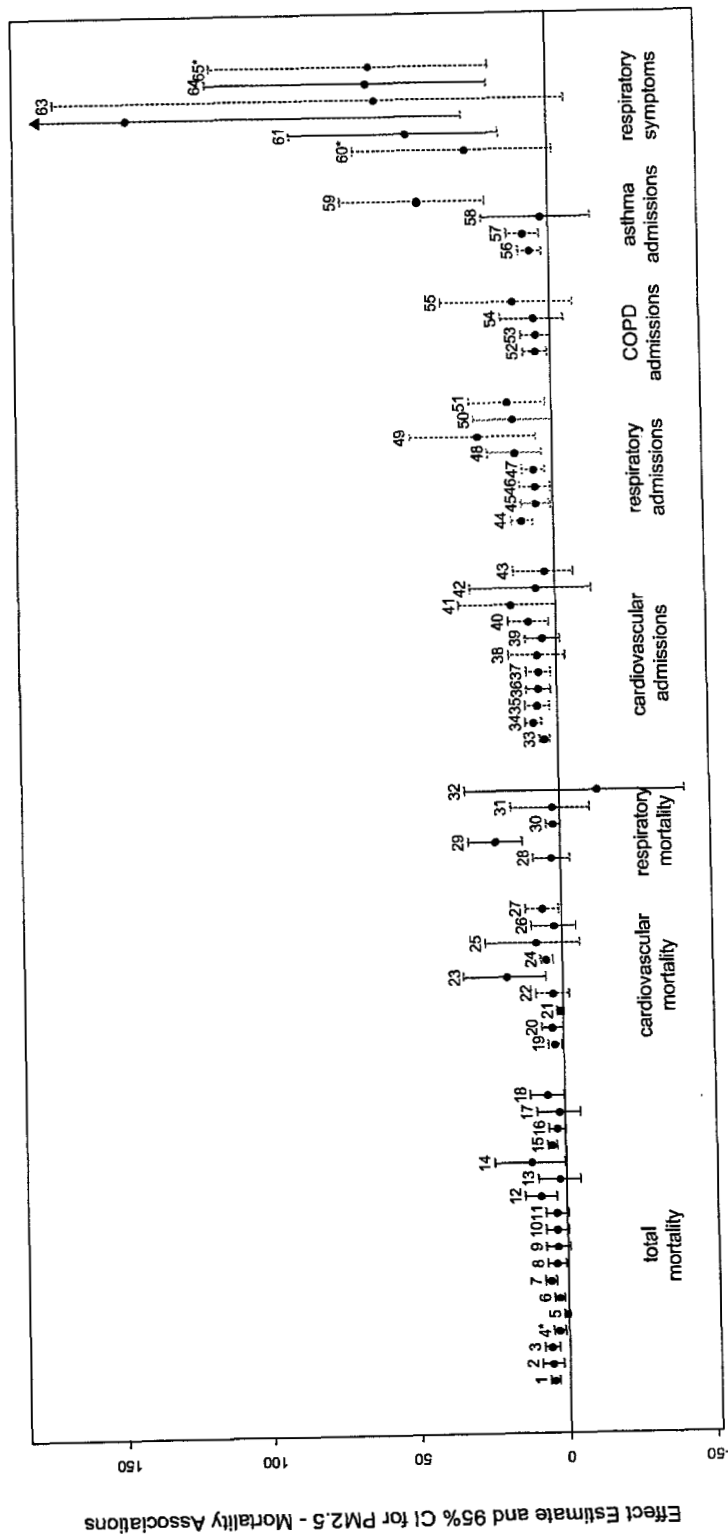
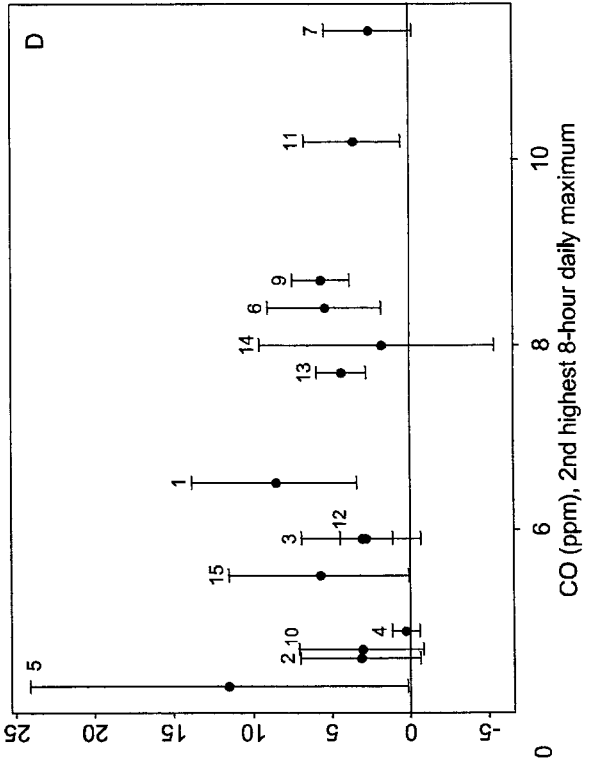
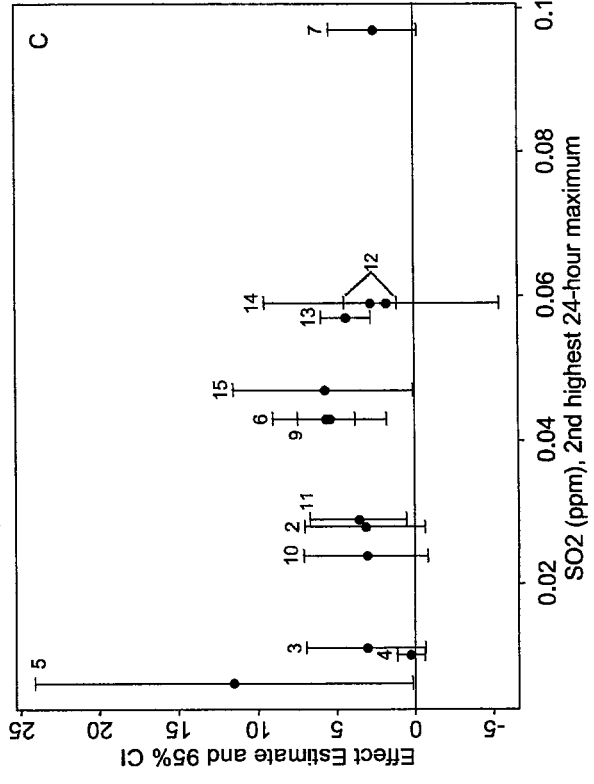
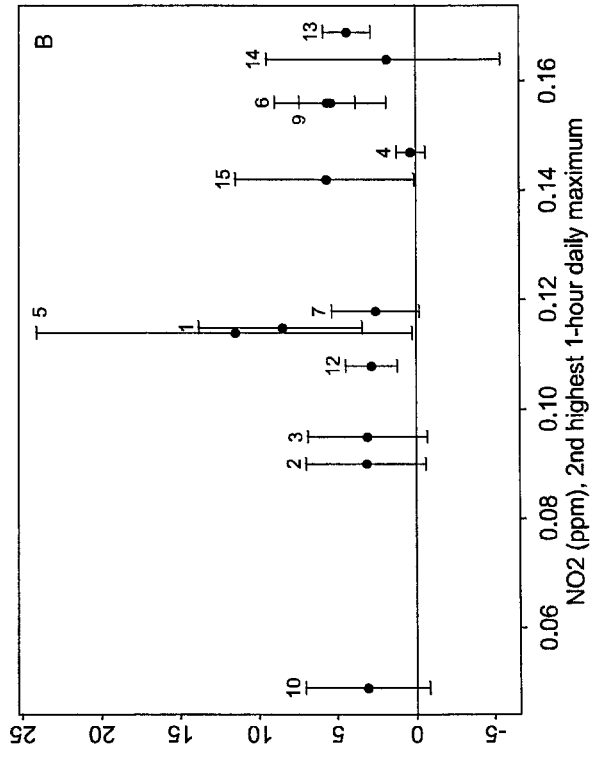
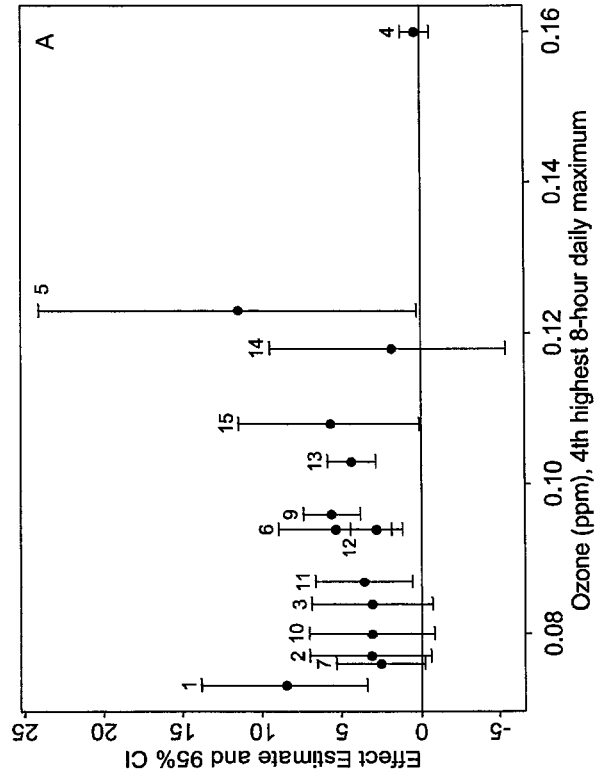


Figure 3-10. Estimated excess mortality and morbidity risks per 25 µg/m³ PM_{2.5} from U.S. and Canadian studies (listed below), showing consistency and coherence across the different effects categories. Within each category, results are ranked by decreasing natural log of the mortality- or morbidity-days product. Multi-city studies denoted with an asterisk.

Total Mortality: 1. Burnett et al., 1998, Toronto, Canada 2. Schwartz, 2000c, Boston, MA 3. Goldberg et al., 2000, Montreal, Canada 4. Burnett et al., 2000, 8 Canadian cities 5. Ostro et al., 1995, So. California 6. Schwartz et al., 1996, St. Louis, MO 7. Schwartz et al., 1996, Boston, MA 8. Schwartz et al., 1996, Knoxville, TN 9. Schwartz et al., 1996, Portage, WI 10. Lippmann et al., 2000, Detroit, MI 11. Mir et al., 2000, Phoenix, AZ 12. Fidelity, 1999, Santa Clara, CA 13. Schwartz et al., 1996, Topeka, KS 14. Ostro et al., 2000, Coachella Valley, CA	15. Tsai et al., 2000, Newark, NJ 16. Schwartz et al., 1996, Steubenville, OH 17. Tsai et al., 2000, Elizabeth, NJ 18. Tsai et al., 2000, Camden, NJ Cardiovascular Mortality: 19. Moolgavkar et al., 2000, Los Angeles, CA 20. Goldberg et al., 2000, Montreal, Canada 21. Ostro et al., 1995 So. California 22. Lippmann et al., 2000, Detroit, MI 23. Mar et al., 2000, Phoenix, AZ 24. Tsai et al., 2000, Newark, NJ 25. Ostro et al., 2000, Coachella Valley, CA 26. Tsai et al., 2000, Elizabeth, NJ 27. Tsai et al., 2000, Camden, NJ	Respiratory Mortality: 28. Moolgavkar, 2000a, Los Angeles 29. Goldberg et al., 2000, Montreal, Canada 30. Ostro et al., 1995, So. California 31. Lippmann et al., 2000, Detroit, MI 32. Ostro et al., 2000, Coachella Valley, CA Cardiovascular Admissions: 33. Moolgavkar, 2000b, Los Angeles, CA 34. Burnett et al., 1999, Toronto, Canada (HID) 35. Burnett et al., 1999, Toronto, Canada (HF) 36. Burnett et al., 1999, Toronto, Canada (dysrhythmia) 37. Burnett et al., 1999, Toronto, Canada 38. Tolbert et al., 2000, Atlanta, GA 39. Lippmann et al., 2000, Detroit, MI (HID) 40. Lippmann et al., 2000, Detroit, MI (HF) 41. Shieh et al., 2000, St. John, Canada 42. Tolbert et al., 2000a, Atlanta, GA (dysrhythmia) 43. Lippmann et al., 2000, Detroit (dysrhythmia)	Respiratory Admissions: 44. Burnett et al., 1999, Toronto, Canada (resp. infection) 45. Lumley and Heagerty, 1999, Seattle, WA (PNT) 46. Shieh et al., 2000, St. John, Canada 47. Burnett et al., 1999, Toronto, Canada 48. Lippmann et al., 2000, Detroit, MI (pneumonia) 49. Defino et al., 1997, Montreal, Canada 50. Defino et al., 1998, Montreal, Canada 51. Thurston et al., 1994, Toronto, Canada COPD Admissions: 52. Moolgavkar, 2000c, Los Angeles, CA 53. Burnett et al., 1999, Toronto, Canada 54. Lippmann et al., 2000, Detroit, MI 55. Tolbert et al., 2000a, Atlanta, GA	Asthma Admissions: 56. Burnett et al., 1999, Toronto, Canada 57. Sheppard et al., 1999, Seattle, WA 58. Tolbert et al., 2000, Atlanta, GA 59. Norris et al., 1999, Seattle, WA Respiratory Symptoms: 60. Schwartz and Neas, 1999, 6 U.S. city reanalysis (cough) 61. Neas et al., 1996, State College, PA (cough) 62. Neas et al., 1995, Umatown, PA (cough) 63. Neas et al., 1996, State College, PA (wheezing) 64. Neas et al., 1996, State College, PA (cold) 65. Schwartz and Neas, 1999, 6 U.S. city reanalysis (lower resp. symptoms)
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1 other locations, which tend to be consistently more positive and statistically significant (CD, p. and
2 6-260 to 6-263). The variability may also be due to other analytical factors, or reflect an as yet
3 unexplained location-specific difference in exposures or weather and air pollution mixes (CD, p 6-
4 260). The CD also discusses the suggestion of regional heterogeneity in the quantitative estimates,
5 which suggest larger effects estimates for the Northeast Southern California than other regions (CD
6 p 6-263, 6-264). It is as yet unclear whether these are significant and real differences, or whether
7 related to analytical or city/sampling size issues. The CD notes that, if real, such differences would
8 not be inconsistent with potential regional differences in particle size/composition or population
9 exposure patterns (CD, p6--264). While warranting further study, the observed inter-city and
10 regional variations in the NMMAPS do not call into question the qualitative consistency observed
11 across all the available studies, including the combined results from the available multi-city studies.

12 In further considering the consistency of the reported PM effects, it is important to evaluate
13 the sensitivity of the PM estimates to the differing levels of co-pollutants present in various study
14 locations. Such an evaluation supplements the multi-city and single city analyses discussed in earlier
15 sections. In the last review, this analysis examined PM₁₀ effects estimates, to consider whether the
16 reported PM effects can be interpreted appropriately as being likely independent effects attributable
17 to PM, or whether the evidence suggests that the reported PM effects likely result from the
18 influence of other pollutants present in the ambient air in the study locations, either through
19 confounding or effects modification. As discussed in the 1996 Staff Paper, if PM is acting
20 independently, then a consistent association should be observed in a variety of locations of differing
21 levels of co-pollutants. On the other hand, if the reported PM effects are confounded or modified
22 by any of the co-pollutants, then the reported PM effects would be expected to show a trend of
23 being higher in areas with relatively high concentrations of the confounding co-pollutant and lower
24 in areas with relatively low co-pollutant concentrations (EPA, 1996b, V-55). Figure 3-11 shows
25 the reported PM_{2.5} mortality effects estimates (from single-pollutant models) from U.S. and
26 Canadian studies relative to the levels of O₃, NO₂, SO₂, and CO present in the study locations. As
27 was seen in the last review for PM₁₀ (EPA, 1996b, Figure V-3a,b), the magnitude and statistical
28 significance of the associations reported between PM_{2.5} and mortality in these studies



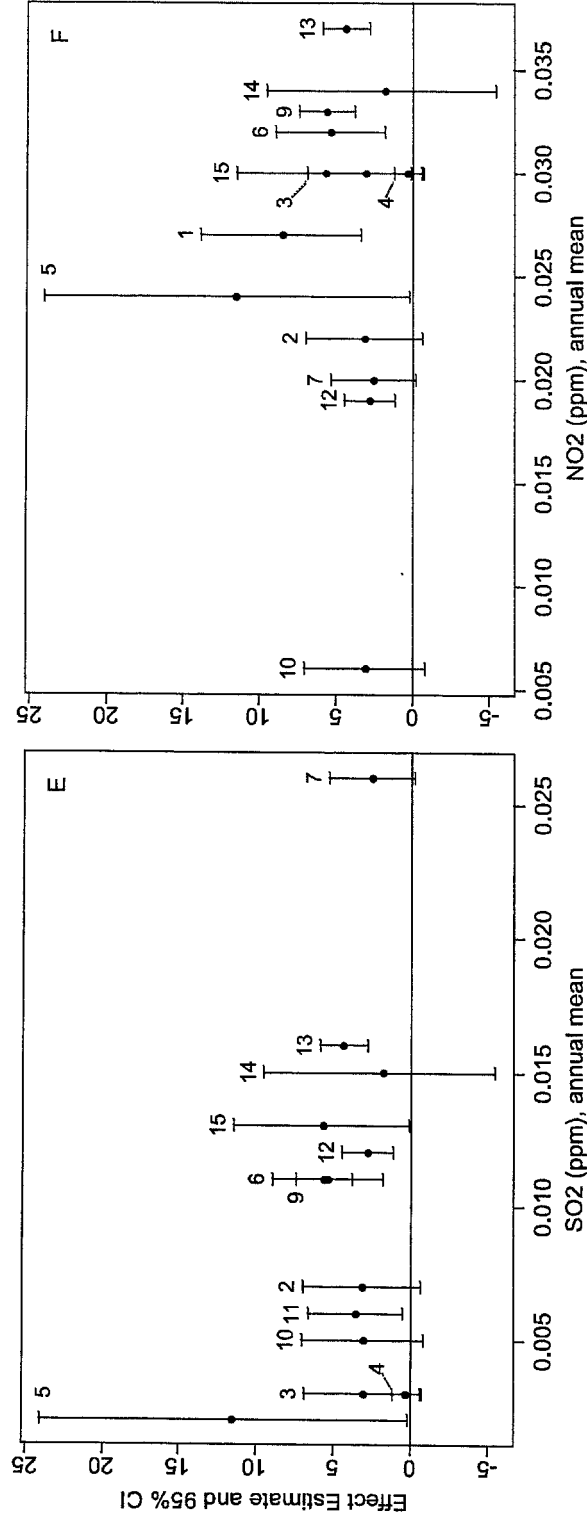


Figure 3-11. Associations between PM_{2.5} and total mortality from U.S. studies, plotted against gaseous pollutant concentrations from the same locations. Air quality data obtained from the Aerometric Information Retrieval System (AIRS) for each study time period: (A) mean of 4th highest 8-hour ozone concentration; (B) mean of 2nd highest 8-hour CO concentration; (C) mean of 2nd highest 1-hour NO₂ concentration; (D) mean of 2nd highest 24-hour SO₂ concentration; (E) annual mean SO₂ concentration; (F) annual mean NO₂ concentration. Study locations are identified below (data in Appendix 3-A, Table 5)

1. Fairley, 1999, Santa Clara
2. Lippmann et al., 2000, Detroit
3. Mar et al., 2000, Phoenix
4. Ostro et al., 1995, So. California
5. Ostro et al., 2000, Coachella Valley
6. Schwartz 2000c, Boston
7. Schwartz et al., 1996, Boston
8. Schwartz et al., 1996, Knoxville
9. Schwartz et al., 1996, Portage
10. Schwartz et al., 1996, St. Louis

11. Schwartz et al., 1996, Steubenville
12. Schwartz et al., 1996, Topeka
13. Tsai et al., 2000, Camden NJ
14. Tsai et al., 2000, Elizabeth NJ
15. Tsai et al., 2000, Newark NJ

1 show no trends with the levels of any of the four gaseous co-pollutants. While not definitive, these
2 consistent patterns indicate that it is more likely that there is an independent effect of PM_{2.5}, as well
3 as PM₁₀, that is not confounded or appreciably modified by the gaseous pollutants.

4 More specific information relevant to evaluation of potential confounding or effects
5 modification for each of the four major gaseous co-pollutants is discussed below in Section 3.5.1.

6 **3.3.4.2 Coherence**

7 In addition to the consistently observed associations for each of these effects, the newly
8 available epidemiological and toxicological evidence reinforces and adds to the coherence in the
9 kinds of health effects associated with PM exposure noted in the last review (EPA, 1996b, V-56).
10 The 1996 Criteria Document provided a qualitative review of the coherence of the health effects
11 associated with both short- and long-term exposure to PM (EPA, 1996a, Tables 13-6 and 13-7). In
12 that review, it was noted that PM is related to a number of logically linked effects of both the
13 respiratory and cardiovascular systems. Respiratory system effects included premature mortality
14 and increased hospital and emergency room admissions for respiratory-related causes, as well as
15 increased respiratory disease and symptoms and decreased lung function. Cardiovascular system
16 effects included premature mortality and increased hospital and emergency room admissions for
17 cardiovascular-related causes. In addition to this observed qualitative coherence, quantitative
18 coherence was also observed in that the increases in respiratory- and cardiovascular-related hospital
19 admissions were more frequently occurring than the increases in mortality for the same causes,
20 based on reported relative risk estimates and baseline population incidence statistics (EPA, 1996a,
21 Table 13-8).

22 The newly available evidence of PM-related effects expands upon the previously observed
23 qualitative coherence. New PM-related effects associations have now been reported, including
24 increased physicians' visits for respiratory causes and various new cardiovascular-related endpoints,
25 that serve to fill in the spectrum of observed effects from physiological changes that are linked to
26 more serious health outcomes through premature mortality. The new epidemiologic and
27 toxicologic evidence on cardiovascular-related endpoints discussed in Section 3.3.3.3 above is
28 suggestive of coherence in effects on the cardiovascular system for ambient measured as CAPs,
29 PM_{2.5}, or PM₁₀. It is important to note the draft CD cautions that the findings should be viewed

1 as providing limited or preliminary support for PM-related cardiovascular effects (CD, p. 6-268).
2 Changes in heart rate or heart rate variability are linked with more serious cardiovascular outcomes,
3 including increased risk of heart attacks. The findings of increased levels of fibrinogen or plasma
4 viscosity indicate a potential link between ambient PM exposure and the occurrence of ischemic
5 events, and the increases seen in blood factors such as C-reactive protein provide evidence for
6 inflammatory changes that can be linked with more serious cardiac effects.

7 The new evidence also continues to support the quantitative coherence observed in the last
8 review. For example, in the NMMAPS studies, 2.6% and 3.5% increases in total and
9 cardiorespiratory mortality, respectively, were reported for a 50 $\mu\text{g}/\text{m}^3$ increase in daily PM_{10} , while
10 increases in hospital admissions of 6% (for cardiovascular causes, with a range across other studies
11 of approximately 3% to 10%) and 10% (for COPD or pneumonia, with a range across other studies
12 of approximately 5% to 25% for respiratory-related causes) were similarly reported. In addition,
13 several new studies have reported associations with visits to physicians' offices for respiratory
14 disease, ranging from 3% to 42% increases for a 50 $\mu\text{g}/\text{m}^3$ increase in daily PM_{10} . In the new
15 studies on lung function changes or respiratory symptoms incidence, increases in risk of respiratory-
16 related symptoms range up to over 50% per 50 $\mu\text{g}/\text{m}^3$ increase in daily PM_{10} . Updated baseline
17 incidence rates for respiratory and heart diseases reported in the draft CD (p. 9-102 to 9-103),
18 considered together with these illustrative ranges of effects estimates (and with the ranges shown
19 above in Figures 3-3 through 3-10), continue to show that the quantitative coherence across all
20 PM-related endpoints, especially for PM_{10} as well as for $\text{PM}_{2.5}$, is consistent with expectations (CD,
21 p. 6-267 to 6-268). Further, as noted in the last review (EPA, 1996b, V-57), the larger effects
22 estimates reported in long-term exposure studies are coherent with the smaller effects estimates
23 reported for associations with daily changes in PM concentrations. As noted above in the
24 discussion of consistency, the limited amount of information available on $\text{PM}_{10-2.5}$ presents more
25 difficulty in attempting to draw conclusions about coherence of effects of coarse-fraction particles.

26 As noted in the last review, the coherence of PM-related effects is further strengthened by
27 studies demonstrating associations with a range of effects in the same population, as illustrated by
28 studies in a number of locations (EPA, 1996b, V-57). For example, studies in Utah Valley have
29 shown a number of closely related health outcomes associated with PM exposures, including
30 decreased lung function, increased respiratory symptoms, increased medication use in asthmatics,

1 and increased elementary school absences (frequently due to upper respiratory illness) (EPA,
2 1996b, V-57).

3 In summary, these observations suggest coherence from subtle changes in lung function or
4 heart rate variability to increased mortality from cardiorespiratory diseases reported in
5 epidemiological studies. Taken as a whole, the newly available health studies together with studies
6 available in past reviews show general coherence for PM-related effects in the respiratory and
7 cardiovascular systems. The expanded evidence for coherence in effects, along with previously
8 described observations of marked consistency in the results of recent studies and those available in
9 the last review, support a causal link between PM, especially as indexed by PM₁₀ and PM_{2.5}, and
10 effects on the cardiovascular and respiratory systems (CD, p. 6-266 to 6-267).

12 3.4 SENSITIVE GROUPS FOR PM-RELATED HEALTH EFFECTS

13 In general, subpopulations that have been identified in previous PM NAAQS reviews as
14 being potentially more sensitive to the adverse health effects of PM have included individuals with
15 respiratory and cardiovascular disease, the elderly, children, and asthmatic individuals (EPA 1996b,
16 pp. V-33 to V-36). As summarized in the draft CD, Section 9.7, new studies continue to support
17 consideration of these subpopulations as potentially sensitive to PM.

18 ***Individuals with respiratory and cardiovascular disease:*** Numerous epidemiology studies
19 have identified individuals with cardiorespiratory diseases (e.g., asthma, COPD) as being at greater
20 risk for adverse effects with PM exposure (CD, p. 9-99). Most notably, one recent epidemiology
21 study (Goldberg et al., 2000) linked mortality data with information on preexisting health conditions
22 (e.g., pharmaceutical prescriptions, medical visits) to investigate differences between groups
23 according to health status. The authors reported that associations between PM_{2.5}, COH or sulfates
24 and total mortality were increased among individuals with preexisting acute lower respiratory
25 disease, congestive heart failure, and any cardiovascular disease. New information from studies of
26 cardiovascular health measures such as plasma viscosity or changes in heart rate or heart rate
27 variability provides additional support for consideration of persons with cardiovascular disease as
28 being susceptible to the PM-related effects (CD, p. 9-112).

29 Asthma has been of particular public interest as a respiratory condition that may lead to
30 sensitivity to air pollution effects. Included in Appendix A, Table 2, are numerous epidemiology

1 studies reporting increased medical visits for asthma with exposure to PM₁₀, PM_{2.5} or PM_{10-2.5}, and
2 most studies reported significant associations. In considering asthmatics as a susceptible
3 subpopulation, the results for studies evaluating changes in lung function and respiratory symptoms
4 were evaluated separately for asthmatic and nonasthmatic subjects. The draft CD reported that
5 asthmatic subjects had greater reduction in pulmonary function with PM exposure, but both
6 asthmatic and non-asthmatic subjects had similar responses in respiratory symptom studies (CD
7 Section 6.3.3.1). A number of toxicology studies have evaluated the effects of particles or
8 surrogate particles on allergic diseases, including allergic asthma, and the draft CD finds that
9 “[t]hese studies provide biological plausibility for the exacerbation of allergic asthma associated
10 with episodic exposure to PM” (CD, p. 8-45).

11 New dosimetry studies have shown that, among people with COPD, airflow may be
12 unevenly distributed due to airway obstruction, resulting in deeper penetration of particles in the
13 better ventilated regions, or increased local deposition of particles. In addition, ventilation rate and
14 rate of air flow is often increased with airway obstruction. The findings of these studies suggest
15 that total lung deposition generally is increased with obstructed airways, regardless of deposition
16 distribution between the tracheobronchial or alveolar regions (CD, p. 7-22).

17 A number of animal models of susceptible populations have been used in toxicology studies
18 examining PM. These include: monocrotaline treatment of rats as a model of cardiorespiratory
19 disease; SO₂-induced chronic bronchitis in rats; ovalbumin sensitization in rodents as a model of
20 airway hyperresponsiveness; and genetically predisposed animals such as the spontaneously
21 hypertensive rat. The advantages and disadvantages of these animal models are discussed more
22 fully in Section 8.4 of the draft CD. While recognizing that further research is needed, the draft CD
23 concludes that these studies “have consistently shown that animals with compromised health, either
24 genetic or induced, are more susceptible to instilled or inhaled particles, although the increased
25 animal-to-animal variability in these models has caused problems” (CD, p. 8-87).

26 ***Age-related subpopulations:*** In the previous review, numerous studies indicated that the
27 elderly and children are more susceptible to PM-related health effects (EPA, 1996a, p. 12-364).
28 Similarly, in reviewing the recent studies of PM-related medical visits or admissions/visits for
29 respiratory diseases, the draft CD finds that the groups identified as being most strongly affected by
30 PM are older adults and the very young (CD, p. 6-172). Goldberg et al. (2000) also report that

1 associations between PM and mortality were generally larger among persons greater than 65 years
2 of age, which is consistent with the findings of numerous previous studies. Several new
3 epidemiology studies have reported significant associations between PM exposure and intrauterine
4 growth reduction or low birth weight, known to be infant health risk factors, as well as excess infant
5 mortality (CD, p. 9-106).

6 In addition, the draft CD highlights findings of a number of new studies that raise the
7 possibility that deposition may be greater in children than adults; it is also noted that children's
8 generally higher activity levels with accompanying higher ventilation rates might contribute to
9 increased particle deposition (CD, p. 7-20). However, dosimetric evidence has not identified
10 elderly adults to be at increased risk due to difference in lung deposition, clearance or retention of
11 inhaled particles associated with aging, per se, though the draft CD concludes that "[p]robably of
12 much more importance in placing elderly adults at increased risk for PM effects is the higher
13 propensity for such individuals to have preexisting cardiovascular or respiratory disease conditions."
14 (CD, p. 9-106).

15 ***Other Subpopulations:*** Other subpopulations have been evaluated as potentially
16 susceptible groups in recent studies. New dosimetry studies have indicated that total lung
17 deposition and deposition peaks may be greater in females than in males (CD Section 7.2.3.1), and
18 one new epidemiology study reported that associations between PM₁₀ and mortality were greater in
19 females than males (Zanobetti and Schwartz, 2000). However, the reverse was found in the
20 AHSMOG prospective cohort (described in Section 3.3.1.2) and no gender differences were
21 reported in the largest prospective cohort studies (Six Cities and ACS).

22 Zanobetti and Schwartz (2000) did not find differences in PM₁₀-mortality associations in
23 analyses stratified by race or education level (an indicator of socioeconomic status). Yet with long-
24 term PM exposure, Krewski et al. (2000) reported greater mortality effects among those with lower
25 levels of education. There is as yet insufficient evidence to identify new subpopulations as being
26 potentially susceptible to PM-related effects. In summary, the findings of new epidemiology,
27 dosimetry and toxicology studies provide support for previous findings that individuals with
28 respiratory and cardiovascular disease, individuals with infections, the elderly, children, and
29 asthmatic individuals are subpopulations that may be more sensitive to the adverse health effects of
30 ambient PM exposure.

3.5 EVALUATION OF PM-RELATED HEALTH EFFECTS EVIDENCE

In the preceding sections, evidence from new health studies has been summarized and integrated with findings from previous reviews. As has been seen in previous reviews, much of the health evidence is taken from epidemiology studies, though critical new insights are offered in the results of toxicology and controlled human exposure studies. The 1996 CD and Staff Paper discussed, at some length, issues related to the interpretation and evaluation of epidemiological evidence. While recognizing that additional research was needed on some issues, the 1996 CD concluded that “the epidemiologic findings cannot be wholly attributed to inappropriate or incorrect statistical methods, misspecification of concentration-effect models, biases in study design or implementation, measurement errors in health endpoint, pollution exposure, weather, or other variables, nor confounding of PM effects with effects of other factors” (EPA, 1996a, p. 13-92). In this section, the new findings relevant to the interpretation of epidemiological information will be discussed.

In the evaluation of the health effects evidence, one important consideration is the evidence for health effects of PM alone or in the presence of co-pollutants. Throughout the preceding discussions on the nature of health effects associated with PM, and the consistency and coherence of the health evidence, consideration of potential confounding by co-pollutants has been discussed. Here, additional considerations relevant to each of the four major gaseous co-pollutants will be discussed in Section 3.5.1.

In addition, new information is available on potential health effects of PM components or source-related PM, as summarized in Section 3.5.2. Several additional key issues are discussed in the draft CD, and the new information that would inform this NAAQS review is summarized in Section 3.5.3 for: (1) the lag period between exposure and occurrence of health effects; (2) the exposure time window for effects, specifically relating acute exposure periods of hours to days with health effects; (3) the influence of model specification on epidemiology findings; and (4) the influence of exposure error or exposure misclassification on reported PM-health associations.

3.5.1 Additional Evidence on the Role of Gaseous Co-pollutants

In the preceding sections, several methods for assessing potential confounding by co-pollutants were discussed (i.e., multi-pollutant modeling in multiple or single locations, assessing

1 the relationship between PM-mortality associations and the PM-co-pollutant correlation, and
2 observing the relationships between PM-health effect estimates and co-pollutant concentrations).
3 The results of these analyses generally support an independent association between PM and health
4 effects such as mortality or hospital admissions or emergency room visits for cardiorespiratory
5 diseases. In this section, additional information is summarized for each of the major gaseous co-
6 pollutants identified as potential confounding factors or effects modifiers for PM-health
7 associations.

8 **Ozone.** As observed in the 1996 Staff Paper, among the gaseous co-pollutants, there is
9 greater potential for O₃ to be a confounder in studies of respiratory effects (EPA, 1996b, p. V-51).
10 Ozone has been found to have independent effects on the respiratory system; for example, increased
11 hospital admissions and emergency room visits for respiratory causes have been associated with
12 ambient O₃ exposures (EPA 1998, p. 25). Among recent studies, the PM effect estimates for
13 COPD (but not pneumonia) hospital admissions were reduced in Lippmann et al. (2000), and
14 Tolbert et al. (2000a) and Delfino et al. (1998) reported reductions in effects estimates for PM₁₀ and
15 PM_{2.5} with asthma admissions when O₃ was included in the model. However, associations between
16 PM indices and hospital admissions for respiratory disease remained significant in models containing
17 O₃ in Toronto (Burnett et al., 1997), and in a number of the European and Latin American studies
18 highlighted in Table 6-17 of the draft CD.

19 The epidemiology studies showed little evidence of confounding by O₃ for associations
20 between PM and cardiovascular mortality or morbidity. In the multi-city epidemiology studies,
21 associations between mortality and PM (including PM_{2.5} or PM_{10-2.5}, where available) were relatively
22 unaffected by the addition of O₃ to the models (10 U.S. cities, Schwartz et al., 2000; 8 Canadian
23 cities, Burnett et al., 2000). The draft CD concludes that PM and O₃ can be most clearly separated
24 as having independent effects, compared with other gaseous co-pollutants. (CD, p. 9-81).

25 Co-pollutants can serve not only as confounders or effect modifiers, but there may be
26 interactive effects reported with co-exposure to multiple pollutants. Recent animal toxicology
27 studies have tested effects of exposure to PM or PM surrogates (e.g., urban PM, carbon particles,
28 acid aerosols) in combination with O₃ (CD, Table 8-10). In two Canadian studies, co-exposure to
29 O₃ and urban particles potentiated the effects reported with O₃ alone (Bouthillier et al., 1998;

Vincent et al., 1997), while mixed results were reported from studies using combinations of acid aerosols and O₃ (CD Table 8-10).

Carbon monoxide. CO reduces oxygen delivery to the body's organs and tissues, and the health threat from CO is most serious for those who suffer from cardiovascular disease, such as angina pectoris (EPA, 1998, p. 10). Thus, CO may be expected to potentially confound associations between PM and cardiovascular mortality or morbidity. It is considered less likely that CO would confound associations with respiratory effects.

New studies have generally reported associations between PM and mortality (especially from total or respiratory causes) to be unaffected when CO was added to two-pollutant models (Lippmann et al., 2000; Burnett et al., 1998). Little evidence of confounding was also reported in two-pollutant models for respiratory admissions/visits. However, in some studies of admissions/visits for cardiovascular diseases, the PM effects sizes were reduced in two-pollutant models with CO. Reflecting also the evidence summarized in the recent CD for CO, the draft CD finds that "[a]mong the gaseous criteria pollutants, CO has emerged as the most consistently associated with cardiovascular (CVD) hospitalizations. The CO effects are generally robust in the multi-pollutant model, sometimes as much so as PM effects. However, the typically low levels of ambient CO concentrations in most such studies and minimal expected impacts on carboxyhemoglobin levels and consequent associated hypoxic effects thought to underlie CO CVD effects complicate interpretation of the CO findings and argue for the possibility that CO may be serving as a general surrogate for combustion products (e.g., PM) in the ambient pollution mix." (CD, p. 9-73).

As observed in the 1996 Staff Paper, exposure misclassification may introduce significant problems in interpreting epidemiological findings on CO-related effects, due to the nature of urban and indoor sources of CO (EPA, 1996b, p. V-52). While CO has been reported to cause cardiac effects in the higher concentrations used in controlled human exposure studies, it is unlikely that CO is confounding the effects associated with ambient PM in the more recent epidemiological studies.

Sulfur dioxide. Potential confounding between PM and SO₂ has been evaluated in some detail in previous reviews. As stated in the 1996 Staff Paper, both PM (measured as TSP or black smoke) and SO₂ were elevated during the historical pollution episodes such as those occurring in London during the 1950's, and the concentrations of SO₂ and PM were highly correlated due to

1 common emissions sources. A number of epidemiological analyses evaluated potential confounding
2 for PM and SO₂ in associations with mortality, and in some studies it was difficult to distinguish
3 effects of SO₂ and PM. It was observed, however, that SO₂ generally does not penetrate into the
4 deeper portions of the lung, based on evidence from dosimetry and controlled human exposure
5 studies. In addition, SO₂ concentrations are generally low indoors (where people spend the greatest
6 part of their time) due to rapid removal by indoor surfaces. Staff concluded that “it is unlikely that
7 SO₂ is responsible for all or the observed associations between PM and mortality” (EPA, 1996b, p.
8 V-49).

9 Newly published epidemiological studies generally find no evidence of confounding in
10 associations with mortality or hospital admissions or emergency room visits with short-term PM
11 exposures when SO₂ is included in models. However, in the reanalysis of long-term studies
12 (discussed in Section 3.3.1.2), significant associations were reported between mortality and sulfur
13 dioxide, and in multiple pollutant models the sulfur dioxide associations often appeared stronger
14 than those for fine particles and sulfates. However, the SO₂ associations were also reduced in two-
15 pollutant models, and the correlation between SO₂ and sulfates makes it difficult to distinguish their
16 effects. In the results of toxicology studies with co-exposure to PM and SO₂, there was little
17 evidence for interaction with particles in causing effects (CD Table 8-10).

18 ***Nitrogen dioxide.*** NO₂ exposure has been associated with changes in airway responsiveness
19 and pulmonary function in individuals with preexisting respiratory illnesses and increases in
20 respiratory illnesses in children (Trends report, p. 20). In multi-pollutant models available from the
21 new epidemiology studies, inclusion of NO₂ in the models has varying effects on the effect estimate
22 for PM₁₀. Lippmann et al. (2000), for example, reports results for total, cardiovascular, and
23 respiratory mortality, as well as hospital admissions for a number of specific respiratory or
24 cardiovascular diseases. In two-pollutant models with NO₂, the PM effects are often relatively
25 unaffected, but when substantial changes are noted, the PM effect may be either increased or
26 decreased. Moolgavkar (2000b) finds that NO₂ reduces effect estimates between PM₁₀ and
27 cardiovascular admissions in Cook County, IL, but not in Los Angeles County, CA or Maricopa
28 County, AZ. The 1996 Staff Paper recognized that, especially in the western U.S., NO_x emissions
29 can be a major source of fine particles, which makes it difficult to distinguish effects of the two
30 pollutants (EPA, 1996b, p. V-53).

1 **Summary.** The CD concludes “Overall, it appears, however, that ambient PM and O₃ can
2 be most clearly separated out as likely having independent effects, their concentrations often not
3 being highly correlated. More difficulty is encountered, at times, in sorting out whether NO₂, CO,
4 or SO₂ are exerting independent effects in cities where they tend to be highly correlated with
5 ambient PM concentrations, possibly because of derivation of important PM constituents from the
6 same source (e.g., NO₂, CO, PM from mobile sources) or a gaseous pollutant (e.g., SO₂) serving as
7 a precursor for a significant PM component (e.g., sulfate)” (CD, p. 9-81).

8 In interpreting the findings of these multi-pollutant analyses, it is important to recognize that
9 there are issues in co-pollutant confounding that multi-pollutant models may not be able to address.
10 Inclusion of pollutants that are highly correlated with one another can lead to misleading
11 conclusions in identifying a specific causal pollutant. For example, collinearity between pollutants
12 may occur if the gaseous pollutants and PM come from the same sources, or if PM constituents are
13 derived from gaseous pollutants (e.g., sulfates from SO₂) (CD, p. 6-227). Sources of PM
14 constituents include combustion of various fuels, gasoline or diesel engine exhaust, and some
15 industrial processes (CD, Table 9-2); these sources also emit gaseous pollutants. When collinearity
16 exists, multi-pollutant models would be expected to produce unstable and statistically insignificant
17 effect estimates for both PM and the co-pollutants (CD, p. 9-81).

18 Some investigators have raised the possibility that PM may be a key surrogate or marker for
19 a larger subset of pollutants in the overall ambient air pollution mix (CD, p. 9-39). Given the
20 heterogeneous nature of PM, co-pollutants may also be indicators for fine particles derived from
21 specific combustion sources. For example, when CO is included in a two pollutant model with
22 PM_{2.5}, CO may serve as an indicator for that portion of total PM_{2.5} that is derived from mobile
23 source emissions.

24 It is also important to consider differences in population exposures to the ambient
25 pollutants. The link between ambient PM concentrations, measured at centrally-located monitors,
26 and individuals’ exposures to ambient PM is discussed at length in Chapter 5 of the CD and
27 Sections 2.8 and 3.5.3.3 of the Staff Paper. In considering exposure to the gaseous pollutants as
28 well, the CD states, “it is also significant to note that, although ambient concentrations of a number
29 of gaseous pollutants (O₃, NO₂, SO₂) often are found to be highly correlated with various PM
30 parameters, personal exposures to these gases are not correlated highly with personal exposure to

1 PM indicators. The correlations of the ambient concentrations of these gases also are not
2 correlated highly with the personal exposure to these gases. Therefore, when significant statistical
3 associations are found between these gases and health effects, it could be that these gases may, at
4 times, be serving as surrogates for PM rather than being causal themselves. Pertinent information
5 on CO has not been reported.” (CD, p. 9-85)

6 Taking into consideration the findings of single- and multi-city studies and other evaluations
7 of potential confounding by gaseous co-pollutants described in preceding sections, the evidence
8 generally indicates that PM, alone or in combination with other pollutants, has independent effects
9 on morbidity and mortality. In reviewing the epidemiological evidence, the draft CD concludes that
10 “[o]verall, although such issues may warrant further evaluation, it appears unlikely at this time that
11 such confounding accounts for the vast array of effects attributed to ambient PM . . .” (CD, p. 9-
12 81).

14 **3.5.2 PM Components or Sources**

15 Much of the focus of the preceding discussions on the nature of PM-related effects has been
16 epidemiological studies that use gravimetric PM measurements, with an emphasis on PM₁₀, PM_{2.5}
17 and PM_{10-2.5}. However, there is a growing body of information on effects associated with PM
18 components, smaller ultrafine particles, or PM associated with specific sources. In the 1996 CD,
19 evidence from toxicological studies on the effects of acid aerosols, metals, ultrafine particles, diesel
20 emission particles, silica, and bioaerosols was available. Among the recent studies are epidemiology
21 analyses on the effects of ultrafine particles or studies using factor analysis to evaluate the effects of
22 PM from different sources. The following sections will discuss, to the extent that information is
23 available, evidence on health associations with ultrafine particles and other PM components or
24 source-related PM.

3.5.2.1 Ultrafine Particles

As described in Chapter 2, ultrafine particles generally include particles smaller than 0.1 μm in diameter and are considered nuclei-mode particles. Ultrafine particles are a portion of fine PM; they predominate in the number of particles, but comprise only a small portion of fine PM mass. It has been suggested, based on toxicological evidence, that ultrafine particles may be more toxic than larger particles. It has also been proposed that particle surfaces, or the chemical composition of particle surfaces, may be responsible for PM toxicity, and ultrafine particles have relatively large surface areas (CD, p. 8-68).

The toxicology studies available to date addressing potential effects of ultrafine particles have used PM surrogates or model particles, such as ultrafine carbon or TiO_2 particles. Several new studies are reviewed in the draft CD with somewhat mixed findings on whether greater effects are reported with ultrafine particles than with fine particles. However, in studies using metal oxide dusts, the health response was increased with increasing total surface area, suggesting that particle surface chemistry is an important component of biological responses (CD, p. 8-71). Overall, the draft CD concludes that there is insufficient toxicological evidence to conclude that ambient ultrafine particle concentrations are more strongly linked to health effects than mass concentrations of fine particles (CD, p. 8-85).

A limited number of epidemiological studies, all conducted in European nations, have evaluated health associations with ultrafine particles. One study reported associations between total mortality and both fine particle mass and ultrafine particle number count data, with effects of about the same magnitude reported for each PM size fraction. The authors concluded that both fine and ultrafine particles showed independent effects on mortality at ambient concentrations (Wichmann et al., 2000). Three studies, using panels of asthmatic children or adults, have reported associations between ultrafine particles and increased symptoms or decreased pulmonary function. All reported associations with both ultrafine particle number concentrations and mass concentrations of BS , $\text{PM}_{2.5}$ or PM_{10} . In one study, the authors concluded that health effects associations were greater with fine than with ultrafine particles, though significant associations were reported with both (Peters et al., 1997). The authors of the other two studies concluded that separating the effects of different particle size classes was difficult (Pekkanen et al., 1997; Tiittanen et al., 1999), and

1 Pekkanen et al. (1997) concluded that stronger associations were found with BS or PM₁₀ mass than
2 with ultrafine particle counts.

3 Finally, some new evidence from human exposure studies has indicated that infiltration rates
4 for ultrafine particles into buildings are lower than those for fine (accumulation mode) particles
5 (CD, p. 9-24). This would suggest that community exposure to PM is greater for fine particles than
6 ambient ultrafine particles, and makes it unlikely that health associations found with ambient PM_{2.5}
7 are truly reflecting underlying associations with ultrafine PM. The results of recent epidemiological
8 and toxicological investigations indicate that health effects may be associated with ultrafine particle
9 number or total particle surface area, but the overall findings do not indicate that exposure to
10 ultrafine particles results in greater health responses than PM mass concentrations.

11 **3.5.2.2 Other PM Components, PM Sources**

12 As briefly discussed above, a number of toxicology studies on effects of PM components or
13 surrogates were available during the previous review. In addition, a substantial body of
14 epidemiological studies had evaluated relationships between mortality and morbidity and ambient
15 sulfate or acid aerosol concentrations. The 1996 CD concluded that the epidemiology studies
16 suggest that strongly acidic PM, including sulfates as an indicator of acid aerosols, was associated
17 with both acute and chronic health effects (EPA, 1996a, p. 12-253).

18 Recent studies have evaluated the effects of not only numerous PM components (e.g.,
19 sulfates, nitrates, acids, metals, elemental carbon, biological components), but also PM from
20 different sources (e.g., motor vehicle or industrial emissions, crustal material). Among
21 epidemiological studies that examined the effects of specific components of PM, most commonly
22 used were sulfates and acids, COH, and elemental carbon or organic carbon (as indicators of motor
23 vehicle emissions). Some evidence is reported for associations with components or PM source
24 indicators in community health studies, as outlined below. A larger body of evidence on effects of
25 specific PM components is available from toxicological studies. Regarding the animal toxicology
26 study results, the draft CD concludes that “[t]o date, toxicology studies on PM have provided only
27 very limited evidence for specific PM components being responsible for observed cardiorespiratory
28 effects of ambient PM” (CD, p. 8-83).

29 As was reported in the previous review, numerous epidemiology studies have indicated that
30 both mortality and morbidity effects are associated with ambient exposures to sulfates and acid

1 aerosols (H^+). Similarly, associations reported in recent studies between ambient sulfates and
2 mortality are positive and most are statistically significant (CD, figure 6-5). The draft CD
3 concludes that, in these studies, the relative significance of sulfate and H^+ varied from city to city,
4 and the associations were stronger in cities where the sulfate and H^+ levels were relatively high (CD,
5 p. 6-66). Significant associations were reported using sulfates as the PM indicator in the studies of
6 long-term PM exposure and mortality (CD, Tables 6-14 and 6-15). A number of respiratory
7 medical visit studies included assessment of associations with sulfates or acids and also reported
8 significant associations (CD, pp. 6-166 to 6-168).

9 One new study with exposures to CAPs in dogs reported an association between the sulfur
10 factor of the particles with changes in red blood cell count and hemoglobin levels (Clarke et al.,
11 2000). However, considering the remaining literature from toxicological and controlled human
12 exposure studies using exposure to acid aerosols (CD, Table 8-1), the draft CD concludes that the
13 new studies are consistent with the findings from the previous review, where it was concluded that
14 effects were reported in toxicological or controlled human exposure studies only when levels were
15 very high, although “acid components should not be ruled out as possible mediators of PM health
16 effects” (CD, p. 9-100). One difference between the epidemiological and toxicological studies is
17 that the epidemiological studies were measuring sulfates or acidity of the ambient aerosol, while
18 toxicological studies were using exposures to acid aerosols alone. The draft CD concludes that
19 interactions between different metals and the acidity of PM were reported to influence the severity
20 and kinetics of lung injury induced by ROFA and its soluble transition metals (CD, p. 8-21). This
21 suggests that interaction between some PM components may be an important factor in some health
22 effects associations.

23 Elemental carbon and organic carbon concentrations were used in studies conducted in
24 Atlanta (Klemm and Mason, 2000) and Phoenix (Mar et al., 2000). Both were significant
25 predictors of mortality in the Phoenix study, but no PM indicators were reported to be significantly
26 associated with mortality in the Atlanta study, possibly due to its small sample size. The draft CD
27 observes that the correlation between COH, elemental carbon and organic carbon and other mobile
28 source related pollutants (fine PM, NO_2 , CO) were high, and concludes that the results reported in
29 these analyses suggest that “PM components from mobile sources are likely associated with
30 mortality” (CD, p. 6-65).

1 The 1996 CD concluded that effects of bioaerosols (e.g., endotoxin) were reported in
2 toxicological or controlled human exposure studies only when levels were very high. The recent
3 toxicological and controlled human exposure studies on the effects of ambient bioaerosols, primarily
4 endotoxins, are summarized in draft CD Table 8-6. These studies of workers exposed in
5 agricultural settings showed respiratory changes, such as reduced lung function or increased airway
6 responsiveness, with increasing dust or endotoxin exposure levels. These occupational study
7 findings were supported by evidence for inflammatory responses in animal or controlled human
8 exposure studies. However, the endotoxin levels measured in these studies were far greater than
9 levels generally reported in ambient air. The draft CD concludes “although these exposures are
10 massive compared to endotoxin levels in ambient PM in U.S. cities, these studies serve to illustrate
11 the effects of endotoxin and associated bioaerosol material in healthy nonsensitized individuals”
12 (CD, p. 8-25). In addition, a number of epidemiology studies have associations of mold spore
13 concentrations on lung function or asthma symptom severity (Delfino et al., 1996, 1997; Neas et al.,
14 1996). In evaluating the results of new epidemiology studies on the association between mortality
15 and coarse fraction particles, the draft CD suggests that the findings of associations in some areas
16 “hint at possible contributions of biogenic materials (e.g., molds, endotoxins, etc.) to the observed
17 coarse particle effects” but sufficient evidence is not yet available to support or refute this
18 hypothesis (CD, p. 9-57).

19 From toxicological studies, the most substantive new evidence is provided for effects of
20 metals and diesel exhaust particles. For diesel exhaust particles, the draft CD finds growing
21 evidence from toxicology studies that diesel PM exacerbates the allergic response to inhaled
22 antigens, and indications that the organic constituents of diesel PM may contribute to these effects.⁷
23

24 Metals, especially water soluble metals, have been reported to cause cell injury and
25 inflammatory changes in toxicology studies, but it is not clear that these effects are found with the
26 small metal concentrations reported in ambient PM (CD, p. 8-85). The transition metals, such as
27 iron, vanadium or nickel, have been most commonly associated with adverse effects in toxicology
28 studies. As summarized by Costa and Dreher (1997), a number of toxicology studies have shown

⁷ Evidence from both epidemiological and toxicological studies is evaluated in detail in the draft Diesel Health Assessment Document (EPA, 2000b).

1 that effects were more closely linked to the metal content of particles than particle mass, though
2 some studies have not found strong associations with particulate metals (e.g., Soukup et al., 2000).
3 Limited evidence is available from epidemiology studies, though one new study reported
4 associations between mortality and particulate iron, nickel and zinc in 8 Canadian Cities (Burnett et
5 al., 2000).

6 Four new epidemiological studies and one toxicological study have used factor analysis to
7 investigate health associations with PM ($PM_{2.5}$ and PM_{10} or PM_{15}) from different sources (Laden et
8 al., 2000; Mar et al., 2000; Tsai et al., 2000; Ozkaynak et al., 1996; Clarke et al., 2000). These
9 studies used elements or other PM components as indicators of the emissions sources; for example,
10 Laden et al. (2000) use silicon as an indicator for fine particles of crustal or geologic origin (CD,
11 Table 6-5). In addition to testing associations between PM mass and mortality, the four studies
12 evaluated relationships with the PM source factors. The four epidemiology studies are fairly
13 consistent in finding associations for mortality with indicators of PM (both $PM_{10/15}$ and $PM_{2.5}$) from
14 combustion sources, but not from geologic sources (CD, pp. 6-67 to 6-72). The draft CD
15 concludes that the results of the epidemiology studies generally indicate that a “number of
16 combustion-related source-types were associated with mortality, including motor vehicle emissions,
17 coal combustion, oil burning and vegetative burning” (CD, p. 6-78).

18 In the toxicological study, dogs were exposed to CAPs and numerous indicators of lung
19 injury or inflammation (e.g., white blood cell counts, protein in lung lavage fluid) and cardiovascular
20 health (e.g., platelet and red blood cell counts, hemoglobin or fibrinogen levels) were measured
21 (Clarke et al., 2000). While little evidence was reported for effects with fine PM mass, the authors
22 also conducted factor analysis and identified four PM factors: aluminum/silicon, sulfur,
23 vanadium/nickel, and bromine/lead. The sulfur factor was linked with decreases in red blood cell
24 counts and hemoglobin levels, while the aluminum/silicon and vanadium/nickel factors were linked
25 with inflammatory changes, such as increases in neutrophils or white blood cell counts. The authors
26 conclude that specific components of particles may be responsible for effects, but do not distinguish
27 PM sources that would be linked to each of the PM factors or components.

28 The effects of PM of crustal or geologic origin were also investigated in two
29 epidemiological studies that used meteorological data in conjunction with air quality data to identify
30 days where wind-blown crustal particles predominate. Both studies reported no evidence of

1 associations between mortality and wind-blown crustal particles (Schwartz et al., 1999; Pope et al.,
2 1999). In contrast, another study, conducted in Coachella Valley, CA, where coarse particles of
3 geologic origin predominate PM₁₀ concentrations, reported significant associations between
4 mortality and PM₁₀ (Ostro et al., 1999). Taken together, the draft CD finds that the results of these
5 studies suggest that particles of crustal origin (whether in the fine or coarse fraction of PM) are not
6 likely associated with acute mortality (CD, pp. 6-56 to 6-58). However, the draft CD observes that
7 “crustal” particles may carry biological components (e.g., endotoxin), pesticides or herbicides (as
8 may occur in agricultural situations), or components of emissions from vehicles, smelters, or other
9 industrial operations (CD, p. 6-274). In addition, the existing studies have assessed only mortality
10 as a health endpoint, and there are numerous morbidity indices of potential concern.

11 These recent studies provide some new evidence for health effects associations with many
12 different PM components such as sulfates, acids and metals. For mortality, the factor analysis
13 studies appear to implicate ambient PM from combustion-related sources in associations with total
14 mortality, but not particles of crustal or geologic origin (CD, p. 9-61). Recognizing that ambient
15 PM exposure has been associated with increases in numerous health indices, the evidence is still too
16 limited to allow identification of which PM components or sources might be more toxic than others,
17 and growing evidence indicates that there are numerous potentially toxic PM components and there
18 may also be interaction occurring between components.

19 20 **3.5.3 Issues Regarding Interpretation of Epidemiology Studies**

21 The 1996 CD included extensive discussions of methodological issues for epidemiological
22 studies, including questions about model specification or selection, and measurement error in
23 pollutant measurements and exposure error. As summarized in the 1996 Staff Paper, PM-health
24 effects associations reported in epidemiological studies were not likely an artifact of model
25 specification, since analyses or reanalyses of data using different modeling strategies reported
26 similar results (EPA 1996b, p. V-39). In the 1996 CD, less information was available to
27 quantitatively evaluate the potential influence of measurement or exposure error in interpreting
28 epidemiological study findings. A few new publications have explored these questions, and the
29 findings are summarized here. Finally, little information was available for the 1996 CD to allow

1 comparison of differing lag periods or exposure time windows for PM-related health effects; the
2 recent studies have provided some new information, as discussed below.

3 **3.5.3.1 Lag Periods**

4 Many epidemiological studies on the health effects of acute PM exposure have tested
5 several lag periods, or time delays between the pollution measurement and the occurrence of the
6 health outcome being measured. Commonly used lags are 0 day (effects occurring on the same day
7 as the pollution measurement), 1 to several days, or average pollution measures over several days
8 preceding the health outcome. Often, several lag periods are tested, and the results for the most
9 statistically significant lag period are reported in the publication. As stated in the draft CD, “While
10 this practice may bias the chance of finding a significant association, without a firm biological
11 reason to establish a fixed pre-determined lag, it appears reasonable” (CD, p. 6-238). An
12 alternative approach, the distributed lag, has been introduced in several new studies; the effect of
13 pollution on health is assessed as the effect of a weighted average pollution variable, recognizing
14 that effects of air pollution can occur on several subsequent days.

15 In the NMMAPS analysis of PM₁₀ associations with total mortality, lag periods of 0, 1 and 2
16 days were used across all cities. The authors reported associations with all three lags, with the
17 largest association being reported for a 1-day lag period. As stated in the draft CD, “since the
18 cardiovascular, respiratory or other causes of acute mortality usually associated with PM are not at
19 all specific, there is little *a priori* reason to believe that they must have the same relation to current
20 or previous PM exposures at different sites” (CD, p. 6-239). In fact, the most significant lag period
21 varied somewhat between NMMAPS study locations, though the range is only from 0-day to 2-day
22 lag periods (draft CD Table 6-24). Several new studies have shown that lag periods may vary for
23 different causes of death; for example, Rossi et al (1999) reported stronger associations between
24 deaths from respiratory infections or heart failure with same-day TSP concentrations, and between
25 myocardial infarction and COPD with TSP lagged 3-4 days (CD, p. 6-232).

26 For morbidity effects, the findings are similar. The draft CD reports that time series studies
27 of hospital admissions or emergency room visits for cardiovascular diseases suggest that the
28 strongest effects are reported at lag 0, with some effects seen at lag 1 but little beyond a one-day
29 lag (CD, p. 6-137). But in evaluating admissions for specific disease categories, Lippmann et al.
30 (2000) reported the most significant associations between PM₁₀ lagged 0 days and pneumonia,

1 while the “best” lags for heart failure, ischemic heart disease and COPD were 1 day, 2 days and 3
2 days, respectively. Burnett et al. (2000) also reported significant associations between PM₁₀ and
3 dysrhythmia with a 0-day lag, with asthma and heart failure for an average of PM₁₀ concentrations
4 over the 0-2 day lags, and with obstructive lung disease at a 2-day lag. In the NMMAPS evaluation
5 of PM₁₀ associations with hospital admissions among the elderly, the distributed lag approach was
6 reported to generally result in stronger associations.

7 In summary, the draft CD states “It may be possible that different PM components may
8 produce effects which appear at different lags or that different preexisting conditions may lead to
9 different delays between exposure and effect. Thus, although maximum effect sizes for PM effects
10 have often been reported for 0-1 day lags, evidence is also beginning to suggest that more
11 consideration should be given to lags of several days . . . higher overall risks may exist than implied
12 by [the] maximum estimated for any particular single or two-day lags.” (CD, p. 6-233).

13 **3.5.3.2 Model Specification**

14 The influence of choices made in statistical model specification on the results of
15 epidemiological analyses was examined extensively during the previous NAAQS review. The 1996
16 CD evaluated the effect of different modeling strategies, and the methods used to adjust for
17 meteorological variables, seasonal or long-term trends, and co-pollutants on the results of
18 epidemiological studies (adjustment for co-pollutants was addressed above in Section 3.5.1). The
19 1996 CD reported that health associations reported with PM were relatively insensitive to different
20 methods of weather adjustment, and concluded that the results across studies “are not model
21 specific, nor are they artifactually derived due to misspecification of any specific model. The
22 robustness of the results of different modeling strategies and approaches increases our confidence in
23 their validity” (EPA 1996a, p. 13-54).

24 Among the new studies reviewed in the draft CD are some that use case-crossover methods.
25 The case-crossover study design has only recently been applied in studies of the health effects of air
26 pollutants. This type of study uses the health event (e.g., hospital admission for heart disease) as
27 the case period, and selects a control period from some specific time before or after the event, and
28 assesses whether there are differences in risk factors (air pollutants and other factors) between the
29 periods. The draft CD in Section 6.4.8 presents the findings of three such studies, and all three

1 studies report associations between PM and mortality that are consistent with the results of the
2 more numerous time-series analyses.

3 Along with the review of new case-crossover studies, the draft CD also reviews the new
4 evidence on model specification from time-series studies. While identifying some remaining issues
5 needing further study, the draft CD concludes that “[t]hese analyses suggest that the overall findings
6 are not very sensitive to these analytical choices . . .” (CD, p. 6-249).

7 The draft CD reviews some new studies that evaluate adjustment for factors other than
8 weather or co-pollutants that have been suggested as potential confounders for PM-related effects.
9 One analysis using a subset of NMMAPS data for 5 cities investigated the influence of respiratory
10 epidemics as a potential confounder for PM₁₀-mortality associations. As summarized in the draft
11 CD (p. 6-44), control for respiratory epidemics only reduced the association between PM₁₀ and
12 mortality slightly, from 4.3% to 4.0% with a 50 µg/m³ increase in PM₁₀, and the association
13 remained statistically significant (Braga et al., 2000). Schwartz (2000b) evaluated PM₁₀-mortality
14 associations among different socio-economic strata (e.g., race, gender, education level, percent
15 nonwhite) and for deaths in-hospital and outside the hospital. The addition of socioeconomic
16 variables to the models did not modify the PM₁₀-mortality effect estimates, but the effect estimate
17 for deaths occurring outside the hospital was substantially greater than the effect estimate for in-
18 hospital deaths. Pollen count was also examined as a potential confounder for respiratory medical
19 visits, and it was reported that pollen levels did not influence the results (CD, p. 6-181).

20 Methods used in assessing effects associated with long-term exposure to pollutants were
21 also reviewed as a part of the reanalysis of the long-term mortality studies (Krewski et al., 2000).
22 The authors applied an array of different models and variables to determine whether the original
23 results would remain robust to different analytic assumptions and model specifications. The draft
24 CD concludes “None of these alternative models produced results that materially altered the original
25 findings” (CD, p. 6-83).

26 **3.5.3.3 Measurement Error**

27 In this and previous reviews of the PM NAAQS, much of the health evidence for PM-
28 related effects comes from epidemiological studies where ambient PM measurements are used to
29 represent community PM exposures. One key issue is the use of PM concentrations measured at
30 central locations to represent the community’s exposure to ambient PM. As discussed in Section

2.8 above, daily changes in individuals' personal exposure to ambient PM is well correlated with daily changes in ambient PM measured as central monitors. Thus, the draft CD concludes that ambient PM concentrations are a useful surrogate for exposure to ambient PM (CD, p. 9-86).

Another key issue in interpreting epidemiology study findings is related to error in the measurements of the pollutants. Analyses available for the 1996 Staff Paper indicated that random measurement error in pollutant concentration data is not likely to bias the findings of epidemiologic analyses using these data. However, a remaining question was the existence of differential measurement error, where one pollutant was measured with more error than another, and the effect this might have in comparing epidemiologic findings for the two pollutants (EPA, 1996b, p. V-42).

The draft CD summarizes the findings of several new analyses that show the potential influence of differential measurement error on epidemiological analysis results, though the conditions required for the error to substantially influence the epidemiological findings are severe and unlikely to exist in current studies. In simulation analyses of a "causal" pollutant and a "confounder" with differing degrees of measurement error and collinearity between the pollutants it was found that, in some circumstances, a causal variable measured with error may be overlooked and its significance transferred to a surrogate. However, for "transfer of apparent causality" from the causal pollutant to the confounder to occur, there must be high levels of both measurement error in the causal variable and collinearity between the two variables (Zidak et al., 1996; Zeger et al., 1999; Fung and Krewski, 1999). An additional analysis applied measurement error models to data from the Harvard Six Cities study, specifically testing relationships between mortality and either fine or coarse fraction particles. The authors identified several variables that could influence bias in effects estimates for fine- or coarse-fraction particles: the true correlation of fine- and coarse-fraction particles, measurement errors for both, and the underlying true ratio of the toxicity of fine- and coarse-fraction particles. The existence of measurement error and collinearity between pollutants could result in underestimation of the effects of the less well-measured pollutant. However, the authors conclude "it is inadequate to state that differences in measurement error among fine and coarse particles will lead to false negative findings for coarse particles. If the underlying true ratio of the fine and coarse particle toxicities is large (i.e., greater than 3:1), fine particle exposure must be measured significantly more precisely in order not to *underestimate* the ratio of fine particle toxicity versus coarse particle toxicity" (Carrothers and Evans, 2000, p. 72).

1 Thus, while the potential remains for differential error in pollutant measurements to influence the
2 results of epidemiological studies, it is unlikely that the levels of measurement error and correlation
3 between pollutants reported in existing studies would result in transfer of apparent causality from
4 one pollutant to another.

5 The influence of exposure misclassification on the results of epidemiological analyses has
6 been further investigated in one major new analysis that was conducted as a part of NMMAPS
7 (Zeger et al., 2000). Using data collected in previous exposure studies, the authors developed a
8 relationship between personal exposure to ambient particles and ambient PM_{10} concentrations. The
9 authors reported that the association between PM_{10} and mortality using ambient PM_{10}
10 concentrations underestimated the association between personal ambient PM_{10} exposure and
11 mortality.

12 In reviewing these new studies, along with analyses that were available in previous reviews,
13 the draft CD concludes “the studies that examined joint effects of correlation and error suggest that
14 PM effects are likely underestimated, and the spurious PM effects (i.e., qualitative bias such as
15 change in the sign of the coefficient) due to transferring of effects from other covariates require
16 extreme conditions and are, therefore, unlikely.” (CD, p. 6-245)

17 **3.5.3.4 Exposure Time Periods for Acute Effects**

18 In the previous PM NAAQS review, epidemiological studies on acute effects of PM
19 exposure primarily used 24-hour average PM concentrations. The newly available epidemiological
20 studies include several where 1-hour or 8-hour average ambient PM concentrations are used in
21 time-series analyses, and some evidence is from panel studies of cardiac patients with average PM
22 concentrations of one to several hours. Toxicology or controlled human exposure studies often use
23 shorter exposure time periods, and a new body of evidence is available from studies using inhalation
24 exposures to ambient particles, including one study of controlled human exposures to CAPs.

25 As discussed earlier, one controlled human exposure study included exposure to
26 concentrated ambient $PM_{2.5}$ for 2 hours, and reported mild increases in neutrophils in
27 bronchoalveolar lavage samples and increased blood fibrinogen levels after the exposure period
28 (Ghio et al., 2000). Animal toxicology studies have used inhalation exposures to CAPs or PM
29 surrogates with exposure time periods generally in the range of 1 to 6 hours per day, sometimes for
30 several days (CD, Tables 8-3 and 8-7). A range of effects have been reported in these animal

1 studies, including evidence for respiratory effects such as lung injury and inflammation and
2 cardiovascular effects such as arrhythmia. Based on the findings of these studies, it is apparent that
3 acute exposure to PM of a few hours' duration can result in physiological or cellular changes.

4 Several recent epidemiology studies have reported findings for PM averaged over 24 hours
5 and shorter time periods (1-hour and 8-hour) that do not show substantial differences in effects
6 reported for different averaging times. These studies have used data from continuous PM monitors,
7 such as the TEOM or nephelometer (see Chapter 2 for details on monitoring methods), and
8 evaluated associations with total mortality, hospital admissions, heart rate variability and respiratory
9 symptoms. Some studies have reported larger effect estimates for one- or several-hour
10 concentrations than for 24-hour average concentrations, e.g., 1-hour and 8-hour PM_{10} with
11 respiratory symptoms in California (Delfino et al., 1998) and heart rate variability changes with 4-
12 hour $PM_{2.5}$ levels in Boston (Gold et al., 2000). In contrast, larger effect estimate sizes were
13 reported for associations between total mortality and 24-hour $PM_{2.5}$ levels than 1-hour levels in
14 Melbourne and Brisbane, Australia (Simpson et al., 1997, 2000). In two other Australian studies,
15 similar effects were reported for 1-hour and 24-hour $PM_{2.5}$ levels with total mortality in Melbourne
16 (Morgan et al., 1998) and hospital admissions for respiratory disease in Sydney (Morgan et al.,
17 1997).

18 Thus, the results of the recent epidemiology studies time do not provide substantive
19 evidence that mortality or morbidity are more strongly associated with one short-term exposure
20 interval than another. The results of controlled human exposure and animal toxicology provide
21 some evidence that health effects can be result from PM exposures of a few hours' duration; in fact,
22 it is logical to expect that some health effects would be nearly instantaneous while others might
23 require a longer duration of exposure.

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